



Pre Regional Cross Country - October 23, 2020
South Christian High School
7979 Kalamazoo Ave SE, Byron Center, MI 49315

We are excited to host the Pre Regional Cross Country Meet on Friday. Please read the following and pass along to your coaches and anyone else that might need to know.

Parking:

We have attached an aerial map of our campus and have outlined where to park your bus(es), vans or whatever you bring. Please follow those guidelines and stay in that area for drop off and pick up. We will be charging \$10 per vehicle as you enter our campus. That spot is clearly marked on our aerial view photo on the email. Please make your community aware of this charge. We will open our campus starting at 3:00pm for your arrival as needed.

Warm Up/Pre Race:

Per the Executive Order (9/9) and the information from the MHSAA, if athletes are actively warming up, they do not need to wear a face covering. We will allow you to actively warm up on our course prior to your races. Our course is clearly marked with red (Mile 1), white (Mile 2) and blue (Mile 3) lines throughout.

Facial Coverings for Athletes:

Per the Executive Order that came out on 9/9 and the information from the MHSAA, the athletes no longer have to wear facial coverings while running or actively warming up or cooling down. We do ask that they keep their facial covering on at all other times.

Race Times:

- 4:00 - Boys
- 4:30 - Girls

Weather Day:

If weather would hit, we would delay as needed and continue to try and make the races happen. If it ever got to a point where we would need to reschedule, we would race on Saturday morning with the Boys at 10:00am and the Girls at 10:30am.

Merchandise Tent:

The MHSAA has supplied us with some gear and we will have that for sale in the merchandise tent which is labeled on the aerial view. Please make your teams and spectators aware of this option.

After the Race:

Please have your athletes move as quickly as possible through the chute and back to your "camp" or move onto their cool down. We need to avoid the mass gatherings at the finish line. Once they are done with their cool down, please make sure all facial coverings are back on. We will have volunteers

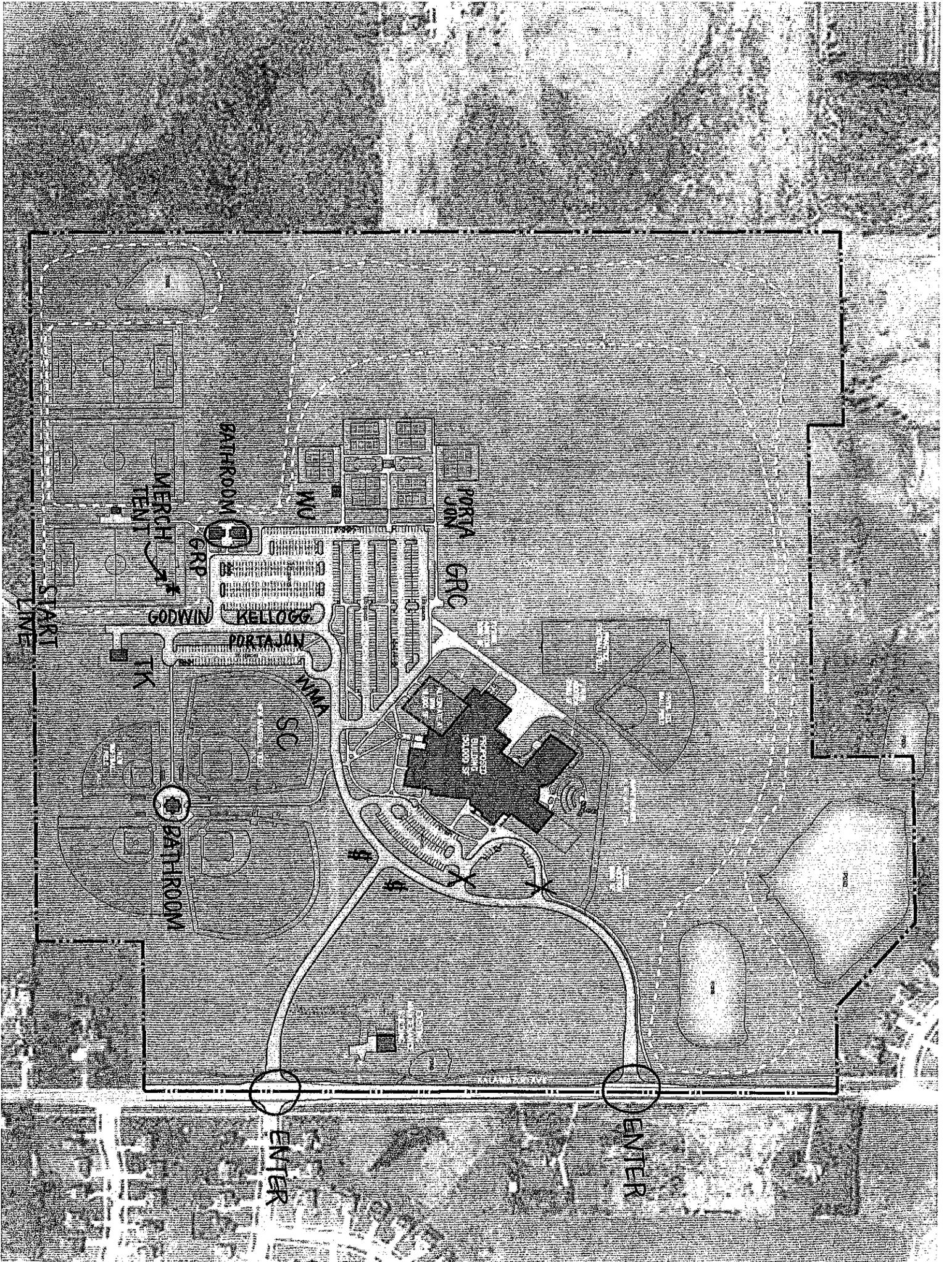
here to help this happen but thank you for communicating this with your teams in advance as well. We will have our athletic trainer near the finish line as needed.

Spectators:

We are allowing up to 1,000 spectators on Friday on campus. Each spectator is required to wear a facial covering at all times.

Bathrooms and Water:

We will have two bathrooms available with one by our finish line and one in our baseball and softball facility. We will also have two porta johns on campus. All of these areas are marked on the aerial view. We will not supply water so please have your athletes plan accordingly.



START LINE

MERCY TENT

BATHROOM

WU

PORTA JON GRC

GODWIN

KELLOGG

PORTA JON

TK

SC

WMA

S. ADAMS CENTER

BATHROOM

ENTER

ENTER

2020 MHSAA CROSS COUNTRY PRE-REGIONALS



EVENT-SHIRT - DARK HEATHER



\$20.00

EVENT LONG SLEEVE T-SHIRT - DARK HEATHER



\$25.00

ROAD TO THE FINALS FLECK HOODIE



\$50.00

E.A.

Graphics

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Merchandise

These items and a full line of
MHSAA Championship apparel is available
online at: shopmhsaa.com