

2009 MHSAA Track & Field Regional Managers Information Form

Please complete the following form, save it to your computer and then e-mail the document to:
results@mhsaa.com

As the MHSAA receives the documents, they will be linked to your site on the
Track and Field Regional Assignment page of the MHSAA Web site.

HOST SITE Jenison High School

DIVISION **Division 1**

REGION NUMBER 1

DATE April 22, 2009

REGIONAL MANAGER Leroy Hackley, Jr.

E-Mail Address lhackley@jpsonline.org

MANAGER PHONE NUMBER 616-667-3366

FAX NUMBER 616-457-8441

PARTICIPATING SCHOOLS AT THIS REGIONAL 16

SCHEDULE (fill in times in the space provided)

Implement Weigh-In 1:30

Coaches Meeting 1:30

Location of Meeting Team Locker Room

All Field Events and Prelim Running Event Scratches are due by (time) 2:00 at Press Box location.

Field Events 3:00

(Boys HJ/Shot/Pole Vault; Boys HJ/Shot/Pole Vault)

(Girls Discus/LJ; Girls Discus/LJ)

NOTE: For all running events in 2009, Girls will run first

Running Prelims 4:00

Girls 100 M Dash

Boys 100 M Dash

Girls 100 M Hurdles

Boys 110 M Hurdles

Girls 200 M Dash

Boys 200 M Dash

3200m Relay 4:20

(Run between Prelims & Semis)

Running Event Semifinals 4:

Girls 100 M Dash

Boys 100 M Dash

Girls 100 M Hurdles

Boys 110 M Hurdles

Girls 200 M Dash

Boys 200 M Dash

All Remaining Event Scratches are due at (time) 5:30

Finals National Anthem (time) 6:00

Running Event Finals Begin 6:15

Girls 100 MH/Boys 110 MH

100 M Dash

800 M Relay (4 x 200)

1600 M Run

400 M Relay (4 x 100)

400 M Dash

Girls 300 MH/Boys 300 MH

800 M Run

200 M Dash

3200 M Run

1600 M Relay (4 x 400)

Presentation of Awards and trophies at conclusion of all events

ADDITIONAL INFORMATION

ADMISSION at all Regional sites is \$5 for all non-participating students and adults. League/Season passes **WILL NOT** be honored.

WARM-UPS - The track/infield will be available for warm-up activity until 2:45 at which time all participants must clear the areas for competition. The track will be available during the break before Finals until 6:00.

TRAINER - An athletic trainer will be at the meet. Ice and water will be provided.

TEAM PARKING - Team buses/vans should park at the following location High School Parking lot

TEAM CAMPS - Team tents/gatherings may not be set up in the infield of the track. They may be set up outside the perimeter of the track. Remind teams that they must removed trash from their areas before leaving the facility.

LOCKER ROOMS - Showers/Lockers will not be available to participants.

SECURITY - Remind your athletes to not leave bags unattended.

RESULTS will be available for coaches approximately 30 minutes after completion of the final event. The MHSAA will post results to its website by the Tuesday following the meet, provided files are submitted electronically.