



RULE 1-9-1 PAGE 16-18 - FUTURE REQUIRED SHOULDER PADS & GOALIE CHEST PROTECTOR

- **ART. 1 . . .** Mandatory equipment. Each player shall wear the following pieces of equipment which shall be professionally manufactured and not altered:
 - d. Shoulder pads designed for lacrosse (optional for goalkeepers). Note: Beginning January 1, 2022, field players must wear shoulder pads that incorporate the NOCSAE ND200 lacrosse standard for chest protection at the time of manufacture.
 - j. Goalkeepers may wear:
 - 2. Chest protector designed for lacrosse. **Beginning January 1, 2021,** goalkeeper chest ~~protector~~ protection designed for lacrosse that meets incorporates the NOCSAE ND200 at the time of manufacture shall be used by all goalkeepers.





RULE 1-9-1 - FUTURE REQUIRED SHOULDER PADS & GOALIE CHEST PROTECTOR, WHITE JERSEYS

- **This Season 2021** – **Goalie Chest Protector Designed for Lacrosse** that meets NOCSAE ND200 lacrosse standards at the time of manufacture. Improperly equipped goalie = forfeit.
- **Spring 2022** – **Field players must wear shoulder pads that meet NOCSAE ND200 lacrosse standard for chest protection.**
 - Designed to cover more of the chest to prevent Commotio Cordis events (trauma in mid heart beat).
- **Spring 2022** – **Home team shall wear WHITE jerseys** (printing error in rule book still shows light) - it's WHITE

