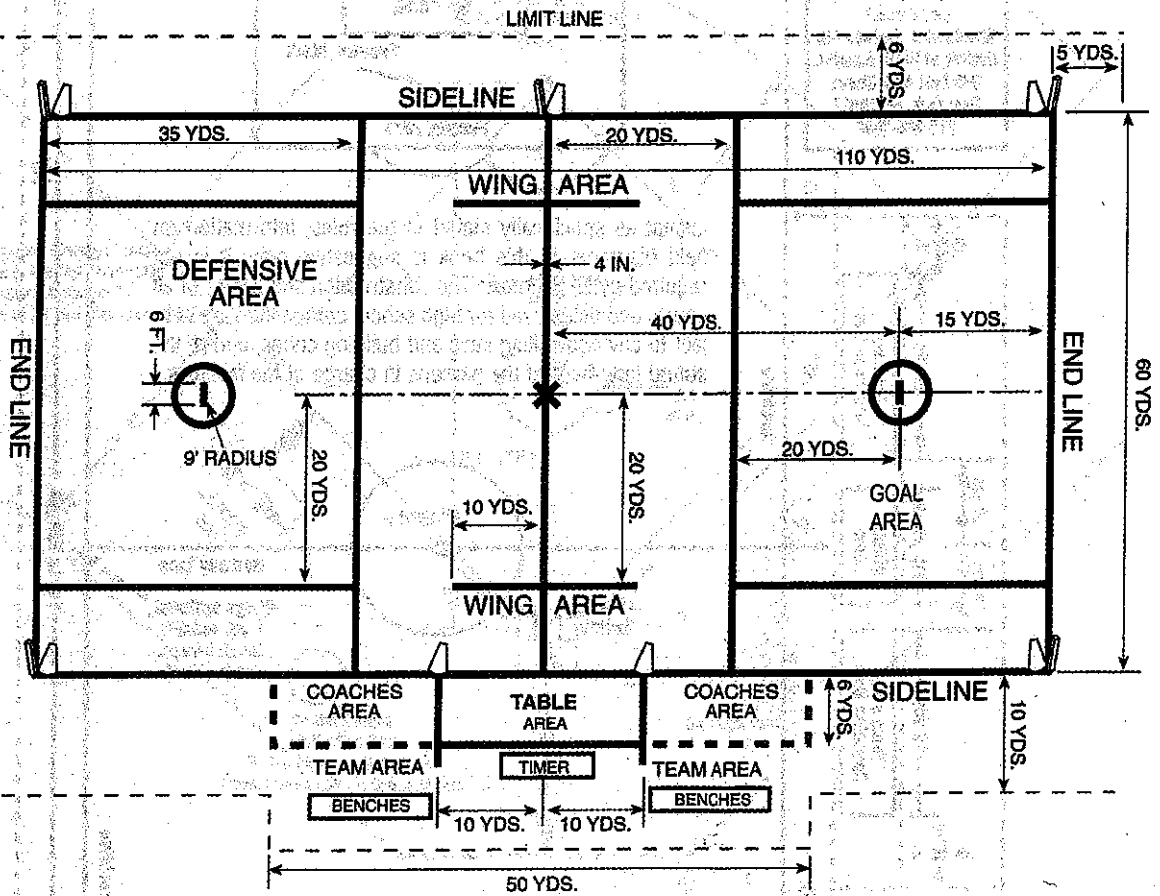


BOYS LACROSSE



For more information regarding boys lacrosse, contact:
The National Federation of State High School Associations

PO Box 690

Indianapolis, Indiana 46206

Telephone: 317-972-6900

Fax: 317.822.5700

Email: ksummers@nfhs.org

Website: www.nfhs.org

Rule 1 *The Game, Field and Equipment*

SECTION 1 THE GAME

Lacrosse is played by two teams of 10 players each. The purpose of each team is to score by causing the ball to enter the goal of its opponent and to prevent the other team from securing the ball and scoring. A goal counts one point. The winning team is the team that has scored the most goals during the game. The ball is kept in play by being carried, thrown or batted with the crosse, or rolled or kicked in any direction, subject to the restrictions described in the following rules.

SECTION 2 THE FIELD

ART. 1 . . . The playing field shall be rectangular, 110 yards in length and between $53\frac{1}{3}$ and 60 yards in width to accommodate play on existing fields. The boundaries of the field shall be marked with white or contrasting-colored lines. The long sides of the field shall be designated sidelines; the short sides shall be designated end lines. A bold white line shall be marked through the center of the field perpendicular to the sidelines. This line shall be known as the center line.

All lines shall be no less than 2 inches wide nor more than 4 inches wide. Exceptions are the goal line, which shall be 2 inches wide, and the center line, which shall be 4 inches wide.

NOTE: If the field of play has a logo in the center or at any other part of the field of play, that logo should not obstruct the visibility of the required marks. A solid or shadow-bordered line is permissible. A shadow line is a line that designates the continuation of the required line by use of a border or outline lines, at least $\frac{1}{4}$ -inch wide.

PENALTY: Failure to have a clearly marked center line that runs the entire width of the field is illegal procedure assessed against the home team.

ART. 2 . . . Lines shall be marked with a noncaustic material. Neither lime, hydrated lime or other chemical derivatives of lime, nor caustic material of any kind may be used.

NOTE: Powdered gypsum, calcium carbonate and liquid aerosol paint designed for marking playing fields and containing only nontoxic material, meet the specifications or qualifications for marking fields.

ART. 3 . . . Goal areas shall have a line 40 yards long at each end of the field, centered on goal and parallel to and 20 yards from the goal line. Lines shall be drawn at right angles to the terminal points of these lines to connect them with the end lines.

ART. 4 . . . Defensive area lines shall be parallel to the end line and marked on each side of the field 20 yards from the goal line and extend from sideline to sideline. The defensive-area line shall coincide with the 40-yard portion of the goal-area line.

ART. 5 . . . Wing area lines parallel to the sidelines shall be marked on each side of the field 20 yards from the center of the field and extending 10 yards on each side of the center line. The areas between these line segments and the sidelines and confined within the extremities of those line segments shall be designated as wing areas.

ART. 6 . . . A point on the center line, equidistant from each side, shall be marked with an "X" or a 4-inch square that is a contrasting color and shall be designated the Center.

ART. 7 . . . Where physically possible, the scorer's table should be placed at least 6 yards from the sideline at the center line. Two lines shall be drawn on either side of the center line 10 yards from the center line and extending past the scorer's table. The area bounded by the sideline, the two lines perpendicular to the sideline and the scorer's table shall be referred to as the table area. Only players serving penalty time, players ready to substitute on the fly, the chief bench official, and official scorers and timers are allowed in the table area.

ART. 8 . . . The coaches' areas shall be located on either side of the table area. Each coaches' area shall extend from the table area 15 yards parallel to the sideline. It shall be bounded by the sideline, the table area, a dotted line 6 yards from and parallel to the sideline, and a dotted line extending from the sideline, parallel to and 15 yards from the table-area line.

ART. 9 . . . The bench areas shall be on either side of the table area. Each bench area shall extend from the table area 15 yards parallel to the sideline. Each bench area shall be bounded on the field side by the coaches area. Benches for the competing teams shall be placed on either side of the scorer's table at least 10 yards from the table and, where physically possible, at least 10 yards from the sideline, parallel to the sideline.

ART. 10 . . . The penalty area shall be located within the table area immediately in front of the scorer's table.

ART. 11 . . . Spectator and media areas shall be restricted as follows:

- a. Spectators and media (including photographers) are not allowed behind the end lines except in stadium structures where permanent seats exist.
- b. Spectators and media (including photographers) are not allowed immediately behind the bench area, or within or immediately behind the table area.
- c. Spectators and media (including photographers) are not allowed within the limit lines at any time during a contest.

ART. 12 . . . Soft flexible cones or pylons of red or orange color should be placed at the outside edge of each of the four corners of the field and at the outside edge of the intersection of the center line and the sideline opposite the table area. Only cones should be placed at the intersections of the table-area line and sideline, directly in front of the table area.