

MHSAA – BCAM
BOYS REACHING HIGHER SHOWCASE
JULY 17, 2013 @ SOUTH LYON HIGH SCHOOL

2:30-3:30 PM	Registration for Athletes. Arrive early!!!
3:30-3:45 PM	NCAA Compliance Speaker: Cody Weber [University of Michigan Compliance].
3:45-4:00 PM	Mateen Cleaves [MSU All-American]
4:00-4:25 PM	Childress Sports Consulting: "Social Media & the Student-Athlete"
4:25-4:40 PM	Corey Person [University of Michigan Captain]
4:40-4:50 PM	Introduction of MHSAA-BCAM Reaching Higher Coaching Staff
4:50-5:00 PM	Stretch & Flex – Trainer
5:00-5:40 PM	Basketball Station Work. [8 Minutes at each Station] * Court #1: Focus: Offensive Transition Station * Court #2: Focus: Transition Offense/Defense Station * Court #3: Focus: Shooting off the Dribble Station * Court #4: Focus: Shooting off the Pass Station * Court #5: Focus: King of the Court Station Starting Points: Team #1 – Basket #1, Team #2 – Basket #2, etc.
5:40-5:55 PM	TEAM PRACTICE [Team #1 – Basket #1, Team #2 – Basket #2, Team #3 – Basket #3, Team #4-Basket #4, Team #5-Basket #5, Team #6-Basket #6, Team #7-Basket #7, Team #8-Basket #8, Team #9-Basket #9, Team #10-Basket #10]
5:55-6:40 PM	Game Session #1 Court #1: 1 vs 2 Court #4: 7 vs 8 Court #2: 3 vs 4 Court #5: 9 vs 10 Court #3: 5 vs 6
6:40-7:25 PM	Game Session #2A Court #1: 5 vs 7 Court #2: 6 vs 10 Court #3: 8 vs 9 Teams: 1, 2, 3, 4. Classroom Session: Marc Comstock [6:40-7:00] Skill Development on Courts 4 & 5 [7:05-7:25]
7:25-8:10 PM	Game Session #2B Court #1: 1 vs 4 Court #2: 2 vs 3 Teams: 5, 6, 7, 8, 9, 10. Skill Development on Courts 3, 4 & 5. [7:25-7:45] Classroom Session: Marc Comstock [7:50-8:10]
8:10-8:50 PM	Game Session #3 Court #1: 1 vs 3 Court #4: 2 vs 4 Court #2: 5 vs 9 Court #5: 6 vs 8 Court #3: 7 vs 10
8:50 PM	Meet with Coaches. Complete Evaluations.