

2020 Cross Country Regionals (D1-4, D4-33, D3-24 & D2-14)



Location: DeWitt High School, 13601 Panther Drive, DeWitt, Michigan 48820

Directions: Enter campus on Panther Drive from Clark Road. (Coming from I-69, take exit 85 to DeWitt, head south on DeWitt Road, turn right onto W. Clark Road, turn right onto Panther Drive. Buses will be asked to drop off student-athletes at their designated Team Area; buses are asked to park in the north lot.

Date: Saturday, October 31, 2020

Schedule: Boys run first in even years; Girls run first in odd years

Please NOTE the arrival times; team will NOT arrive prior to the designated time below

Strick enforcement of the times the course will be open for walk/run

8:00 AM	Arrival for D1
8:15-8:45 AM	Course Open to Walk/Run
9:00 AM	D1 Varsity Boys
9:30 AM	D1 Varsity Girls
10:00 AM	D1 Awards (Top 3 Teams + Top 7 Individuals not on a team)
10:00 AM	Arrival for D4
10:15-10:45 AM	Course Open to Walk/Run
11:00 AM	D4 Varsity Boys
11:30 AM	D4 Varsity Girls
12:00 PM	D4 Awards (Top 3 Teams + Top 7 Individuals not on a team)
12:00 PM	Arrival for D3
12:15-12:45 PM	Course Open to Walk/Run
1:00 PM	D3 Varsity Boys
1:30 PM	D3 Varsity Girls
2:00 PM	D3 Awards (Top 3 Teams + Top 7 Individuals not on a team)
2:00 PM	Arrival for D2
2:15-2:45 PM	Course Open to Walk/Run
3:00 PM	D2 Varsity Boys
3:30 PM	D2 Varsity Girls
4:00 PM	D2 Awards (Top 3 Teams + Top 7 Individuals not on a team)

Packet Pickup: Coach's Packets with competitor bibs, pins, and appeal forms will be available at the Information Tent located at the entrance to the DeWitt High School parking lot entrance

Course Map: The course map is available on Athletic.net; please forward on to parents or print and distribute them in advance

- Teams:** The following schools may be attending, either as a team or individual, based on Pre-Regional qualification:
- D1-4:** Battle Creek Central, Battle Creek Lakeview, Brighton, DeWitt, Detroit Catholic Central, East Lansing, Grand Ledge, Holt, Howell, Jackson, Lansing Waverly, Okemos, South Lyon, South Lyon East, Walled Lake Western
- D4-33:** Ashley, Bellevue, Carson City-Crystal, East Jackson, Fowler, Fulton, Lansing Christian, Livingston Christian, Morrice, Novi Christian Academy, Webberville, Whitmore Lake
- D3-24:** Bath, Brighton Charyl Stockwell Prep, Byron, Chesaning, Durand, Ithaca, Laingsburg, Montrose, New Lothrop, Ovid-Elsie, Perry, Pewamo-Westphalia, Potterville, St. Charles, St. Louis, Vermontville Maple Valley
- D2-14:** Charlotte, Corunna, Eaton Rapids, Fowlerville, Haslett, Jackson Northwest, Lake Odessa Lakewood, Lansing Catholic, Mason, Olivet, Owosso, Portland, St. Johns, Williamston
- Meet Manager:** Please direct questions and concerns to the meet manager using this contact information prior to meet day; on meet day, the meet manager (or representative) will be available at the finish line
Michael Brya, Athletic Director, bryam@dewittschools.net, (517) 668-3143
- Meet Officials:** Referee – Kim Spalsbury
Starter – Mike Nestell
Timer/Scorer – Chuck Block, Michigan Running Foundation
- Rosters:** Rosters and Master Eligibility must be submitted by October 16, 2020; please email to:
Michael Brya, Athletic Director, at bryam@dewittschools.net
- Opt-Out Date:** Schools not intending to participate in the Regional Meet must inform the Meet Manager and the MHSAA by October 16, 2020; email to bryam@dewittschools.net.
- Entries:** Each school is permitted one team in the Varsity Race. In accordance with MHSAA policy, entries are comprised of a roster submitted via Athletic.net online entry system for the meet. If you have not done so, create a free account on Athletic.net. Enter your Regional into your schedule. Click on that meet and then go to "Register Athletes." Please enter ONLY your **top seven (7) student-athletes** per MHSAA Tournament Information (for TEAMS ONLY). (Late changes can be made on meet day.) **Entries are DUE by 10/27/2020 at 6:00 PM (EST).**
- Regional Meet Electronic Entry Materials and instructions for on-line entry are on the MHSAA Website. Entry information must be placed online no later than 6:00 PM (EST) on Oct. 27, 2020 for LP at www.athletic.net. **Late entries** – A \$50 late fee must be paid to the Meet Manager before the contestant or team will be allowed to participate. The \$50 late fee shall be retained by the host school. There can be no late entries after the team starting line positions have been determined. Late fee checks should be made out to Dewitt High School.
- Disclaimer:** MHSAA Regional Cross Country information may be found online at MHSAA.com under the Cross Country page. The MHSAA Participating School Tournament Information and the MHSAA Cross Country Manager's Manual will be used to administer this Regional meet.
- *Please have your athletes to the starting line 10 minutes before the scheduled start of their race***
- Team Area:** Out of the health and safety of all student-athletes, coaches, and spectators, each team will have a predetermined Team Area. Each Team Area will have its own portable restroom to be shared by both boys & girls teams. Please keep tents and tarps within your designated area. **Absolutely no teams will be allowed to set up camp outside of the designated Team Area.** Please remind your student-athletes that they are on school grounds and therefore should remove all trash from their area at the end of the meet. Warm-up area is noted in **RED** on the map; please note the direction of the warm-up area.
- Uniforms:** Please remind your athletes that MHSAA rules governing uniforms & temporary adornment shall be upheld. Watches and jewelry is allowed.
- Coaching:** Per MHSAA mandate, coaches are NOT allowed to use any transportation aids such as bikes, scooters, etc. to move around the course.

Pets: **NO PETS ALLOWED** at Regional or State Championship meets. Please advise your cross country enthusiasts and families of team members.

Awards: The Award Ceremonies will take place in front of DeWitt High School (Door #1 / west entrance). Medals are awarded to the top 15 places in each Varsity race; 7 medals and a team trophy to the championship team from each division. If a student-athlete is not present for the awards ceremony, their coach should pick-up all medals earned before departing; medals will NOT be mailed.

Scoring: All events will be scored using Athletic.net. Traditional cross country scoring will be used. Runners will be given a number to wear on the front of their singlet. The number includes a tear off section at the bottom. Please check this for accuracy and report any mistakes to the scoring table located near the school marquee.

Results: Final results will be available for coaches 15 minutes after the completion of each race. A copy will be posted on the backside of the school marquee, near the awards area. The results will also be submitted to the MHSAA and Athletic.net for publication on their websites. Results will be posted. There will NOT be printed copies.

State Meet: **(A) Team Qualification** – The top 3 teams automatically qualify for the state championship meet.

(B) Individual Qualification – The top 7 individuals, who are not members of a qualifying team, shall qualify as individuals to the State Meet. If your team (or individuals) qualify to the State Meet be sure to pick up your State Meet packet prior to departing. State Meet packets will not be mailed.

Appeals: The Head Referee will be the final authority on judgments and interpretations of the rules. A Board of Appeals will be called if deemed necessary by the Head Referee and the Meet Manager. The Board of Appeals will consist of a men's head coach and women's head coach. If called, please respond immediately. All decisions by the Appeals Board will be final. Judgment call made by officials may NOT be appealed.

Security: Coaches please inform your athletes NOT TO LEAVE BAGS OR PERSONAL ITEMS UNATTENDED FOR LONG PERIODS OF TIME. It is preferred that student-athletes leave "gear bags" at their Team Area or on the bus. Meet personnel are instructed to pick up stray bags throughout the duration of the meet.

T-shirts: A limited number of event-specific merchandise from E. A. Graphics will be available.

Concessions: Concessions will NOT be available.

Medical Needs: There will be an athletic trainer on site. Ice and water will be available at the finish line.

Additional Information:

- Spectator admission fee is \$10 per vehicle (except school buses/school vans). No exceptions (i.e. parents transporting student-athletes, etc.). Cash only; please have exact amount. Spectators MUST wear a mask and physically distance AT ALL TIMES.
- Please set up your team tents in the designated Team Area. Don't make our volunteers or meet officials ask you to move. It's a hassle and annoyance for coaches, student-athletes, and meet personnel.
- Please warn parents NOT to crowd the finish area. It will be roped off, but this does not stop a determined parent. Please try to monitor your people so that they do not interfere with staff working at the finish line.
- Ask your athletes to collapse after they exit the chute as it makes everything a lot easier for our finish line workers. (They just ran 5000 meters, walking 50 more should not be an issue.) Runners should return to their Team Area immediately after racing; they are NOT allowed to gather at the finish line.
- Coaches, please enter runners that are capable of being competitive in a Regional race. It is a tight time schedule and waiting for non-competitive runners who are jogging the race places a real strain on the schedule. Results cannot be computed until the last runner has crossed the finish line. (A good reference point would be girls that cannot finish in under 30 minutes and boys that cannot finish in under 25 minutes.)

DeWitt High School XC Course

Herbison Road

Herbison Road



DeWitt High School

Athletic Director: Mike Brya

Phone: 517.668.3143

Fax: 517.668.3155

Please enter campus from Clark Road (south entrance). Drop off athletes at their designated Team Area & park in the north lot.

Schavey Road

DeWitt Road

DeWitt Middle School

Bus Parking

DeWitt Transportation



P

Pride Drive

Herbison Woods School

P

Tennis Courts



Schavey Road

DeWitt Road

Bus Parking

DeWitt High School



P

- | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|

BOX ASSIGNMENTS

Start

Finish

South Entrance

Clark Road

Clark Road





TEAM AREA & PARKING INFORMATION

DEWITT HIGH SCHOOL
13601 Panther Drive
DeWitt, MI 48820



Transportation Information:

- Bus drivers should enter from Clark Road on the South side of the High School (13601 Panther Drive) and should NOT arrive earlier than ONE (1) hour before the race
- Please drop-off and pick-up athletes at the designated Team Area (TA)
- Busses are asked to park in the north lot

Designated Team Areas (TA) & Individual Areas:

- Each Team Area will have its own portable restroom to be shared by both boys & girls teams
- Warm-up area is noted in **RED** on the map; please note the direction of the warm-up

TA 1 = DeWitt, East Jackson/Lansing Christian, Ithaca, Corunna

TA 5 = East Lansing, Livingston Christian, PW, Charlotte/Olivet

TA 2 = Lakeview/Holt, CC-Crystal, Laingsburg, Eaton Rapids

TA 6 = Grand Ledge, Morrice, Chesaning/OE, Lansing Catholic

TA 3 = Brighton, Fowler, Bath/Montrose, Fowlerville

TA 7 = Jackson/WL Western, Webberville, St. Louis, Mason

TA 4 = DCC/SL East, Fulton, New Lothrop, Haslett

TA 8 = Okemos, Whitmore Lake, Potterville/Perry, St. Johns

- Qualifying individuals may set up their area in the area in front of the school noted in **GREEN**. Individuals may use any one of the portable restrooms.

Contact Persons:

- Athletic Director – Michael Brya – cell: (517) 449-0865



Spectator Information Sheet – MHSAA Regional

Hosted by DeWitt High School

13601 Panther Drive

DeWitt, MI 48820

Saturday October 31, 2020

- The race schedule for the entire day is below. Teams and spectators are asked NOT to arrive before the designated time and asked to leave immediately following the awards ceremony.

8:00 AM	Arrival for D1	12:00 PM	Arrival for D3
9:00 AM	D1 Varsity Boys	1:00 PM	D3 Varsity Boys
9:30 AM	D1 Varsity Girls	1:30 PM	D3 Varsity Girls
10:00 AM	D1 Awards	2:00 PM	D3 Awards
10:00 AM	Arrival for D4	2:00 PM	Arrival for D2
11:00 AM	D4 Varsity Boys	3:00 PM	D2 Varsity Boys
11:30 AM	D4 Varsity Girls	3:30 PM	D2 Varsity Girls
12:00 PM	D4 Awards	4:00 PM	D2 Award

- Spectator admission fee is \$10 per vehicle, except school buses & school vans (in lieu of \$6 per person) and will be collected as spectators enter campus. No exceptions (i.e. parents transporting student-athletes, etc.). CASH ONLY; please have the exact amount (no change will be given).
- Spectators MUST wear a mask and physically distance AT ALL TIMES.
- Please park in designated spaces only and do NOT park on the grass.
- No pets are allowed. Animals or pets shall not be permitted to enter MHSAA tournament venues; including spectator and team areas. However, properly marked or documented service animals which are leashed or harnessed at all times may accompany spectators paying admission and attending with other approved team or school personnel. Individuals who bring service animals are asked to bring their own waste disposal bags and request special seating in advance of the event if this is needed.
- The Start/Finish line is located on the South Side of DeWitt High School.
- Public restrooms will NOT be available; portable restrooms are for participating teams only.
- Individual spectators and teams participating in MHSAA Tournaments are prohibited from streaming live video of any portion of an event over the Internet—including using social media platforms like Periscope and Facebook—or any other method.
- Use of alcohol or tobacco, including e-cigarettes or other smoking devices, is prohibited at MHSAA tournament events by players, coaches, and spectators.
- The use of unmanned aerial vehicles (“UAV”), also known as drones, is prohibited for any purpose by all persons at MHSAA tournament venues.
- Spectator Policies: The following general policies apply to spectators at MHSAA Cross Country Tournament events.
 - Air horns and whistles, along with body paint, are not allowed.
 - Recorded music may be played prior to the meet in the team area. (The volume must be such that it is not disruptive to those around the team area.)
 - Spectator Videotaping – Spectators may tape the event from their normal seating area but are not to interfere with the view of other spectators or news media personnel covering the activity. A manager is not required to provide electrical hook-ups; or tripod space and may arrange spectator videotaping from a designated location(s).

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10:00 AM	Arrival for D4	2:00 PM	Arrival for D2
11:00 AM	D4 Varsity Boys	3:00 PM	D2 Varsity Boys
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MHSAA Regional @ DeWitt High School (Saturday, October 31, 2020)

<u>TEAM</u>	<u>BOYS BOX #</u>	<u>BOYS START TIME</u>	<u>GIRLS BOX #</u>	<u>GIRLS START TIME</u>
Battle Creek Lakeview	10	9:00 a.m.	11	9:30 a.m.
Brighton	12	9:00 a.m.	7	9:30 a.m.
Detroit Catholic Central	9	9:00 a.m.	-----	-----
DeWitt	11	9:00 a.m.	12	9:30 a.m.
East Lansing	3	9:00 a.m.	8	9:30 a.m.
Grand Ledge	14	9:00 a.m.	4	9:30 a.m.
Holt	13	9:00 a.m.	14	9:30 a.m.
Howell	6	9:00 a.m.	5	9:30 a.m.
Jackson	7	9:00 a.m.	-----	-----
Lansing Waverly	15	9:00 a.m.	10	9:30 a.m.
Okemos	4	9:00 a.m.	13	9:30 a.m.
South Lyon	2	9:00 a.m.	9	9:30 a.m.
South Lyon East	8	9:00 a.m.	3	9:30 a.m.
Walled Lake Western	5	9:00 a.m.	6	9:30 a.m.
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Ashley	4	11:00 a.m.	-----	-----
Bellevue	10	11:00 a.m.	-----	-----
Carson City-Crystal	8	11:00 a.m.	13	11:30 a.m.
East Jackson	3	11:00 a.m.	9	11:30 a.m.
Fowler	12	11:00 a.m.	6	11:30 a.m.
Fulton	9	11:00 a.m.	7	11:30 a.m.
Lansing Christian	13	11:00 a.m.	5	11:30 a.m.
Livingston Christian	7	11:00 a.m.	4	11:30 a.m.
Morrice	6	11:00 a.m.	11	11:30 a.m.
Novi Christian Academy	14	11:00 a.m.	8	11:30 a.m.
Portland St. Patrick	-----	-----	3	11:30 a.m.
Webberville	11	11:00 a.m.	12	11:30 a.m.
Whitmore Lake	5	11:00 a.m.	10	11:30 a.m.
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Bath	12	1:00 p.m.	10	1:30 p.m.
Byron	-----	-----	8	1:30 p.m.
Charyl Stockwell Academy	11	1:00 p.m.	16	1:30 p.m.
Chesaning	7	1:00 p.m.	5	1:30 p.m.
Durand	-----	-----	6	1:30 p.m.
Ithaca	8	1:00 p.m.	15	1:30 p.m.
Laingsburg	3	1:00 p.m.	3	1:30 p.m.
Montrose	4	1:00 p.m.	2	1:30 p.m.
New Lothrop	9	1:00 p.m.	7	1:30 p.m.
Ovid-Elsie	-----	-----	11	1:30 p.m.
Perry	6	1:00 p.m.	4	1:30 p.m.
Pewamo-Westphalia	5	1:00 p.m.	14	1:30 p.m.
Potterville	14	1:00 p.m.	9	1:30 p.m.
St. Charles	-----	-----	1	1:30 p.m.
St. Louis	10	1:00 p.m.	13	1:30 p.m.
Vermontville Maple Valley	13	1:00 p.m.	12	1:30 p.m.
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Charlotte	9	3:00 p.m.	11	3:30 p.m.
Corunna	3	3:00 p.m.	5	3:30 p.m.
Eaton Rapids	10	3:00 p.m.	2	3:30 p.m.
Fowlerville	15	3:00 p.m.	12	3:30 p.m.
Haslett	5	3:00 p.m.	3	3:30 p.m.
Jackson Northwest	7	3:00 p.m.	14	3:30 p.m.
Lake Odessa Lakewood	8	3:00 p.m.	4	3:30 p.m.
Lansing Catholic	6	3:00 p.m.	10	3:30 p.m.
Mason	12	3:00 p.m.	9	3:30 p.m.
Olivet	11	3:00 p.m.	7	3:30 p.m.
Owosso	2	3:00 p.m.	13	3:30 p.m.
Portland	4	3:00 p.m.	-----	-----
St. Johns	13	3:00 p.m.	6	3:30 p.m.
Williamston	14	3:00 p.m.	8	3:30 p.m.



2020 CROSS COUNTRY REGIONAL CHAMPIONSHIPS

OFFICIAL MERCHANDISE SUPPLIER OF THE **MHSAA** CHAMPIONSHIPS

T-SHIRT - HEATHER NAVY



\$20.00

LONG SLEEVE TEE - HEATHER NAVY



\$25.00

HOODIE - HEATHER NAVY



\$40.00

CROSS COUNTRY THING - BLACK



\$20.00

SHOES MORE MILES - SAFETY ORANGE



\$25.00

PANTS - GRAPHITE HEATHER



\$30.00

HATS



\$20.00

**Shop online
for these items
and all
Championship
apparel!**

shopmhsaa.com

PINS



\$5.00

NO REFUNDS - EXCHANGES ONLY