

# OFF AND RUNNING

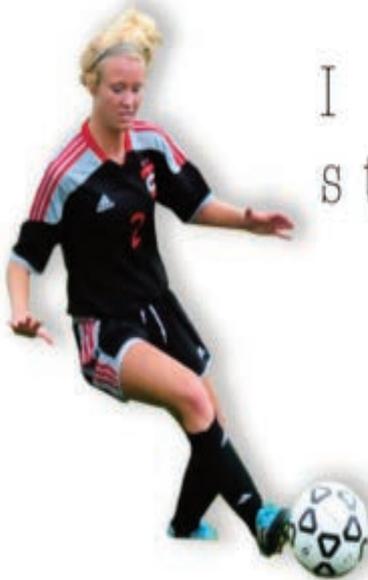
Making Strides Toward  
Business as Usual  
in 2021-22



Fall 2021 Vol. 12 No. 1

# benchmarks

mhsaa



I have a  
story...

I have a  
story...



I have a  
story...

I have a  
story...



We tell their stories

**SECOND HALF**

by MHSAA



# Cover Story: Off and Running



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**4** Although some clouds remain overhead, and eyes and ears continue to closely monitor developments which threaten the health of athletics and participants, here's hoping for mostly sunny skies and a 2021-22 year that will return to normalcy.

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## The Vault – 8

### On Course for the Future

In 1996, the MHSAA and the Michigan International Speedway began a partnership that changed the course of the LP Finals – quite literally.



## State of Play – 14

### Streaming Success

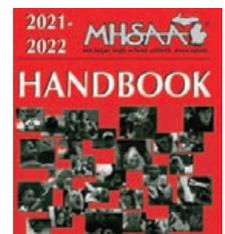
Live postseason events streamed on MHSAA.tv during the 2020-21 school year were viewed nearly 1 million times.



## Regulations Review – 22

### Tournament Participation

The *MHSAA Handbook* Tournament Conditions are only part of the story of written rules, policies and procedures for postseason tournaments.



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## Not “Just Another Year” Ahead, But Here’s Hoping

suffice it to say, as we stride into the 2021-22 school year, it is not just another year for the MHSAA, nor will it be business as usual as we continue to monitor the Covid clouds that can’t dissipate quickly enough. However, we do intend to make it as close to “business as usual” as possible.

After the disheartening cancelation of numerous winter tournaments and the entire spring seasons of 2020, together we navigated through a tumultuous 2020-21 athletic campaign with plenty of blood, sweat and tears to combat a multitude of obstacles.

The entire MHSAA staff owes a debt of gratitude to every individual who made last year possible, from our school administrators to ticket takers, literally thousands of contributors who made sure we reached the finish line against seemingly insurmountable odds.

There were many occasions during the pandemic when the easiest path would have been to give up and give in. School sports was the one thread of normalcy in many school communities, and it provided the important opportunity to remain physically active. Even more critical, it offered an in-person avenue for personal connections and relationships with a student’s coaches, teammates and even opponents during a time that was so virtual and distant in most other ways.

And, now we move forward, taking steps toward a better future.

As we do so, it’s refreshing to note that some of the focus as the new year begins is back on “business as usual” with more of the spotlight on some of the changes in effect for our tournament seasons.

In this issue, you’ll learn – or be reminded – of some of those changes intended for last year that now will take place this year in some of our fall sports.

For instance, we expect full implementation of the “enhanced strength-of-schedule” format for selecting the 256-team field for the 11-Player Football Playoffs. Last year all schools qualified for the postseason using a modified format necessitated by Covid.

Cross Country also experienced a revamped tournament format last year to limit the number of runners in one place at one time. This year, Regional qualifiers could potentially make for a larger Finals field.

Tennis also returns to the traditional format, with one modification regarding seeded players withdrawing during the Finals.

Regular-season and postseason golf will implement a statewide electronic scoring system allowing participants and spectators alike to view real-time scoring for an event, while making tournament management more efficient.

These are just some of the things we are excited about this fall, which like so many other things were put on hold a year ago.

One of my favorite quotes is “the comeback is always better than the setback”. There have been many setbacks for all us over the past 16 months, and we look forward to working with your school and school community in finding more normalcy for our kids in this year of the great comeback.

Let’s continue to come together and support our young people during a time where school sports are needed now more than ever.

The end goal? Nothing new and earth-shattering. In fact, we’re shooting for the opposite.



A handwritten signature in black ink that reads "Mark Uyl". The signature is fluid and cursive.

Mark Uyl  
MHSAA Executive Director

## Welcome Back! Here's What's Happening

Following are important deadlines to put on your calendars for 2021-22.

### OFFICIALS RATINGS:

- Fall — Dec. 1
- Winter — April 1
- Spring — June 20

### SCHOLAR-ATHLETE AWARD APPLICATIONS

Now in its 33rd year, Farm Bureau Insurance continues to sponsor the MHSAA's Scholar-Athlete Award. In 2021-22, 32 \$2,000 scholarships will be available to high school seniors who meet the eligibility requirements listed at MHSAA.com on the "Students" page.

- Applications Available Online NOW
- Applications Due to MHSAA — Dec. 3

### FAREWELLS and HELLOS

During the last calendar year the MHSAA bid farewell to a quartet of dedicated employees whose contributions will be forever remembered and appreciated within the walls of the John E. "Jack" Roberts building in East Lansing, and around the state. Longtime Communications Director/Director of Broadcast Properties **John Johnson**, Assistant Director **Nate Hampton**, Accounting Manager **Peggy Montpas** and Administrative Assistant **Faye Verellen** retired from the MHSAA after many valuable years of service. Johnson was a pioneer in his field as the first communications director ever at the MHSAA. Hampton was a guiding force in growing the sports of cross country and track & field during his three-plus decades on staff, while seamlessly handling the giant task of coordinating the state's basketball and football tournaments. Montpas steadily managed the diverse and unique budget of the Association and her efforts during the pandemic months specifically helped keep the ship afloat. Verellen performed a variety of officiating-related tasks, and was most often the first voice heard when any of our 10,000-plus officials called the office.

The MHSAA is grateful to those four, while also welcoming the newcomers who have admirably filled big shoes during a most hectic and uncharted time: Director of Broadcast Properties **Jon Ross**; Assistant Director **Will McKoy**; Accounting Manager **Lesli Marowelli**, and Administrative Assistant **Ryan Wieferrich**.

## CAP / CPR Requirements for Coaches



MHSAA high school head coaches of a varsity sport must have a valid CPR Certification (Cardio Pulmonary Resuscitation). CPR Certification is tracked by the school athletic director, similar to the rules meeting-risk management course requirement for assistant and sub varsity coaches.

Athletic Directors must confirm (attest) each season through MHSAA.com that both these requirements have been met. If a coaching requirement is not complete prior to the deadline, the school shall prohibit that coach from coaching in that season's MHSAA tournament for the sport involved and shall not be present at the facility where the MHSAA tournament involving that coach's sports team is being held.

All individuals who have been designated by their school or district to serve as an assistant or sub-varsity coach (paid or volunteer) at the high school level must complete the same rules/risk management meeting requirement as the high school head coach.

The deadlines for each MHSAA member high school athletic director to certify, while logged into MHSAA.com, that all of its assistant and subvarsity coaches (paid and volunteer) have completed this requirement are below. These are the same deadline applies for certifying that head coaches have met the CPR Requirement:

Assistant and subvarsity coaches who have been registered in the MHSAA's system with an up-to-date email address may log in to MHSAA.com and complete the same required rules meeting, just as the varsity head coach must do. In the alternative, the school may direct or permit assistant and subvarsity coaches to complete the rules meeting requirement individually or in a group setting. Regardless of the method utilized, the administration of the school is responsible for attesting to the completion of the requirement by all sports team coaches by the deadlines listed above. *MHSAA Handbook Coaching Requirements Regulations (Reg. II, Section 3 (B & C) and Section 8 (B & C).*

#### The deadlines are:

Fall: September 16, 2021 | Winter: December 9, 2021 | Spring: April 14, 2022



# Off and Running

*With the school year in full swing, hopes are high that the only changes for this year and beyond will be membership-driven.*

**T**he 2020-21 MHSAA athletic year could best be described as both unforgettable and forgettable. Seasons began, and were halted. Some sports didn't begin, then they did, then were put on hold. Testing was mandated and modified. Masks were part of the uniform at some venues, and not required at others.

Last school year began, from the standpoint of the MHSAA and its constituents around the state, with the first of what would be 37 updates concerning processes and procedures outlining everything from testing to tournament schedules in the most fluid and chaotic period of time anyone currently in schools sports has experienced.

In the end, through the tremendous leadership and fortitude of athletic administrators, coaches, contest officials and parents – and the resilience and the enthusiasm of the student-athletes we serve – the year culminated last June in settings as close to normal as things have been since March 2020.

Although some clouds remain overhead, and eyes and ears continue to closely monitor developments which threaten the health of athletics and participants, here's hoping for mostly sunny skies and a 2021-22 year that will return to normalcy.

With that in mind, there are a few new wrinkles to this Fall's tournament season.

One of the most anticipated sport-related changes for Fall 2021 is the full implementation of the "enhanced strength-of-schedule" format for selecting the 256-team field for the 11-Player Football Playoffs. The new format eliminates automatic qualification based on win total and bases it solely on playoff-point average, which also is determined differently in that it now awards teams more for playing tougher schedules.

The new playoff-point formula was used in 2020 to seed teams at the District and Regional levels, but its use for qualification was put on hold as COVID-19 caused a one-season switch in playoff format that allowed all teams to qualify.

"Schools for years have struggled finding opponents during the regular season, especially those programs that have had some success over the years," said MHSAA Executive Director Mark Uyl. "Now, qualification for the playoffs will be based strictly on playoff points, so schools will benefit by scheduling tough opponents, win or lose. This new approach will build excite-



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ment, and will address a scheduling problem that has occurred for many years."

Lower Peninsula Cross Country will also implement a change that was postponed last year when adjustments were made to thin the Finals field by running in "sessions" and spreading the Finals over two days.

This year, spectators will likely see *more* runners at Michigan International Speedway than ever before due to a potential increase in Regional qualifiers to the Final.

The Cross Country/Track & Field Committee in January 2019 recommended a change to allow a minimum of seven individual qualifiers will advance from each Regional race. The MHSAA Representative Council approved the idea for 2020, and the change will take effect this fall.

"The Committee felt that in some years a Regional with a few strong teams limits or hinders the ability of individual runners not on those teams from advancing; meaning that if they weren't in the top 15 they weren't going to advance," said MHSAA Assistant Director Cody Inglis, who oversees the Cross Country Tournament.

"Standardizing the amount of individual runners per race allows more competitors while also 'guarding the gate' against making the races too big in each division. This standardization of the individual qualifiers allows more kids to get a taste of the Finals while not limiting the strong teams that exist in several Regionals around the state in each Division."

Previously, runners on teams that did not qualify as a whole could still advance to the Finals if they finished among the top 15 individuals at a Regional – but at some Regionals runners from the team qualifiers filled the great majority of those top 15 finishes. The seven individual qualifiers from each Regional this season will be the first seven finishers from teams that do not qualify as a whole, even if they finish outside of the top 15.

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*"This standardization of the individual qualifiers allows more kids to get a taste of the Finals while not limiting the strong teams that exist in several Regionals around the state in each Division." — MHSAA Assistant Director Cody Inglis*

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While Covid factors delayed action in most sports, the pandemic in fact expedited change in the sport of golf. The Golf Committee's recommendation for live scoring in 2019 was implemented in tournaments during 2020-21, and now is required for regular-season events as well, beginning this school year.

"The state of the pandemic precipitated the move to the use of electronic scoring during the MHSAA Girls Golf Tournament in the fall of 2020, as eliminating the exchange of physical scorecards was a measure that decreased contact points between participants and helped ensure the safety of all at MHSAA

– continued next page



Golfers are using the MHSAA Golf app operated by iWanamaker for both regular-season and tournament play, allowing competitors and spectators to follow events more closely through live scoring.

events,” said Inglis, who also oversees all golf activities.

The scoring platform is made available through the MHSAA Golf app, which was created and is operated by iWanamaker and allows golfers, coaches and fans to chart scoring in real time.

“High school golf at times was one of the only sports where no one knew what the score was until after the round was completed, often times far too late to make any corrections or adjustments,” said MHSAA Project Coordinator Cole Malatinsky, who heads up the iWanamaker system. “The MHSAA Golf app and iWanamaker scoring platform allows people to track results in real time and helps the MHSAA better manage the logistics of tournaments, two aspects much needed in high school golf.”

Additionally, the system provides increased accountability and fair play.

“This system not only provides coaches and tournament managers an easy and efficient means of setting up and scoring tournaments, but helps to increase scoring integrity,” Inglis said. “Recording only your score for each hole on a scorecard (electronic or paper) was defined as a deficiency in the scoring process for high school golf. While no system

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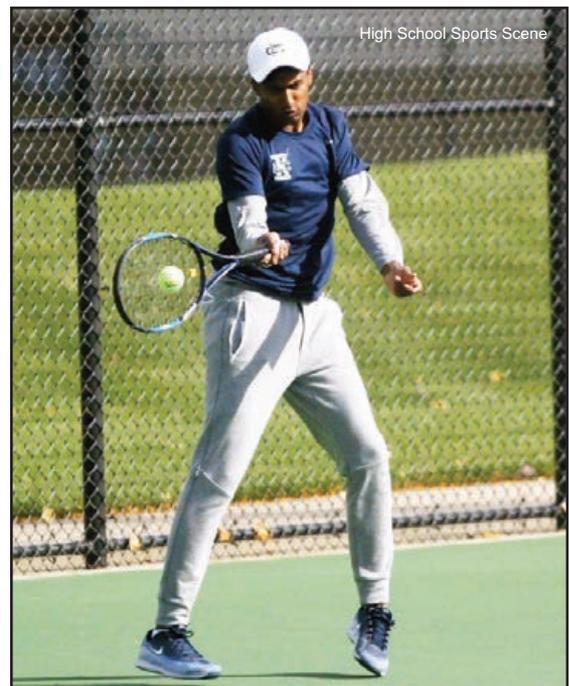
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replaces integrity – which you either have or don’t have – iWanamaker allows more ‘eye-balls’ on all scores during the course of a match.”

Along the lines of competitive integrity, a change has also been made for the MHSAA Tennis Finals. If a seeded player withdraws on the day of the MHSAA Final, all seeded players below that withdrawing player (including the provisional seed in that flight) will move up and be placed on the proper line for that new seed. Playing against the same team more than twice at the Finals is permitted in this instance

“The Tennis Committee felt that this was a logical solution to situations that sometimes arise on the day of the event,” said MHSAA Assistant Director Dan Hutcheson, who coordinates tennis events. “This way, individuals who have worked hard to earn seeded positions will be elevated to the next position on the brackets.”

*— Rob Kaminski  
benchmarks Editor*





High School Sports Scene

*“Now, qualification for the (football) playoffs will be based strictly on playoff points, so schools will benefit by scheduling tough opponents, win or lose. This new approach will build excitement, and will address a scheduling problem that has occurred for many years.” — MHSAA Executive Director Mark Uyl*

## JH/MS XC Regionals Offer Postseason Experience

The first postseason events in Michigan High School Athletic Association history for students at the junior high/middle school level will be conducted in cross country this season at eight Regional sites during the second half of October.

The Junior High/Middle School Cross Country Regionals were approved by the MHSAA Representative Council during its Spring 2020 meeting, on recommendation of the MHSAA’s Junior High/Middle School Committee. Students from the nearly 650 MHSAA-member junior highs and middle schools may participate, with Regional meets not counting against the 10 events teams are allowed to compete in during the regular season.

“The MHSAA has, over the last decade, grown its investment in junior high and middle school athletics in hopes of providing memorable experiences earlier that will result in students wanting to continue playing sports longer instead of stopping before they even reach high school,” MHSAA Executive Director Mark Uyl said. “Adding a postseason element to cross country may be just the start of how we can provide more opportunities for our younger students to compete in ways that will keep them excited to return next season.”

Each of eight host sites will conduct one girls and one boys race. Host sites determined the dates Regionals will be run. Teams may enter up to 20 participants in each race, dependent on the size of their school (as larger schools may enter more participants). The Regional races will be two miles in length, with girls and boys teams assigned to sites based on their regional “Zone.”

Zone 1 – Saturday, Oct. 16, hosted by Portage Central HS at Portage West Middle School

Zone 2 – Saturday, Oct. 23, hosted by Hudson HS at Hudson HS

Zone 3 – Saturday, Oct. 23, hosted by Macomb Dakota HS at Macomb Dakota HS

Zone 4 – Saturday, Oct. 16, hosted by Midland HS at Northwood University

Zone 5 – Saturday, Oct. 23, hosted by Carson City-Crystal HS at Carson City-Crystal HS

Zone 6 – Friday, Oct. 29, hosted by Grand Rapids Public Schools at University Prep Academy

Zone 7 – Saturday, Oct. 23, hosted by Gaylord HS at Michaywe Golf Course

Zone 8 – Friday, Oct. 22, hosted by Marquette HS at Gentz Homestead Golf Course

Team championship trophies will be awarded to the top-placing girls and boys teams at each Regional. Also, the top 20 individual finishers in each race will receive medals.



MHSAA Files

## On Course at the Michigan International Speedway

*The “MHSAA Vault” features stories from past publications and other documents in the MHSAA Library. This issue takes a look at the MHSAA Cross Country Finals at Michigan International Speedway, which celebrated 25 years in 2020; although it was an event that nearly didn’t happen last fall . . .*

In 1996, the MHSAA and the Michigan International Speedway began a partnership that changed the course of the LP Cross Country Finals – quite literally. The land in and around the track at Brooklyn would host the Finals for ALL classes of runners in one place on one day, an annual festival of nearly 2,000 runners competing for the MHSAA’s top honors. Even skeptics – and there were several among running purists who thought the course was too flat, for example – can’t deny the results.

Finals attendance nearly doubled in that first year, and crowds in excess of 10,000 have enjoyed a day of racing several times, including a record 12,153 in 2011.



MHSAA Files

*Runners take off at the start of the 1997 MHSAA LP Cross Country Finals, year number two at MIS.*

Enthusiastic crowds were the norm in recent years, with 11,232 in 2017, and nearly 11,000 in 2018 (10,989) and 2019 (10,873).

In fact, attendance failed to reach at least 8,000 only twice since the move to MIS.

Of course, last year was an exception, when attendance was limited to 1,000 spectators per session due to the Covid-19 Pandemic. Fans were also restricted to the grandstands rather than following the action throughout locations on the course.

To reduce the number of runners in each race, the event was spread over two days, with each Division being run in two separate “sections” and then combining times at the end to determine team and individual champions.

While not ideal, the end result was another year of fantastic efforts at the MIS – both from the student-athletes and those behind the scenes.

“Even at the last hour, less than a week ahead of the Finals, we were closer to not having the Finals than we were to having them,” said MHSAA Assistant Director Cody Inglis, who coordinates the cross country postseason. “Rumors and challenges of mandated shutdowns, testing and other requirements were being discussed and caused a lot of unknowns. Even at the Regional level, we had schools, Regional courses and hosts shutting down their facilities; we had to relocate four Regionals 48

hours prior to race times. That scenario just could not happen at the Finals level where far more runners and much more travel would be involved.”

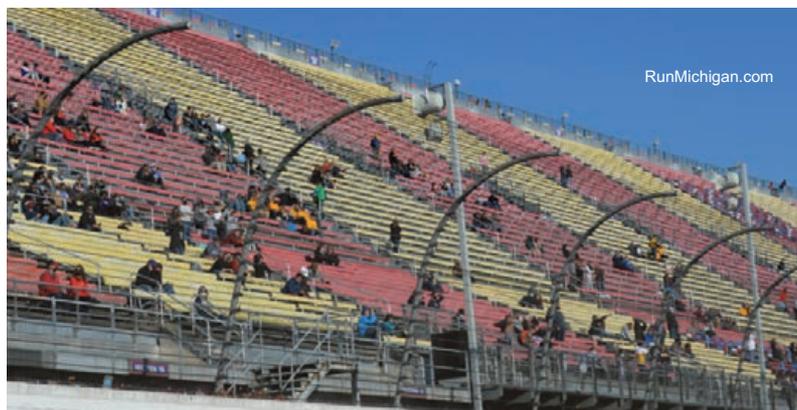
Among the many last-minute hurdles was the edict from NASCAR – which owns the MIS – that all persons on site be temperature checked upon entry. That meant securing thermometers that were easy to operate in short order, along with personnel necessary to conduct the readings.

The attendance limitations certainly helped to implement the temperature screening, but brought its own issues.

“Limiting spectators was not a popular decision, but it really was the only way to have a race,” Inglis said. “We were taking direction and working with policies and protocols from the MDHHS, the Governor’s office, Lenawee County Health Department, MIS and NASCAR.”

Part of the solution was to utilize the grandstands as a “barrier” between participants and spectators. The reduced number of fans were dispersed over thousands of seats while still allowing them the chance to watch their student-athletes compete.

“It wasn’t the same, it wasn’t easy or perfect, but it was what we had to do to have a race,” Inglis said. “Separating the Finals into two days and different sections also allowed us to spread out the



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While it was in sharp contrast to the throng of people which usually attends the MHSAA LP Cross Country Finals (above), the 2020 event still rolled on, year 25 at Michigan International Speedway (left). Attendance was limited, and the event was spread over two days. That the championships were run at all was a tribute to all coordinators behind the scenes, from the MHSAA to the MIS.

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event and limit the number of people on site at any one time. This was a key part of the plan and worked well even though it separated races within a Division.”

The MHSAA, MIS and the cross country community never lost focus of the main goal: a culmination of the season for the student-athletes, who deserved something last year more than ever. And, more than ever, the MIS once again displayed its advantage as a venue that could adapt to the fluid nature of the times to pull off the event.

“There were some thoughts of using four different sites, but as we learned during the Regionals, the climate of things was so tenuous from one area of the state to another that we couldn’t be 100 percent certain that there wouldn’t again be last-minute cancelations,” Inglis said. “MIS was wonderful to work and collaborate with, and was the best option to get it done. It was never mentioned once publicly about the possibility of not having the Finals; only how we could best do it under uncharted conditions.”

The moving parts and ever-changing scenarios created more complexity than ever in finalizing a season, but every decision was made with the complete desire to conduct the Finals as close to normal as possible.

“I firmly believe that a finish to the season, no matter the differences in race formatting and fan experience, was is something everyone would have taken when the season began in August,” Inglis said.

Indeed, the finish line in year 25 at MIS, might have been the most gratifying of them all.

— Rob Kaminski  
benchmarks Editor

## More than Just Growing Pains

There are a few factors that can make student athletes prone to injury. They might be overusing their muscles (thanks to a more rigorous exercise regimen), and they might not yet have developed the proper technique for their sport.

“These factors, combined with the fact that student-athletes have growing bodies that they’re still getting used to—especially after a growth spurt—can make them more prone to injury,” says Nancy White, M.D., a sports medicine physician with Henry Ford Health System.

However, just because your child is feeling pain doesn’t necessarily mean they’ve sustained an injury. There is such a thing as growing pains, although the term may be misleading. “Most experts feel that growth itself does not cause pain,” says Dr. White. “The most likely reason for ‘growing pains’ is overuse of the muscles, causing pain and soreness after an activity.”

### How Student-Athletes Can Help Prevent Injuries

Encourage your child to take proper precautions and maintain healthy habits, all of which can lower the likelihood that they’ll sustain an injury. Dr. White recommends the following tips:

Maintain proper technique. “Knowing and understanding the movements needed for whatever sport they practice is so important,” says Dr. White. “Figure skating and gymnastics are two sports where I tend to see injuries more often during growth phases. These athletes are often learning difficult skills at a time in their lives when they’re going through a growth spurt, and that combination can lead to injury.”

Stretch before and after playing a sport. “Try dynamic stretching — where you’re actually moving while stretching — instead of static stretching, where you’re holding the stretch,” says Dr. White. “Dynamic stretching is a great warm up. It can help improve flexibility and reduce the risk of injury.”



MHSAA Files

These growing pains typically occur at the front of the thighs, the back of the knees and the calves, she says, and occur commonly in the late afternoon, evening, or night. If your child is experiencing pain outside of these areas or times of day, it might not be growing pains — and it’s a good idea to get it checked out by a doctor.

### Tell-Tale Signs That Pain Should Be Examined

If the pain goes away by the next day — if your child has rested during night and feels better the next morning — there’s no need for concern. But you should head to the doctor if:

- the pain is lingering into the next day.
- the pain is also accompanied by bruising, swelling or redness.
- the pain is so intense that they’re unable to put weight on their legs.

**Strength train, especially in the core and limbs**  
Doing so will help create stable, strong muscles to keep the body properly aligned and lessen the chances of injury.

Eat a balanced diet and stay hydrated. While it’s normal for kids to have sugar every once in a while, filling the bulk of their diet with plenty of water, fresh fruits and vegetables, healthy protein, fats and carbohydrates will help them function to their best ability.

Get enough rest each night. Sleep is necessary for health and well-being in general, but when it comes to athletes, rest is incredibly important to help their bodies recuperate.

*Dr. Nancy White is a sports medicine physician with Henry Ford Health System.*

Want to learn more? Henry Ford Health System sports medicine experts are treating the whole athlete, in a whole new way. From nutrition to neurology, and from injury prevention to treatment of sports-related conditions, they can give your athlete a unique game plan. To find a sports medicine physician at Henry Ford, visit [henryford.com](http://henryford.com) or call 1-800-436-7936.

## Women & ACL Injuries: Risks and Prevention

**W**hether you're a casual jogger or elite athlete, you're at risk for an injury to your anterior cruciate ligament (ACL). If you're a woman, you are at even greater risk.

But there are steps you can take to prevent them.

"Among athletes, women are more than twice as likely to have an ACL injury than men," says Nithin Natwa, M.D., a sports medicine specialist and primary care physician at Henry Ford Health System. "Once you have an ACL injury, you are at greater risk for having further soft tissue injuries in the future. That's why it is important to prevent these injuries and follow your treatment plan."

### What Is An ACL Injury?

An ACL injury is a strain or tear in the ACL, one of the four major ligaments that support the knee so it can flex and bend. The ACL is a strong band of tissue that helps connect your thigh bone (femur) to your shin bone (tibia). "An ACL injury usually occurs without contact when you turn suddenly while running or land off-balance on one leg. These actions overload the knee joint and cause the ACL to be torn," says Dr. Natwa.

In the United States, 100,000 people have ACL injuries each year. Anyone can experience an ACL injury, though athletes participating in sports like football, basketball, soccer and gymnastics are at highest risk. And summer is a peak time for outdoor sports injuries.

Seek immediate care if you have any of these signs of an ACL injury:

- An audible "pop" in the knee
- Intense knee pain and rapid-onset swelling (within hours)
- Loss of range of motion
- An unstable feeling or locking of your knee

The most common treatment for ACL injuries is surgery followed by physical therapy. After treatment, you can expect to return to normal activities in 6 to 9 months. However, peak athletic performance can take up to two years.

### Why Are Women At Higher Risk For ACL Injuries?

According to Dr. Natwa, the differences in athletic training techniques for males versus females have left women at greater risk for ACL injuries. "There has been more emphasis on overall conditioning and mechanics for boys participating in sports compared to girls," he says.

As a result, women are at greater risk for ACL tears and sprains due to:

- *Differences in neuromuscular control:* Without conditioning from an early age, women may not have the same ability to land and perform athletic motions that men do. For example, women are at higher risk for an ACL injury after landing from a jump.
- *Strength imbalance for muscles that support the knee:* Female athletes tend to have more defined quadriceps muscles but weaker hamstrings than men, putting them at greater risk for injury.

Many theories about women's risk for ACL injury that lack scientific evidence, including:



MHSAA Files

- *Width of the pelvis:* Some people have suggested that the wider width of a woman's pelvis puts more pressure on the knee joint and increases the risk for injury. However, this difference has not been shown to impact a women's risk for ACL tears or sprains.

- *Knee anatomy:* The ACL runs through a section of the femur called the intercondylar notch. Women tend to have a narrower notch than men. Regardless of gender, individuals who possess smaller notch dimensions appear to be at greater risk for injury than individuals with larger notches.

- *Hormones:* Men and women have different hormone levels. But there is currently no concrete evidence that female hormones place women at higher risk for ACL injuries.

### Steps To Prevent ACL Injuries – Conditioning Early, Often

Consult with a sports medicine specialist, physical therapist or athletic trainer to develop a training routine to prevent ACL and other injuries. Your training program should include exercises that:

- *Strengthen the muscles that support your knee:* Add strength training to build up your calves, hamstrings and quadriceps muscles. These muscles help stabilize your knee as you move. By strengthening these muscle groups evenly, you can lower your risk for injury.

- *Improve overall neuromuscular control:* Focus on adding neuromuscular exercises that train your nerves and muscles to react and communicate. For example, you may work on your balance by standing on one leg or sit upright on an exercise ball for short periods of time. And core exercises can strengthen the muscles that support your abdomen and back and help improve your posture as you move. These moves can strengthen your joints and help you learn appropriate balance and technique.

"Exercise really is the best medicine. It can improve your balance and agility as you participate in a sport or prevent injury as you move through your daily activities," says Dr. Natwa.

– Henry Ford Health System

Visit the MHSAA Health & Safety Web page for resources



## Student Advisory Serves MHSAA Leadership

**E**ight student-athletes who are juniors at their schools during the 2021-22 academic year have been selected to serve two-year terms on the Michigan High School Athletic Association's Student Advisory Council.

The Student Advisory Council is a 16-member group which provides feedback on issues impacting educational athletics from a student's perspective, and also is involved in the operation of Association championship events and other programming. Members of the Student Advisory Council serve for two years, beginning as juniors. Eight new members are selected annually to serve on the SAC, with nominations made by MHSAA member schools. The incoming juniors will join the group of eight seniors-to-be appointed a year ago.

Selected to begin serving on the Student Advisory Council in 2021-22 are: **Sam Gibson**, Plainwell; **Brady Leistra**, East Grand Rapids; **Caroline Li**, Okemos; **Sam Matias**, Lansing Catholic; **Zar'ria Mitchell**, Saginaw Heritage; **Carney Salo**, Escanaba; **Brandon Thompson**, Petersburg Summerfield; and **Keira Tolmie**, Clarkston.

Those eight new members were selected from 114 applicants. That applicant total was 40 percent more than the total number of applicants who generally apply for SAC positions every year.

The first Student Advisory Council was formed for the 2006-07 school year. With the addition of this class beginning this summer, members will have represented 122 schools from 46 leagues plus independent schools that do not play in a league. Combined, the new appointees have participated in 12 MHSAA sports, and five will be the first SAC members from their respective schools.

The Student Advisory Council generally meets seven times each school year, and once more for a 24-hour leadership camp. Last school year, due to COVID-19, the Council met nearly twice as many times, but virtually all but once when members met for an outdoor, socially-distanced session.

In addition to assisting in the promotion of the educational value of interscholastic athletics, the Council discusses issues dealing with the 4 S's of educational athletics: scholarship, sportsmanship, safety (including health and nutrition) and the sensible scope of athletic programs. There also is a fifth S discussed by the group – student leadership.

The new additions to the SAC will join the Class of 2022 members who were selected a year ago: **Brinlee Barry**, Caledonia; **Faith Breinager**, Frankenmuth; **Amina Ferris**, Dearborn; **Nico Johnson**, Britton Deerfield; **Brenna Kosal**, Peck; **Ashton McNabb**, Three Oaks River Valley; **Brock Porter**, Orchard Lake St. Mary's; and **Melik Williams**, Ypsilanti Lincoln.

### SAC Belief Statement

*As the voice of Michigan's student-athletes, the Student Advisory Council's role is to convey the message of how high school sports are supposed to be played. We are responsible for helping the MHSAA maintain a positive and healthy atmosphere in which interscholastic athletes can thrive.*

*We believe **athletes** should be competitive, sportsmanlike and excel academically. We believe **students** in the stands should have fun, but not take the focus away from the game. We believe **coaches** should act as teachers, helping student-athletes develop while still keeping high school sports in perspective. We believe that **parents** should always be positive role models and be supportive of their child's decisions. We believe **officials** commit their own time to high school sports and respect should always be shown and given to them.*

*The most important goal for student-athletes is to enjoy high school sports while keeping a high level of respect between all those involved in the games.*

– Written by the Student Advisory Council,  
adopted by MHSAA Representative Council November 2007

## Scholar-Athlete Program Rolls Into 33rd Year

Thousands of students voluntarily extend their classroom day by taking part in extracurricular activities, often improving their academic achievements in the process. The value that such programs play in the total education of a high school student is highlighted through the MHSAA/Farm Bureau Insurance Scholar-Athlete Award, which will award \$2,000 scholarships to 32 top student-athletes and recognize over 2,000 other outstanding individuals in 2021-22.

Underwritten by Farm Bureau Insurance, the Scholar-Athlete Award is now in its 33rd year, and presents scholarships to students in every MHSAA enrollment classification.

The scholarships may be used at any institution of higher learning.

“It is amazing to see the number of young people who are proven achievers in academics and activities,” said Mark Uyl, executive director of the MHSAA. “At a time when our educational system is coming under fire, the Scholar-Athlete Award is something that proves how important athletics are to the development of a well-rounded person.”



Students applying for the Scholar-Athlete Award must be graduating during the 2021-22 school year, carry a 3.5 grade-point average, and have previously won a letter in a varsity sport that the MHSAA sponsors postseason competition.

Applicants will also be required to show involvement in other school- community activities and submit an essay on the importance of sportsmanship in educational athletics.

Application materials can be found on [MHSAA.com](http://MHSAA.com). Scan the code below to access the page.

Each MHSAA member school is allowed to nominate a number of student-athletes based on the size of the school. Class A schools can nominate six boys and six girls, Class B four boys and four girls, Class C three boys and three girls and Class D two boys and two girls. The first 30 scholarships will be awarded based on this graduated scale, with two additional scholarships intended for minority applicants.

A committee composed of school administrators from across the state will select regional and statewide winners.

Farm Bureau Insurance, a long-time supporter of MHSAA activities, also sponsors other educationally oriented programs.

The 32 scholarship recipients will be recognized at the MHSAA Boys Basketball Finals at the Breslin Student Events Center in East Lansing in March 2022.



Scan this code for more information



The MHSAA encourages people to submit success stories for generating sports participation and attendance at their schools. Please send to: [info@mhsaa.com](mailto:info@mhsaa.com) and type School Success Story in the subject line.

## MHSAA Streaming Success Reaches Nearly 1 Million

Live postseason events streamed on MHSAA.tv during the 2020-21 school year were viewed nearly 1 million times, with 15 events drawing more than 10,000 live views apiece.

The final championship weekend of the Spring – featuring Girls Soccer Finals and Baseball and Softball Semifinals & Finals, all across four Divisions June 17-19 at Michigan State University – saw nearly 70,000 live views on MHSAA.tv on top of record attendance for those events at Old College Field.

The Division 2 Softball championship game – which ended with Owosso claiming its first Finals title in any sport – drew a weekend-high 5,677 live views on the network. The previous weekend, the Division 1 Girls Lacrosse Final won by Rockford on June 12 led the way with 4,284 live views.

The 2021 MHSAA Division 2 Softball Final drew a standing-room only crowd on site, and more than 5,000 more sets of eyes on MHSAA.tv.

The total number of live postseason views on MHSAA.tv for 2020-21 was 962,371. The most-viewed live tournament events were the Individual and Team Wrestling Finals, which with all rounds over all four Divisions combined drew 244,044 live views.

Among individual games broadcast solely by MHSAA.tv, the Division 3 Boys Basketball Semifinal matching Iron Mountain and Schoolcraft (15,393 live views) and the Division 1 Volleyball Semifinal featuring Novi and Lowell (13,484) ranked among the most watched.

MHSAA.tv is a partner of the NFHS Network. Postseason events streamed on MHSAA.tv included most sports' Finals, and Semifinals and Quarterfinals for some – especially sports where multiple concluding rounds were hosted by the same tournament site.

MHSAA.tv also ranked second among NFHS Network contributing states with 18,973 live events (postseason and regular-season combined) streamed during the 2020-21 school year. That total of nearly 19,000 live postseason events was an increase from 7,710 events streamed live during 2019-20 and 3,900 during 2018-19, and placed Michigan behind only Illinois.

The School Broadcast Program is responsible for nearly all production of regular-season

events. Having now concluded its 13th year, the SBP gives members an opportunity to showcase excellence in their schools by creating video programming of athletic and non-athletic events with students gaining skills in announcing, camera operation, directing/producing and graphics. Rockford – one of the state's largest schools with nearly 2,500 students – broadcast 242 events, drawing an SBP-high 74,437 live views and 89,604 total with on-demand replays included. Much smaller Pewamo-Westphalia, a school of 300 students, received the second-most views of SBP members in 2020-21 with 56,009 including live and on-demand. Marquette, Lake Orion, Cedar Springs, Montrose and McBain also were among top SBP providers.

Hockey Weekly Action Photos



In addition to bringing local events on air nationally, the School Broadcast Program gives schools the opportunity to raise money through advertising and viewing subscriptions. NFHS Network subscriptions begin at \$10.99 per month. Subscribers receive access to all live and on-demand video from across the country. School Broadcast Program participants receive a portion of every subscription sold by a school to benefit its program.

Broadcasts from the majority of Michigan schools – especially those lacking the ability to staff events for production – are streamed using a Pixellot automated camera. Michigan schools have 774 Pixellots in service, third-most in the country behind only Texas and California. Most Michigan schools have one camera at an outdoor stadium and a second at the main indoor gymnasium.

A complete list of participating schools can be found on the School Broadcast Program page of the MHSAA Website.

## Johnston, Mattson, Roy & Wilson Earn Bush Award

**E**ast Grand Rapids' Tim Johnston, Glen Lake's Mark Mattson, Vicksburg's Michael Roy and Gaylord's Christian Wilson all lead programs that frequently earn headlines for success in competition. But these four athletic directors also are known in their local and statewide sports communities for the positive experiences they help provide students, their own as well as those who take part in the same leagues or tournament events they frequently host.

To honor their often unsung work in creating these experiences for athletes, all four were named recipients of the Michigan High School Athletic Association's Allen W. Bush Award for 2020.

Al Bush served as executive director of the MHSAA for 10 years. The award honors individuals for past and continuing service to prep athletics as a coach, administrator, official, trainer, doctor or member of the media.

"Leaders among peers, ceaseless dedication, never saying 'no' when needed – these are how this year's Bush Award honorees are described by their colleagues, and how we've come to know them as well," MHSAA Executive Director Mark Uyl said.



**Johnston**

**Johnston** spent four decades in education, with the last eight for East Grand Rapids Public Schools, where he has led one of the state's most successful athletic programs – EGR, which offers 34 varsity sports, was named a Michigan Exemplary Athletic Program in 2018 by the Michigan Interscholastic Athletic Administrators Association. Johnston was chosen as his region's Athletic Director of the Year by the MIAAA in 2017. He previously served as a teacher and coach at Grand Rapids Catholic Central, and then as an athletic director and principal at Hastings.

He made significant contributions to Michigan's largest high school league, having served as president, vice president, secretary and realignment chairperson for the Ottawa-Kent Conference, and hosted various MHSAA Tournament competitions for the District, Regional and Finals rounds. Johnston also has served on multiple MHSAA sport committees and its board of canvassers, and as part of the Scholar-Athlete Award selection committee. Additionally, he has served as an instructor for the MHSAA's Coaches Advancement Program (CAP) and as a program presenter at conferences for both the MIAAA and National Interscholastic Athletic Administrators Association (NIAAA).



**Mattson**

**Mattson** has more than 20 years coaching, teaching or serving as an administrator in Michigan high schools, and in his second tenure as athletic director at Glen Lake. He previously served in the same role and others at Marquette High School for 11 years and then as athletic director at Traverse City

Central before returning to Glen Lake as athletic director and assistant principal. Mattson also has been a frequent MHSAA Tournament host and participated on sport committees for skiing, football, basketball, cross country and track & field, and has served as an MIAAA regional representative and as secretary for the Big North Conference. He received MIAAA regional Athletic Director of the Year awards in both 2008 and 2018, and was selected as the Upper Peninsula Athletic Director of the Year in 2006.

A current member of the MHSAA Representative Council – representing Class C and D schools in the northern Lower Peninsula – Mattson is a graduate of L'Anse High School and earned his bachelor's degree and then his master's in educational administration both from NMU.



**Roy**

**Roy** is a graduate of Paw Paw High School who returned to Michigan after earning bachelor's and master's degrees – the latter in curriculum and instruction – at the University of Nevada-Las Vegas, where he also was a member of the football team for two years. He is into his 23rd year as an athletic administrator, serving three years at Lawton before joining the Vicksburg administration at the start of the 2001-02 school year. He has hosted more than 100 MHSAA postseason events and numerous CAP sessions while also serving as a CAP instructor, and his Vicksburg program received the Exemplary Athletic Program award in 2020.

Roy served as president of the MIAAA during the 2019-20 school year and has made vast contributions as part of the athletic directors' professional organization with more than 15 years as a regional representative and 10 times serving as the state's NIAAA delegate at the National Federation of State High School Associations (NFHS) national conference. He has served more than a decade as a Leadership Training Institute instructor for the MIAAA and as part of the NIAAA national teaching faculty.



**Wilson**

**Wilson** is into his 20th year in education, serving as athletic director and assistant principal for Gaylord Community schools; he also briefly served as athletic director at Novi High School and as high school athletic director in Mount Gilead, Ohio, and taught in Auburn-dale, Wis. Wilson also is a frequent host of MHSAA Tournament events – he hosted more than 10 during the 2019-20 school year alone – and also has served on various MHSAA committees. He has served as president of the Big North Conference and provided his expertise to the local Little League and youth football boards. He was named his region's Athletic Director of the Year by the MIAAA in 2016.

## Hampton Leaves Legacy of Success After 32 Years



Nate Hampton coordinated marquee events over three decades at the MHSAA, but often preferred the moments behind the scenes.

**L**ongtime assistant director Nate Hampton has retired after 32 years on staff with the Michigan High School Athletic Association and 50 serving in education and educational athletics.

After 18 years working in schools, Hampton began his tenure as part of the MHSAA staff on Sept. 5, 1989, and his impact was felt across many sports and subjects over the decades. He served as the MHSAA's administrator for the majority of its most-played sports – football, girls and boys basketball, and girls and boys track & field and cross country – as well as serving as staff liaison to the MHSAA Athletic Equity Committee and Upper Peninsula Athletic Committee.

His longtime guidance continues to be felt nationally as well. Hampton served multiple terms on committees for the National Federation of State High School Associations (NFHS), including the football and basketball rules committees.

“Nate has been a giant in high school athletics in Michigan over half a century and through eras that have seen the shaping of school sports as they’re played today,” MHSAA Executive Director Mark Uyl said. “The knowledge and leadership he’s provided locally, statewide and nationally has benefited thousands of athletes and their families, both in how educational athletics are administered on the field and off.”

Hampton received the Michigan High School Coaches Association's Jack Johnson

Distinguished Service Award in 2020 for his many contributions. He previously received a Citation from the NFHS in 2011 and also has been recognized by several other Michigan organizations including the Basketball Coaches Association of Michigan, Michigan Interscholastic Athletic Administrators Association and Michigan Interscholastic Track Coaches Association.

Hampton is a 1966 graduate of Detroit Eastern High School. He went on to earn his bachelor's degree from Morgan State University (Md.) and a master's from Eastern Michigan University.

Prior to joining the MHSAA staff, Hampton taught and coached one school year at Dearborn Heights Robichaud High School followed by 15 years total with the Highland Park School District where he coached three sports, taught and served as athletic director during his tenure. In 1987, Hampton began as supervisor of athletics and physical education for the Saginaw Public School District, where he was responsible for all phases of the athletic programs for both high schools, five middle schools and 24 elementary schools.

Hampton also served on the MHSAA Representative Council prior to joining the staff.

The majority of Hampton's duties have been assumed by recently-hired assistant director William McKoy, who joined the staff in July after previously serving as athletic director at Romulus Summit Academy North.

## Johnson Wrote the Book on Communications



MHSAA File Photo

John Johnson walked into a new job at the MHSAA 33 years ago, and walked out having written the book on the position.

**A**fter 33 years serving the Michigan High School Athletic Association in a variety of roles including as its first communications director and most recently director of broadcast properties, John Johnson retired last Dec. 18.

Johnson joined the MHSAA staff in 1987 after previous stops working in sports information at Albion College, Western Michigan University and Indiana University. In addition to serving as communications director for the majority of his three-plus decades at the MHSAA, Johnson also at different times during his tenure directed efforts in information technology, marketing and merchandising before spending his final years focused on the Association’s growing broadcast presence.

The communications director position was created by now-retired executive director John E. “Jack” Roberts after Roberts was hired to lead the MHSAA in 1986. Johnson became a recognizable voice speaking for the MHSAA in thousands of interviews over the years, and he also pioneered the Association’s broadcast endeavors – building one of the most highly regarded and highest-producing Student Broadcast Programs in the United States while leading the charge to bring an abundance of playoff events to cable and digital platforms.

“What people don’t necessarily know is John is the pioneer in this field,” MHSAA Executive Director Mark Uyl said. “The way he shaped this job over the last 30 years has been extraordinary – and has become the model for the 49 other states.”

Johnson is responsible for a number of phrases that are synonymous with the MHSAA – perhaps most memorably, “Promoting the Value – and Values – of High School Sports.” He also designed all of the print and broadcast materials for a sportsmanship initiative during the late 1980s and early 1990s that was the first of its kind nationally.

His final years were as “all things broadcasting” as Johnson served as the MHSAA’s first director of broadcast properties – an all-encompassing title that included all-encompassing responsibilities including efforts many years in the building. The MHSAA provides video broadcasts of nearly all of its MHSAA Finals – including football and basketball with FOX Sports Detroit – and Johnson has navigated the growth of those opportunities and also with the MHSAA Network’s audio offerings during championship events. He guided the MHSAA’s School Broadcast Program from its creation during the 2008-09 school year and provided valuable knowledge as the MHSAA took a leading role in the creation of the NFHS Network digital platform for live and on-demand school sports broadcasts. Michigan SBP schools are among the top content providers to the Network, regularly broadcasting upwards of 500 events per week.

Johnson’s voice has continued to be heard weekly on more than 100 radio stations statewide as part of the “This Week in High School Sports” show often plugged into halftimes of broadcasts and other regular programming.

“Being the voice, and having to be the face a lot, is something that came with the territory – somebody had to be the storyteller. The important thing is still the story,” Johnson said. “I was the lucky guy who got the job; the story was there to be told, the work was there to be done.”

Johnson attended Mount Pleasant Sacred Heart and then Michigan State University, where he earned a bachelor’s degree in journalism. He began his career as a fulltime assistant in Albion College’s college relations office in 1978 while still a student at MSU, graduating from the latter in 1979. He came to the MHSAA after working in a promotions capacity for Michigan Farm Bureau.

## Rules of the Games

Sharpen your skills with the following rules questions/case plays for volleyball, soccer and football. Answers appear in red on next page.

### Football

1. 1st and 10 at B12. A1 throws a forward pass to receiver A21 in the end zone. A21 jumps and possesses the pass while in the air above the end zone. While in the air in the end zone, A21 is contacted by B1 and A21 is carried out of the end zone and downed on the B2.

- 1st and Goal at B2
- Touchdown

2. A87 is in motion and within the free blocking zone at the snap, when he blocks end B97 below the waist. B97 was on the line of scrimmage and within the free blocking zone. A87's block was initiated as an immediate, initial action after the snap. Legal block?

- Yes
- No



3. Team A has seven players on the line of scrimmage, with five numbered 50-79. A1, the tight end (#75) positioned on the end of the line uncovered has one hand on the ground after the ready for play. A1 slowly picks up his hand and shifts farther toward the sideline and comes to a complete stop for one second before the ball is snapped. Team A gains ten yards and a first down.

- False start. The ball is dead immediately.
- Illegal shift. The penalty will be enforced five yards from the previous spot.
- Illegal motion. The penalty will be enforced five yards from the previous spot.
- No foul.

### Boys Soccer

1. Player B1, with no attempt to play the ball, trips the attacking player A1 inside the penalty box denying an obvious goal-scoring opportunity.

- Award a penalty kick and issue a yellow card to B1.
- Award a penalty kick and issue a red card to B1.
- Award a direct free kick and issue a yellow card to B1.
- Award a direct free kick and issue a red card to B1.

2. After Team A scores a goal, the assistant referee hears the Team A head coach calling one of his players, A15, off the field. The assistant referee counts the Team A players now on the field and realizes that Team A had 12 players on the field when the goal was scored. The assistant referee notifies the referee of this. The referee should:

- Allow the goal, caution A15 and restart with a kickoff by Team B.
- Allow the goal and restart with a kickoff by Team B, with no caution to A15.
- Disallow the goal, caution A15 and restart with a kickoff by Team B.
- Disallow the goal, caution A15 and restart with a goal kick taken by Team B.



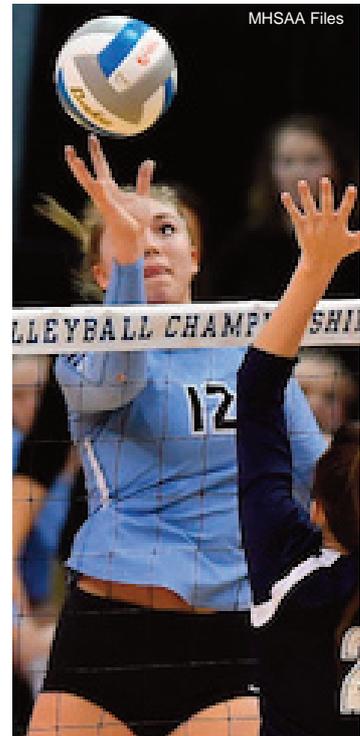
## Listen to “Be The Referee” on MHSAA.com



3. Indirect free kicks for offside are taken from:
  - a. The spot where the offside player was when the AR raised the flag.
  - b. The spot where the ball was when the referee stopped play.
  - c. The point of the infraction.
  - d. The spot where the ball was passed.

## Volleyball

1. Team A is wearing red uniform jerseys. Some players are wearing T-shirts that are visible beneath the red jersey. Which of the following statements are true?
  - a. Any visible undergarment worn beneath the uniform jersey must be a single, solid color that is similar to the predominant color of the uniform jersey.
  - b. The visible undergarment must be a similar style and the same color for any team members who wear such an undergarment. The undergarment does not need to be the same or a similar color to that of the predominant color of the uniform jersey.
  - c. If more than one team member wears the same type of visible undergarment, the undergarments must be identical.
2. During a timeout, team B’s substitutes warm up with practice balls in the area of their court beyond the endline.
  - a. Legal.
  - b. Illegal.
3. Team A’s back-row setter is in the front zone near the net and jumps to try to make the team’s second contact. The ball enters the plane of the net, where team A’s back-row setter and team B’s front-row player simultaneously touch the ball above the top of the net.
  - a. Legal play, ball remains in play.
  - b. Illegal block on team A.
  - c. Illegal attack on team B.
  - d. Double fault.



Football Answers: 1. b. (2-15-2, 2-4-1); 2. b. (9-3-2); 3. d. (7-1-7c, 7-2-6).  
 Soccer Answers: 1. b. (12-8-2d4); 2. d. (3-1-1 Situation A); 3. c. (11-1).  
 Volleyball Answers: 1. a. (4-2-1h-3); 2. b. (11-2-4); 3. b. (9-5-1c Note).

## Officials Associations Benefit from NASO Membership

The MHSAA is proud to continue to provide the Platinum program of the National Association of Sports Officials (NASO) “Association Advantage” for all MHSAA Local Approved Associations (previously known as NASO-ON). The MHSAA is providing this Platinum program membership to all local Approved Associations in assisting these groups with association meeting preparation, association governance and effective, time-tested techniques on how to make good associations great.

“Approved Associations are the lifeblood of high school and middle school officiating,” said Brent Rice, MHSAA assistant director. “We are pleased to be providing this service to all Michigan Approved Associations with our trusted and valued partner, NASO. Our overall program gets stronger when each Approved Association has all the tools possible to be an effective educational hub for all officials in those local areas.”

All Platinum Association Advantage member associations will receive the all-new monthly electronic newsletter *Click*, the revamped monthly printed newsletter *Advisor*, access to the Association Advantage website, a subscription to *Referee* magazine and a discount on supplies. Groups may choose to upgrade their membership with additional options and levels to include additional insurance, member benefits and training options. Contact the MHSAA office or NASO (262-632-5448).



## Catholic HS League Offering Official Thanks

A return to the start of another school year means a return to school sports contests – and what separates those contests from simply being kids playing a pick-up game is the presence of assigned officials.

The steadily declining trend of MHSAA registered officials was accelerated last year in the complicated world of facemasks, testing and late cancellations, when the MHSAA lost nearly 15 percent from its previous year's ranks. Now that we have returned to some (relative) normalcy, it's more important than ever to recognize those officials who allowed athletes to play a season last year and to welcome back those who had to take the season off.

A new program being instituted in Detroit's Catholic High School League does just that. This year, CHSL schools will be presenting officials throughout the season with "thank you" cards to express their gratitude for the dedication and hard work these individuals provide to ensure students have an opportunity to compete.

These gestures of appreciation serve to retain officials by recognizing how important they are to the game, and to recruit new officials by showing that officiating is an honorable avocation that allows them to serve the community and stay in athletics.

The MHSAA will be rolling out a new Game Day Ambassadors Program in Spring 2022 which will include similar ideas for increasing the morale of officials and developing long-lasting, cooperative relationships between schools and officials. Some of the ways outlined include:

- ▶ "Thank an Official" events where the team and spectators recognize the officials in their community.
- ▶ Adding alternative "compensation" to officials by occasionally providing promotional items, small gift certificates from local businesses and eateries, and snacks and refreshments in the locker room.
- ▶ Presenting mid-game sportsmanship PSAs.
- ▶ Regularly reviewing officials game fees to ensure that officials are being fairly paid for their work.

The most surefire way to recruit and retain officials is to treat them with respect. The No. 1 reason given for individuals leaving officiating is negative behavior and treatment by adult spectators and coaches. These folks who give up their time to officiate school contests do so by scheduling around their day jobs, family commitments and other personal responsibilities. They are required to make real-time, split-second decisions in a world filled with zoomed-in and slow-motion video, social media and camera phones at every turn, but without the luxury of replay review. And in the end, they aren't paid nearly the amount as their college and professional counterparts.

Maintaining reasonable perspective and expectations is a core value in educational athletics . . . and it should be with the officials as well.

Thank you, MHSAA officials, for your commitment to school sports, and thank you to the Catholic HS League and others willing to acknowledge the same.

### IT'S OFFICIAL!

**Postseason Assignments:** A number of changes have been instituted for postseason consideration over the past few years. Notably this year, officials in most sports must opt into tournament consideration. **This means officials this season for football, soccer and volleyball must submit their availability on the MHSAA website – otherwise the default is that they are unavailable.** This is in addition to other postseason requirements such as completion of the rules meeting, the tournament exam and submission of the official's regular-season schedule through the MHSAA website.



The job of a contest official is all-too-often a thankless one, but the task became more difficult during the last 15 months of uncertainty. When you see an official, a simple "thank you" will go a long way to retaining these men and women while keeping our games moving forward.

## Teams Practicing Out of State Required to Submit Out-of-State Travel Form

The tradition of taking a team on a “spring trip” for practice only has gotten a new twist with the allowance that a team may scrimmage another MHSAA member school team while on a “spring trip.” Any school which conducts practice sessions out of state at a site more than 600 miles round-trip must submit to the MHSAA office a Travel Form for Out-of-State Practice at least 30 days in advance of departure.

The new rule allows schools in spring sports only to compete in up to four scrimmages with another MHSAA member school team while on a spring trip. The allowance is to other MHSAA teams only and scrimmages that follow the elements of a scrimmage. This will likely save schools money as they can split the cost of renting a facility for a baseball, softball, soccer or lacrosse field.

Regulation II, Section (C) follows with most recent change in boldface: “Schools which desire to conduct practice sessions out of state at a site more than 600 drivable miles round-trip from their location must complete and submit to the MHSAA office the “Travel Form for Out-Of-State Practice” at least 30 calendar days in advance of departure

(see MHSAA.com, “Schools/Forms & Resources”). No competition (scrimmage or contest against another team) is allowed **except that in spring sports, two or more MHSAA member schools which have submitted the MHSAA Out-of-State Travel Form may scrimmage or hold joint practices with other MHSAA member schools up to the maximum of four allowed scrimmage dates in that sport. These days shall count in the total of four allowed for the season.** Regulation II, Section 11 (B) and applicable interpretations regarding scrimmages shall apply. Dates of competition may not be converted to scrimmages as permitted under this allowance. No more than four dates will be allowed while operating under the out-of-state travel form allowance.”

MHSAA catastrophic insurance does not cover such events. The form can be found on the MHSAA Website. Pursuant to action of the Representative Council, all schools which complete this form will be listed in benchmarks at the end of the school year. A list of schools which completed the form in 2020-21 appears below

### Schools Submitting Out-of-State Travel Forms for 2020-21

#### FALL & WINTER

None

#### SPRING

##### BASEBALL

Grand Blanc  
Grand Rapids Catholic Central  
Romeo

##### SOFTBALL

Eaton Rapids  
Portland  
Saginaw Swan Valley

## Know the Score

Thousands of MHSAA events take place during any given week each school year. Help the MHSAA and prep sports enthusiasts around the state stay up to date on results by becoming a registered score reporter for the Score Center page on MHSAA.com. Score Center is the most comprehensive site for schedules and scores around the state, and can be accessed from any mobile device or computer.



1. Register on MHSAA.com.
2. Login and find a game.
3. Click the “Submit Score” link. This link does not appear until the scheduled start time.

## Schools Participating in MHSAA Tournaments

The *MHSAA Handbook* has a section dedicated to **MHSAA Tournament Conditions** (Regulation II, Section 15). It is only part of the story of written rules, policies and procedures that helps the MHSAA sponsor statewide postseason tournaments in 28 sports.

The size of MHSAA postseason tournaments ranges from as many as 728 teams in boys basketball over four divisions and as few as 49 teams sponsored by member schools in girls gymnastics in one division with team and individual competitions. The number of schools sponsoring a sport generally determines the number of divisions which are set by the Representative Council based on review and recommendation from the MHSAA Classification Committee. For example, hockey (140 teams) and swimming and diving (215 boys teams and 222 girls teams) conduct three tournaments boy lacrosse (133 teams) and girls lacrosse (92 teams) crown two state champions each spring. For more information on sport sponsorship and division see the MHSAA 2020-21 *Handbook* Pages 106 and 108.

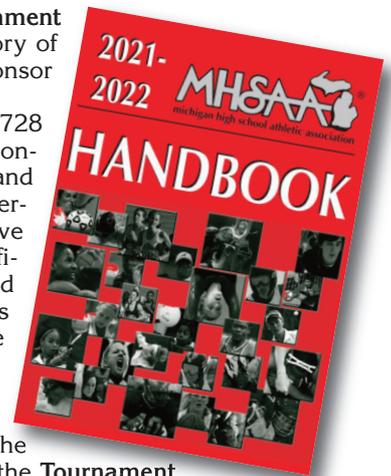
On every sport page on MHSAA.com by clicking on Sports, any person can find very specific and detailed information in two places over on the left navigation bar: **Participating School Tournament Information** and the **Tournament Managers Manuals**. Between these two documents the public, school staff, parents and officials can view the rules laid out in advance for each sport. Everything from how to conduct a draw to the presentation of the trophies at most MHSAA finals are in there. Updated each season, one can also find rules and procedures particular to that sport in the regular season that may not be covered in the NFHS playing rules. The long tradition of writing the rules for sports in advance of competition continues and is better than making them up as we go along.

**The question is often asked how does the MHSAA determine what sports it sponsors?** The answer is we don't. Schools generally have determined, by their interest and sponsorship in advance what sports the MHSAA will sponsor a postseason tournament in. The MHSAA writes regulations for eligibility (Regulation I) and Competition Between Senior High Schools (Regulation II) as conditions for participation in MHSAA tournaments. Simply stated, if your school or governing board wants to be a member of the MHSAA then your school agrees to follow all the rules in all the sports we sponsor as a condition of membership and participation in MHSAA tournaments.

In 2002-03 the MHSAA Representative Council surveyed its schools and students and determined in the coming years that in would sponsor tournaments in 2003-04 for boys and girls bowling and beginning in 2004-05 for boys and girls lacrosse. These were chosen in part because those sport communities wanted MHSAA involvement and there were approximately 64-member school teams already sponsoring the sports at that time. MHSAA Interpretation 257 states: "The MHSAA will consider sponsoring tournament competition in a sport when at least 64 schools sponsor the sport. The MHSAA will consider terminating sponsorship of tournament competition when fewer than 64 schools sponsor a sport for two consecutive years. The addition or deletion of MHSAA tournament competition in a sport will be at such time as deemed appropriate by the Representative Council." So, archery, bass fishing and badminton remain common questions and talk continues about girls field hockey, boys and girls water polo, pom-dance, and boys volleyball as potential future tournaments. Not to mention e-sports which is already in some member schools and operating in other states as well. Stay tuned.

There are a few other less known conditions for entering an MHSAA tournament taken from Section 15 and paraphrased below. See page 82 of the 2020-21 *Handbook* for the exact language. **Did you know that . . .**

- Section 15 B states: Only "bona fide" school teams with a schedule in four or more contests in a season can enter an MHSAA tournament. While a school can have more than one team, typically a JV and a 9th grade team, a school may only enter one team in the MHSAA tournament for a sport each season. Typically to avoid cutting students who want to play sports, there are two sports, namely girls basketball and boys lacrosse where two varsity level teams are sponsored by a couple of schools – and from those players an MHSAA tournament team is presented. Being sure that no one player exceeds the season game limits can be tricky record keeping.
- Section 15 C and D states that to enter the MHSAA hockey tournament a school must play no fewer than half its games against teams sponsored by a high school and to enter the MHSAA football play-offs, a school must play no few than seven varsity games - also against other school teams who are members in good standing of their state or provincial high school athletic association.
- Section 15 E requires that in all sports but football a Master Eligibility List must be submitted along with other material (generally a roster or electronic entries in some individual sports) by the opt out due date to the tournament manager. This section also covers procedures for updating of eli-



gibility lists prior to the start of competition for any team in that school’s district or regional tournament. It has always been best practice for schools to submit one eligibility list for all teams and all grades in a sport to accommodate students who may be “brought up” for the MHSAA tournament.

- Section 15 F expands the **team** requirement of Section 15 B (playing four games against other school teams) to **individual students in the sports of skiing, hockey and soccer**. In these sports a student must “have been a participating member of that school team (any level) in that sport in at least four meets or games against other MHSAA member school teams during the current season.” This is intended to discourage students from playing a regular season of non-school or travel sports and then having those individual join the school team late for the MHSAA tournament.
- Section 15 G is specific to requires that in boys lacrosse “to compete in the MHSAA tournament, all of a school’s boys lacrosse teams must play no fewer than half its boys lacrosse games against MHSAA member high schools.” As a relatively new sport, this was written to encourage boys lacrosse teams to play games against MHSAA member school teams rather than out-of-state teams who may have more established programs.

There are many other conditions for tournament participation including the eligibility of students under several MHSAA rules and that a school team or individual not exceed the limits of competition – such as no more than 20 games in a basketball season or three games in a week – Monday-Sunday. The MHSAA web site under Schools & Schedules, Administrators, has two short brochures that give an overview of eligibility and tournament participation. On the left navigation bar under AD Downloads: **Summary of Handbook Regulations "in Other Words..."** and **MHSAA Eligibility Brochure**.

**The Only Official Interpretations are Those Received in Writing**

*readings & references*

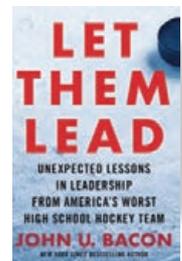
**'Let Them Lead' Shows Us How**

extra points

Over 30 years of riding shotgun with former MHSAA Executive Director Jack Roberts, I quickly learned to respond whenever I was asked about the lifetime values of high school sports, with a laundry list with these two items at the top:

Hard Work - Team Work

In reviewing the newly released book by Ann Arbor’s own John U. Bacon – “*Let Them Lead, Unexpected Lessons in Leadership From America’s Worst High School Hockey Team*” – everything flows from those two values all of us in prep sports hold near and dear.



I met John in 1997 when he was a sportswriter at *The Detroit News*, where he was covering his high school alma mater – Ann Arbor Huron – in the Class AA Football Final at the Pontiac Silverdome. Just a few years later, the story that holds the detailed leadership lessons together in this book would begin when he was named the head hockey coach at Huron, inheriting a team that finished the previous season 0-22-3.

Building everything he put into that team with the premises that no one would outwork the River Rats, and as a team they supported each other, Bacon’s charges rose from not even being listed in the national team winning percentage listings – about 1,000 schools – prior to his arrival, to a top-five spot in the state’s rankings in his fourth year.

Along the way, the buy-in to the leadership themes made Huron Hockey cool again at the school and earned the River Rats the respect of their opponents. The values being taught gave value to the program. In making it hard to be a part of the team, more kids wanted to join it. They valued the experience. They led and supported themselves on and off the ice.

With the book being written nearly 20 years after the events it is based on, Bacon solicited input from a variety of players to verify the accuracy of events, and they flooded him with additional stories of their own from their playing days and adult lives which illustrated the leadership skills they learned in the locker room, training sessions, practices and games.

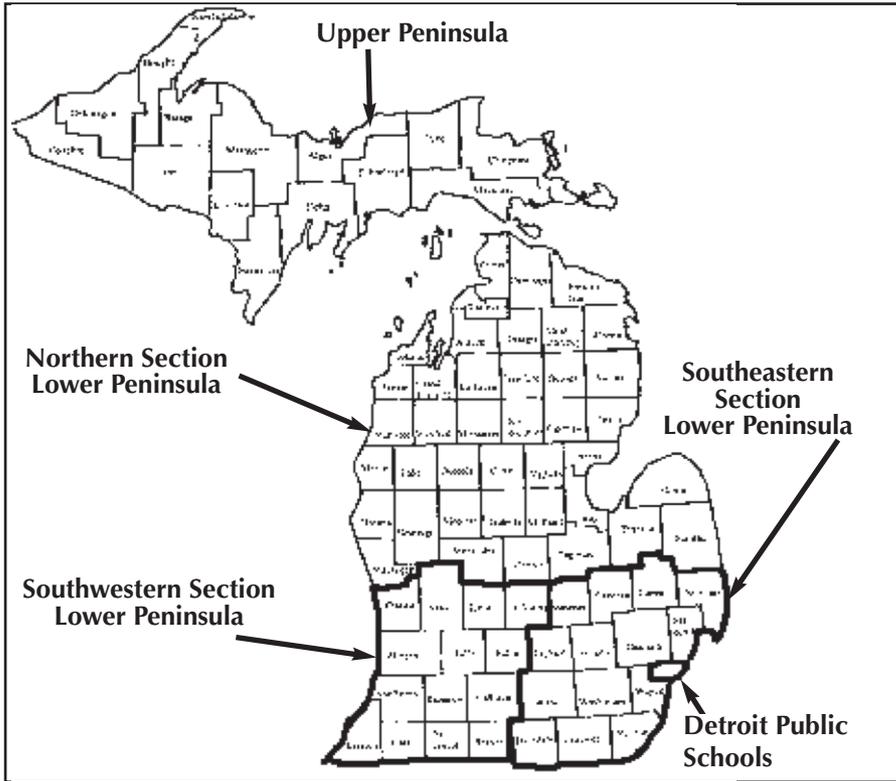
Like any book on leadership, you forge through those details about applying certain things in the workplace, but what keeps you engaged is the team. You’ve gotten hooked by the River Rats, and you just have to see how this thing turns out.

This feel-good book resonates whether you’re a coach or a corporate type. It’s an easy read, and you’ll take a lot from it.

— John Johnson  
MHSAA Communications Director emeritus

## Representative Council and Upper Peninsula Athletic Committee Elections

Map of Representative Council Sections



Ballots for Representative Council elections were mailed to principals of member schools from the MHSAA office and returned in September.

Six positions for membership on the Representative Council were up for election this fall. Vacancies for two-year terms beginning December 2021 were as follows: Class C-D Southwestern Section L.P. and Southeastern Section L.P.; Class A-B Upper Peninsula; Statewide At-Large; Junior High/Middle School, elected on a statewide basis; and Detroit Public High Schools.

In addition to the above named Representative Council positions, there are three Upper Peninsula Athletic Committee positions to be voted on in September. A representative of the Class A-B, Class C and Class D schools will be elected by Upper Peninsula schools.

Look for the ballots and return them in time to be counted by the Board of Canvassers.

Be sure you mark your ballot correctly and signatures are affixed in the proper places. Ballots must have two (2) signatures to be considered valid.

Details of the Representative Council composition may be found near the beginning of the *MHSAA Handbook*.

Following the due date of Sept. 24, 2021, the Board of Canvassers as provided in Article IV of the Constitution of the Michigan High School Athletic Association, met on Sept. 28, 2021 and declared the winners for the various vacancies.

In accordance with the approved nomination and election procedures, listed candidates submitted their desire to run for a position by March 15, 2021. They included an approval to serve from their respective superintendent or principal and have certified their qualifications to run for the office which they seek. No write-ins will be possible because each candidate must be approved by March 15 in order to run for a position on the Representative Council.

Following are those elected or yet to be determined for the vacancies which will occur in December 2021:

## MHSAA Representative Council

**Eric Albright\*\***  
Athletic Director  
Midland High School  
Class A-B — Northern Lower Peninsula

**Jay Alexander\***  
Executive Director of Athletics  
Detroit Public Schools  
Detroit Public Schools Position

**Nicole Carter\*\***  
Principal  
Novi High School  
Appointee

**Judy Cox\*\***  
Principal  
Auburn-Bay City Western High School  
Appointee

**Scott Grimes\*\*, President**  
Assistant Superintendent of Human Services  
Grand Haven Public Schools  
Statewide At-Large

**Kyle Guerrant (ex-officio)**  
Deputy Superintendent, Finance Operations  
Michigan Dept. of Education, Lansing  
Designee

**Don Gustafson\***  
Superintendent  
St. Ignace Area Schools  
Junior High/Middle Schools

**Kris Isom\***  
Athletic Director  
Adrian Madison High School  
Appointee

**Sean Jacques\*\***  
Assistant Principal/Athletic Director  
Calumet High School  
Class C-D — Upper Peninsula

**Karen Leinaar\***  
Athletic Director  
Bear Lake High School  
Statewide At-Large

**Mark Mattson\*\***  
Athletic Director  
Maple City Glen Lake High School  
Class C-D — Northern Lower Peninsula

**William McKoy\***  
Athletic Director  
Romulus Summit Academy North  
Appointee

**Jason Mensing\***  
Athletic Director  
Ottawa Lake Whiteford High School  
Class C-D — Southeastern Michigan

**Vic Michaels\*\*, Secretary-Treasurer**  
Director of Physical Education & Athletics  
Archdiocese of Detroit  
Private and Parochial Schools

**Chris Miller\***  
Athletic Director  
Gobles High School  
Class C-D — Southwestern Michigan

**Steve Newkirk\*\*, Vice President**  
Principal  
Clare Middle School  
Junior High/Middle Schools

**Chris Riker\*\***  
Athletic Director  
Portage Northern High School  
Class A-B — Southwestern Michigan

**John Thompson\*\***  
Athletic Director  
Brighton High School  
Class A-B — Southeastern Michigan

**Alex Tiseo\***  
Athletic Director  
Marquette High School  
Class A-B — Upper Peninsula

\*Term Expires December 2021

\*\*Term Expires December 2022

### REPRESENTATIVE COUNCIL RESULTS FOR SEPTEMBER 2021 ELECTION

#### Southwestern Section, Lower Peninsula – Class C and D Schools

- Chris Miller, Athletic Director, Gobles High School

#### Southeastern Section, Lower Peninsula – Class C and D Schools

- Jason Mensing, Athletic Director, Ottawa Lake-Whiteford High School

#### Upper Peninsula – Class A and B Schools

- Alex Tiseo, Athletic Director, Marquette High School

#### Statewide At-Large

- Brad Bush, Assistant Principal/Athletic Director, Chelsea High School
- Jessica Harrand, Superintendent, Buckley Community Schools
- Jeff Kline, Athletic Director, Mt. Morris Consolidated Schools

- Doug VanderJagt, Superintendent, Hudsonville Public Schools

#### Junior High/Middle Schools

- Chris Hartman, Athletic Director, Kingsford-Breitung Township Schools
- Adam Stefanski, Athletic Director, Boyne City Public Schools

#### Detroit Public Schools

- Jay Alexander, Executive Director of Athletics, Detroit Public Schools

#### UPPER PENINSULA ATHLETIC COMMITTEE

##### Class D Schools

- Jim Bobula, Superintendent/Principal, Ontonagon Area School District

##### Class C Schools

- Jon Beckman, Athletic Director, Ishpeming-Westwood High School

##### Class A and B Schools

- Paul Jacobson, Assistant Principal/Athletic Director, Negaunee Public Schools

## Failure to Rate Officials

Member schools of the Michigan High School Athletic Association have agreed through Regulation II, Section 7(B) to rate officials in several of the sports for which the MHSAA conducts a postseason tournament and to be subject to penalties when a school fails to rate any officials in a sport that requires it.

Recent surveys indicate schools value the opportunity to rate officials and do not want that opportunity eliminated.

Most officials would prefer an evaluation process over ratings by participating schools; but

under our current system, officials need schools to rate them so they can amass the number of ratings necessary to be considered for advancement and tournament assignments.

On March 23, 2001, the MHSAA Representative Council adopted the policy of publishing the names of schools which fail to rate any officials in a sport and to do so as soon as possible following the season.

Following are schools failing to rate officials for the 2020-21 school year.

### Failure to Rate Officials - Fall 2020

**Football**  
None

**Girls Volleyball:**  
Grand Rapids-Union

**Boys Soccer:**  
Detroit-Cristo Rey

### Failure to Rate Officials - Winter 2021

**Boys Basketball**  
Auburn Hills Christian  
Burton-Atherton  
Ferndale  
Grand Rapids-Northview  
Kalamazoo-Phoenix  
Lansing-Martin Luther  
Marshall Academy  
Waldron

Rochester-Adams  
Zeeland West

**Girls Competitive Cheer:**  
Battle Creek-Harper Creek  
Dearborn-Divine Child  
Grand Rapids-Northview  
Lake City  
Otsego  
Port Huron  
River Rouge  
Saginaw-Heritage

**Wrestling:**  
Battle Creek-Harper Creek  
Beaverton  
Byron Area  
Carleton-Airport  
Comstock Park  
Corunna  
Flint-Kearsley  
Galesburg-Augusta  
Grass Lake  
Rockford  
St. Clair  
St. Clair Shores-South Lake  
Warren Woods-Tower

**Girls Basketball:**  
Beaverton  
Bridgeport  
Detroit-Mumford  
Detroit-University Prep  
Grand Rapids-Northview  
Hamtramck  
Richmond  
River Rouge

**Ice Hockey:**  
Macomb-Dakota  
Saginaw-Heritage  
Saginaw-Swan Valley

### Failure to Rate Officials - Spring 2021

**Baseball**  
Addison  
Bath  
Dearborn-Henry Ford Academy  
Detroit-Cody  
Detroit-Cristo Rey  
Detroit-Denby Tech & Prep  
Farwell  
Frankenmuth  
Gladstone  
Grosse Pointe North  
Harper Woods  
Iron Mountain  
Kalamazoo-Hackett Catholic Prep  
Pickford  
Taylor  
Waterford Mott

**Girls Lacrosse:**  
Waterford Kettering

**Boys Lacrosse:**  
Comstock Park  
Detroit-Cass Technical  
Holt  
Saline  
South Lyon East

**Softball:**  
Detroit-Cristo Rey  
Ewart  
Grosse Pte Woods-Univ. Liggett  
Gwinn  
Hancock  
Harper Woods  
Ishpeming  
Jackson-Lumen Christi  
Lansing-Waverly  
Parchment  
Wyoming-Lee

**Girls Soccer:**  
Dearborn-Henry Ford Academy  
Detroit-Cristo Rey  
Kalamazoo-Hackett Catholic Prep  
River Rouge  
St. Clair Shores-South Lake  
Waterford Mott  
Wixom-St. Catherine  
Wyoming-Lee

# 2020-21 Officials Reports Listing

## (High Schools that received 3 or more negative Reports)

In accordance with the May 1996 Representative Council adoption of the “Comprehensive Sportsmanship Package” the names of schools that received three or more “concern” or “ejection” Officials Reports in the school year are listed in this report.

Dearborn Heights Crestwood	14	Traverse City West	4	Gibraltar Carlson	2
Ann Arbor Central Academy	9	Trenton	4	Goodrich	2
Grand Rapids Northview	9	Utica Eisenhower	4	GR Covenant Christian	2
Saginaw Heritage	9	West Bloomfield	4	Grand Rapids Catholic Central	2
Saline Saline	9	Wyoming	4	Grandville	2
Northville	8	Zeeland West	4	Greenville	2
Davison Davison	8	Alma	3	Grosse Pointe South	2
Eastpointe Eastpointe	8	Ann Arbor Huron	3	Harbor Springs	2
Fruitport Fruitport	8	Ann Arbor Pioneer	3	Harrison Twp L'Anse Creuse	2
Gaylord	8	Auburn Hills Avondale	3	Hillsdale	2
Grand Blanc	8	Battle Creek Central	3	Jackson Northwest	2
Muskegon	7	Boyer City	3	Jenison	2
Novi	7	Bronson	3	Kalkaska	2
Schoolcraft	7	Clarkston	3	Kent City	2
Anchor Bay	7	Clio	3	Kimball Landmark Academy	2
Battle Creek Harper Creek	7	Comstock Park	3	Laingsburg	2
Macomb Dakota	7	Dearborn Divine Child	3	Lake City	2
Walled Lake Western	7	Dearborn Edsel Ford	3	Lake Fenton	2
Bay City Western	6	Detroit Country Day	3	Lake Odessa Lakewood	2
Coldwater	6	Detroit U-D Jesuit	3	Lakeview	2
Freeland	6	Dexter	3	Leland	2
Grosse Ile	6	East Grand Rapids	3	Leslie	2
Holt	6	Flat Rock	3	Marine City Cardinal Mooney	2
Lapeer	6	GR Forest Hills Central	3	Mason	2
Grand Rapids Union	6	GR NorthPointe Christian	3	McBain Northern Michigan Christian	2
Imlay City	6	Grand Rapids West Catholic	3	Memphis	2
Lincoln Park	6	Grass Lake	3	Midland Bullock Creek	2
Linden	6	Hartford	3	Midland Dow	2
Midland	6	Haslett	3	Milan	2
Muskegon Mona Shores	6	Highland Milford	3	Mt Morris	2
Saginaw Swan Valley	6	Homer	3	Mt Pleasant	2
Walkerville	6	Hudsonville	3	Muskegon Orchard View	2
Waterford Mott	6	Kalamazoo Loy Norrix	3	Napoleon	2
Wayne Memorial	6	Lansing Waverly	3	New Buffalo	2
Allen Park Cabrini	5	Middleville Thornapple Kellogg	3	North Branch	2
Brighton	5	Millington	3	North Muskegon	2
Caledonia	5	Monroe	3	Okemos	2
Carleton Airport	5	Muskegon Catholic Central	3	Olivet	2
Dearborn	5	Muskegon Oakridge	3	Ortonville Brandon	2
Flint Carman-Ainsworth	5	Newaygo	3	Parchment	2
Grand Rapids Kenowa Hills	5	Oxford	3	Petoskey	2
Holland West Ottawa	5	Pontiac Notre Dame Prep	3	Pinckney	2
Holly	5	Riverview Gabriel Richard	3	Ravenna	2
Kalamazoo Central	5	South Lyon	3	Reed City	2
Livonia Churchill	5	South Lyon East	3	Reese	2
Muskegon Reeths-Puffer	5	Sterling Heights	3	Rochester	2
Onsted	5	Tecumseh	3	Rochester Hills Stoney Creek	2
Paw Paw	5	Utica Ford II	3	Rockford	2
Portage Central	5	Warren De La Salle	3	Royal Oak Shrine Catholic	2
Rochester Adams	5	Warren Mott	3	Salem	2
Romeo	5	Wyoming Godwin Heights	3	Saugatuck	2
St Clair Shores Lakeview	5	Adrian Lenawee Christian	2	Southfield Arts & Technology	2
Taylor Trillium Academy	5	Allegan	2	Southgate Anderson	2
Waterford Kettering	5	AuGres-Sims	2	Spring Lake	2
Ypsilanti Lincoln	5	Benton Harbor	2	St Clair	2
Ann Arbor Skyline	4	Benzie Central	2	St Clair Shores Lake Shore	2
Battle Creek Lakeview	4	Berkley	2	St Joseph	2
Bay City Central	4	Big Rapids	2	Sturgis	2
Belding	4	Birmingham Seaholm	2	Swartz Creek	2
Brownstown Woodhaven	4	Bloomfield Hills	2	Tawas Area	2
Canton	4	Buckley	2	Taylor Preparatory	2
Cheboygan	4	Burton Genesee Christian	2	Troy Athens	2
Clinton Twp Chippewa Valley	4	Byron Center	2	Vandercook Lake	2
Comstock	4	Center Line	2	Vermontville Maple Valley	2
Dearborn Heights Robichaud	4	Charlotte	2	Walled Lake Northern	2
DeWitt	4	Chelsea	2	Warren Cousino	2
Eaton Rapids	4	Clinton	2	Warren Lincoln	2
Fenton	4	Colon	2	Wyoming The Potter's House	2
Grosse Pointe North	4	Constantine	2	Ypsilanti Arbor Prep	2
Hartland	4	Dearborn Fordson	2	Addison	1
Jackson	4	Dearborn Heights Annapolis	2	Alba	1
Jackson Lumen Christi	4	Detroit East English	2	Alcona	1
Lake Orion	4	Detroit Osborn	2	Almont	1
Livonia Franklin	4	Detroit University Prep	2	Alpena	1
Livonia Stevenson	4	Dowagiac	2	Armada	1
Ludington	4	East Kentwood	2	Ashley	1
Macomb L'Anse Creuse North	4	Ecorse	2	Atlanta	1
Melvindale	4	Edwardsburg	2	Auburn Hills Oakland Christian	1
Muskegon Western Michigan Christian	4	Essexville Garber	2	Baldwin	1
Royal Oak	4	Farmington	2	Bath	1
South Haven	4	Ferndale	2	Bay City John Glenn	1
Taylor	4	Flint Powers Catholic	2	Belleville	1
Traverse City Central	4	Flushing	2	Beverly Hills Groves	1

BH Cranbrook Kingswood	1	Grand Rapids Ottawa Hills	1	North Farmington	1
Bloomfield Hills Brother Rice	1	Grand Rapids Wellspring Prep	1	Ogemaw Heights	1
Bridgeport	1	Grayling	1	Oscoda	1
Bridgman	1	Grosse Pointe Woods (University Liggett)	1	Ovid-Elsie	1
Brooklyn Columbia Central	1	Gwinn	1	Owosso	1
Buchanan	1	Hamilton	1	Pentwater	1
Burr Oak	1	Hamtramck	1	Pewamo-Westphalia	1
Burton Atherton	1	Hancock	1	Pickford	1
Burton Bendle	1	Harrison	1	Pinconning	1
Burton Bentley	1	Hazel Park	1	Plainwell	1
Byron	1	Hesperia	1	Plymouth	1
Cadillac	1	Holland Christian	1	Pontiac	1
Cadillac Heritage Christian	1	Holton	1	Port Huron	1
Capac	1	Houghton	1	Port Huron Northern	1
Caro	1	Howell	1	Portage Northern	1
Carsonville-Port Sanilac	1	Hudson	1	Reading	1
Cassopolis	1	Hudsonville Home School	1	Redford Thurston	1
Cedar Springs	1	International Academy of Flint	1	Remus Chippewa Hills	1
Chesaning	1	Ionia	1	Richland Gull Lake	1
Clinton Twp Clintondale	1	Iron River West Iron County	1	Richmond	1
Concord	1	Johannesburg-Lewiston	1	Riverview	1
Coopersville	1	Kalamazoo Christian	1	Rochester Hills Lutheran NW	1
Corunna	1	Kalamazoo Hackett	1	Romulus	1
Crosswell-Lexington	1	Kalamazoo Phoenix	1	Roseville	1
Dansville	1	Kentwood Grand River Prep	1	Saginaw Arthur Hill	1
Detroit Cass Tech	1	Kinde North Huron	1	Sandusky	1
Detroit Catholic Central	1	Lansing Catholic	1	Springport	1
Detroit CMA	1	Lansing Sexton	1	St Charles	1
Detroit Cristo Rey	1	Livonia Clarenceville	1	St Clair Shores South Lake	1
Detroit Edison PSA	1	Macomb Lutheran North	1	St Helen Charlton Heston	1
Detroit Frederick Douglass	1	Madison Heights Lamphere	1	Stanton Central Montcalm	1
Detroit Western International	1	Madison Hts Bishop Foley	1	Stevensville Lakeshore	1
Dryden	1	Mancelona	1	Traverse City Christian	1
Dundee	1	Manchester	1	Troy	1
East Jackson	1	Manistee	1	Utica	1
East Lansing	1	Manistee Catholic Central	1	Warren Michigan Collegiate	1
Eben Junction Superior Central	1	Marshall	1	Warren Woods-Tower	1
Elk Rapids	1	Martin	1	Waterford Our Lady	1
Escanaba	1	Mattawan	1	Wattervliet	1
Fife Lake Forest Area	1	Mayville	1	Westland John Glenn	1
Flint CHASE	1	Mc Bain	1	White Lake Lakeland	1
Flint Kearsley	1	Merrill	1	Whitehall	1
Fowlerville	1	Michigan Center	1	Whittemore-Prescott	1
Fraser	1	Montague	1	Williamston	1
Fremont	1	Montrose	1	Wyandotte Roosevelt	1
Galesburg-Augusta	1	Morley Stanwood	1	Wyoming Lee	1
Garden City	1	Munising	1	Yale	1
GR South Christian	1	New Boston Huron	1	Ypsilanti	1
Grand Haven	1	New Haven Merritt Academy	1	Zeeland East	1
Grand Ledge	1	Niles Brandywine	1		
Grand Rapids Christian	1	North Adams-Jerome	1		

## 2020-21 Officials Reports Summary

Sport	Level	Concern	Praise	Player Ejections	Coach Ejections	Other Ejections	Sportsmanship
Boys Basketball	Varsity	73	0	41	23	3	6
Boys Football	7th & 8th	1	0	1	0	0	0
Boys Football	8th	2	0	1	1	0	0
Boys Football	Freshmen	7	1	5	2	0	0
Boys Football	Junior Varsity	33	0	29	4	0	0
Boys Football	Varsity	117	8	106	10	0	1
Boys Football (8)	7th & 8th	1	0	1	0	0	0
Boys Football (8)	Junior Varsity	1	0	1	0	0	0
Boys Football (8)	Varsity	16	2	12	2	2	0
Boys Lacrosse	Junior Varsity	5	0	3	2	0	0
Boys Lacrosse	Varsity	44	0	40	2	0	2
Boys Soccer	Freshmen	2	0	1	1	0	0
Boys Soccer	Junior Varsity	30	0	26	4	0	0
Boys Soccer	Varsity	229	1	205	22	1	1
Girls Basketball	7th & 8th	1	1	0	1	0	0
Girls Basketball	8th	3	0	1	2	0	0
Girls Basketball	Junior Varsity	5	0	3	2	0	0
Girls Basketball	Varsity	44	3	21	19	1	3
Girls Lacrosse	Varsity	9	0	8	1	0	0
Girls Soccer	Junior Varsity	8	0	7	1	0	0
Girls Soccer	Varsity	65	3	57	5	0	3
Ice Hockey	Junior Varsity	5	0	4	1	0	0
Ice Hockey	Varsity	69	0	65	3	0	1
Softball	Junior Varsity	6	0	3	3	0	0
Softball	Varsity	20	1	8	12	0	0
Volleyball	Varsity	0	5	0	0	0	0
Wrestling	Varsity	19	0	17	1	1	0



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