

MHSAA LP Regional 02-1 & 25-3
White Pine Middle School
Hosted by Saginaw Heritage High School

- DATE:** Saturday, October 31
- RACE COURSE:** White Pine Middle School – Please use the Seidel Rd. Entrance which is ½ mile North of M-46 (Gratiot Rd.). Course map on athletic.net meet info page.
- ELIGIBILITY LIST:** All Master Eligibility Lists need to be sent to the Heritage Athletic office by 6:00PM Friday October 23rd. Send them to jgthorin@stcs.org or fax to 989-797-1821.
- ENTRIES:** Entries will be completed by Michigancrosscountry.com and are based on the Pre-Regional results, similarly to how your State Qualifiers are handled. You will not need to do entries, but will have a deadline for substitutions.
- TEAM PACKETS:** Team packets, including bibs, pins, maps, and other information may be picked up upon arrival at the green tent near the main parking lot, P-1.
- RESULTS:** Results will not be posted in a common viewing area in order to discourage congregating. A copy will be provided to each school for review (one copy per school) and only to a coach (no parents or students, please). Results will be marked final and available for view online at athletic.net and mhsaa.com following the event.
- AWARDS:** Per MHSAA guidelines, there will be no formal awards presentation this year. Coaches may stop at the green tent near the finish line to pick up State Qualifiers packets, medals, and trophies once results are final.
- The top team, boys and girls, in each Division will receive a MHSAA Regional Championship Trophy. The top 15 individuals in each race receive a medal and All-Region recognition.
- The top 3 teams and 7 individuals not on those teams advance to the MHSAA State Finals.**
- SCHEDULE:**
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| 10:00 am | D1 Boys Race |
| 10:45 am | D1 Girls Race |
| **D1 schools should vacate by 12:00** | |
| **D3 teams should arrive no earlier than 12:15** | |
| 1:30 pm | D3 Boys Race |
| 2:15 pm | D3 Girls Race |
- *no PROM races allowed per MHSAA***

- CONCESSIONS:** No concessions this year.
- APPAREL:** MHSAA apparel will be available in the green tent near the main parking area, P-1.
- TEAM CAMPS:** Team camps will be inside the track stadium on the South and East boundaries. There are boxes painted with orange paint. These are approximately 30'X30' - please take 1 or 2 camp spaces and try to leave one empty between schools. Per MHSAA, parents should not visit team camps and tail gating is discouraged.
- BUS PARKING:** Busses and other large team vehicles may drop athletes off in front of the race course via lot P-1 and then will be directed to park at Arrowwood Elementary which is West of WPMS on Seidel, lot P-2 or P-3 (see map below).
- SPECTATOR PARKING:** Spectators may park in the North parking lot - labeled P-1 on the attached map. If full, you may also park approximately ¼ North on Seidel Rd. at Arrowwood Elementary School and walk to the course - lots P-2 and P-3 on the attached map.
- SPECTATOR LIMITS AND RESTRICTIONS:** We are limiting each athlete to two spectators. A map of where spectators are limited to will be attached to the athletic.net meet information page - spectators are not allowed outside the designated area. Masks must be worn at all times. Any spectator not honoring these rules will be asked to leave. You may also review spectator expectations at the end of this document.
- Coaches from visiting schools must help enforce mask rules with their parents, fans, athletes and other staff. Please advise your team and guests that they must wear a mask at all times and they will be asked to depart WPMS grounds if noncompliant.
- ADMISSION:** We will be charging \$10 per car rather than individual admission. For 2 spectators, this is less than the \$6 per person it would cost if we charged for individual entry. Please try to have exact change.
- ANIMALS & PETS:** Animals are not allowed at MHSAA events except service animals. This is a MHSAA rule.
- RESTROOMS:** Port-A-Potties will be located near parking lot P-1. No locker rooms will be available. Please do not enter WPMS buildings. Each school will be assigned a specific toilet. These will be disinfected between D1 and D3 sessions.
- TIMING:** Aldrich Timing will be providing their services for meet entry, timing & scoring. Each of your 10 athletes will be issued a bib number – **REMINDER:** only 7 may compete.
- OFFICIALS STATEMENT:** Sportsmanship: There will be no tolerance for negative statements or actions between opposing athletes or among team members and coaches. Trash talking, taunting or baiting of opponents or casual use of vulgarities will be especially watched for. If such comments are heard, a penalty will be assessed immediately.

For Coaches and athletes:

1. All athletes are wearing school issued uniforms.
2. Temporary body adornment is not allowed during competition.

3. Any visible garments underneath the uniform tops and/or bottoms are considered foundation garments which are not subject to logo, trademark, color, or length restrictions.
4. Athletes may wear knit stocking caps, ski bands, baseball style caps, or headbands or the hood of a one-piece suit or undergarment without regard to color and logo design.
5. If an athlete is using an atomizer in competition, a prescription must be shown to the meet referee.
6. If an athlete is wearing any item for medical reasons, it is advisable to have a doctor's note or prior MHSAA approval.
7. Remind all athletes that they must be and remain properly dressed, not to remove uniforms, within all restricted or competition areas (start area, finish area, popular cheering areas).
8. Competitors shall wear the assigned contestant number and/or computerized chips, unaltered, for the purposes of official timing and placing. Coaches please advise your athletes to not cover up their number in any way while they cross the finish line area. Stopping their watch when crossing the finish line causes video difficulties.

OFFICIALS

John Musulin

MEET MANAGERS:

Justin Thorington, Heritage Athletic Director; jgthorin@stcs.org; 989-797-1809
Gary Loubert, Heritage XC Coach; gvlakersls@gmail.com; 989-798-3722

We will have designated team camps at TC-1 - we will not use TC-2. We should be able to park everyone in P-1. May warm up on the track or at Arrowwood Elementary School - no warm up or cool down on the course.



Region 02-1 & Region 25-3 Spectator Information

Welcome to White Pine Middle School for your MHSAA Regional Final! Please note the following guidelines for your athlete's safety and in respect of our shared COVID guidelines.

- 1) Two spectators per athlete.
- 2) \$10 per car for admission.
- 3) Must wear a face mask any time you are outside of your personal vehicle.
- 4) Follow 6' social distancing expectations to the best of your ability.
- 5) You are only allowed in the areas outlined by on the map found below – areas A, B, & C.
 - a. Please respect signage & pennants indicating spectator boundaries
 - b. If you are off a hard surface, you are in a restricted area
 - c. Don't assume others who are in other areas of the course are restricted; they may be event workers, coaches, athletes, or others without the same restrictions imposed on general spectators.

If you are not following either of the 3 main expectations for spectators (numbers 3, 4, & 5 above), you will be asked to comply. If you fail to comply after being asked, you will be expected to leave campus.

