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Grand Rapids Area & Kingsford

2021 MHSAA Track & Field Finals

June 1

Welcome

WWRSAA Finals! This is a classroom like no other, and now is the time for the final exam. Like the academic classroom, some have had good fortune along



the way getting here; others have overcome adversity. Even today, a good bounce or a bad bounce will occur.

Your athletic skills are put to the test, but more importantly, your discipline will be challenged as well. To wait for the exact moment, use the right touch, make the right cut.

Discipline also means testing your people skills. To embrace our diverse opponents as equals, and to employ common decency – every – single – moment. Win or lose.

That's the beauty of educational athletics. The takeaways today are not the trophies and medals, but the life lessons learned and applied.

Good luck to all!

— Mark Uyl MHSAA Executive Director

MHSAA Programs and Scope

Clearing Hurdles



After the cancellation of spring sports in 2020, the 2021 MHSAA Track and Field season cleared all hurdles en route to Finals destinations around the state this weekend.

INSIDE the mhsaa track & field finals

2019 Finals Review
2019 LP Division 1 Team Champ
2019 LP Division 2 Team Champ
2019 LP Division 3 Team Champ10
2019 LP Division 4 Team Champ12
2019 UP Division 1 Team Champ
2019 UP Division 2 Team Champ
2019 UP Division 3 Team Champ
Final Meet Records
Finals Notes

MHSAA Finals programs are produced by the Michigan High School Athletic Association, Inc., 1661 Ramblewood Drive, East Lansing, Mich.; Executive Director Mark Uyl. The Finals program series is designed by Rob Kaminski, and edited by Kaminski and Geoff Kimmerly. The rest of the MHSAA staff includes: Tony Bihn, Jordan Cobb, Sam Davis, Andy Frushour, Nathaniel S. Hampton, Scott Helmic, Dan Hutcheson, Cody Inglis, Camala Kinder, Cole Malatinsky, Peggy Montpas, Andrea Osters, Thomas M. Rashid, Brent Rice, Laura Roberts, Jon Ross, Adam Ryder, Jamie VanDerMoere, Faye Verellen, Tricia Wieferich, Kathy Vruggink Westdorp, Paige Winne, and Karen Yonkers.

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SAVING THE BEST FOR LAST

Oak Park got its lone win of the 2019 Finals in the last event to get the Division 1 team title.

The Oak Park girls track \mathcal{E} field team won the final event of Saturday's MHSAA Lower Peninsula Division 1 Finals.

■ of Saturday's MHSAA Lower Peninsula Division 1 Finals. That victory in the 1,600 relay was the Knights' lone victory of the meet. However, a lack of individual winners didn't prevent them from going back-to-back as overall champions.

Oak Park's depth was on display as it scored 74 points to win the Finals at East Kentwood High School. Detroit Renaissance took runner-up with 71 points, while Rockford was third with 69.

The Knights have won five Division 1 titles over the last six years.

"A complete team win, and we were solid across the board," Oak Park coach Brandon Jiles said. "I think it's the first championship we've won where we've only won one event, but they placed in everything else so it worked out for us. It was a great meet."

Oak Park won the 1,600 relay with Jayla Jones, Tamyra Todd, Kourtney Kennard and Chloe Vines in a meet recordbreaking time of 3:45.13.

"I'm so humbled and excited," Vines said. "I'm proud of myself because there are times I don't think I'm capable of doing certain things, but my teammates trusted me. The girls with me are all underclassmen and they are so motivational and inspiring. They make me want to do great."

Jiles believed his team had the talent and depth to win even without notching first-place finishes.

"We were really balanced across the board this year," Jiles said. "We weren't exceptional in anything, but we were really good in a lot of things.

"It's a little bit sweeter when you can win a tight battle with two other great teams. Renaissance was outstanding in sprints, and Rockford was amazing with their distance and overall team. I have a lot of respect for those teams, and we had to get the best out of our kids to even think about winning."

Rockford senior Ericka VanderLende won the 1,600 (4:41.00) and 3,200 (10.24.57) and was runner-up in the 800.



In Division 2, Corunna took the title with 54 points, while Holland Christian was second with 49. Corunna was carried by a standout day from junior Hannah Hollister, who won individual titles in the 300-meter hurdles (44.12) and 200 meters (25.26). She also anchored a 400-meter relay winner and took third in the 110 hurdles, won by Marysville's Kaia Scheffler.

Division 3 saw Shepherd senior Amber Gall win the 800meter run and the 1,600, and help her team to a first-place finish in the 3,200 relay (9:33.89). But, it was Pewamo-Westphalia winning its first team title since 2015 and fourth overall as it finished with 45 points. No Pewamo-Westphalia athlete placed first, but two of its relays, in the 800 and 3,200, placed second.

In Division 4, Fowler successfully repeated as meet champions with a narrow eight-point win over runner-up Pittsford. The title was Fowler's third in four years and fifth since 2011.

Fowler finished with only two first places, both by Alyssa Vandegriff, but added three seconds, a third and two fourths.

– Dean Holzwarth Special for Second Half

Gladstone Team Effort Takes UP Division 1 Crown

The Gladstone Braves won the 2019 MHSAA Upper Peninsula Division 1 Boys meet with 127 points, 30 ahead of both Ishpeming Westwood and Marquette – the runners-up in Gladstone's league title wins. The Braves also broke a four-year Finals winning streak for Marquette, the UP's largest school with 950 students – twice as many as Gladstone's 460.

Gladstone had 40 athletes on its team, and just fewer than half – 18 – qualified for the Finals during the Braves' 24-point win at their May 16 Regional. Of that 18, 15 placed among the top six to score in their events at the June 1 Finals.

This Braves team enjoyed an important variety of talented athletes – with a boost from a comeback by one of the program's best all-time. Adam Bruce had hip surgery in January and didn't start racing again until May. But whereas Gladstone didn't place anyone in the 1,600 and 3,200 during the 2013 title run, Bruce won both races this time both at the Regional and Finals. He didn't get up to speed to break his school records set in both in 2018, but still came through with 20 points at the championship meet.

Calvin Thibault repeated as winner in both hurdles races and took third in the 100 and second in the 200. Sophomore Blake Servant won the discus by more than five feet, and junior Luke Van Brocklin just missed breaking the school record in the 400 while finishing second in a fast, tightly-contested race. Senior hurdler/sprinter James McKnight and junior thrower Greg Chenier also placed in multiple individual events.

The Division 2 championship went to Ishpeming for the fifth title in six years, followed by Newberry at 84 and Norway with 75 points. Ishpeming was led by junior Jonah Broberg, who won the 800-meter run and the 1,600 (4:45.81), and placed second in the 3,200 run (10:38.7).

In Division 3, Bessemer's 136 points were enough to comfortably win its second straight Finals after taking second place in 2017. Bessemer's Uriah Aili set Division 3 UP Finals records in the 800, 1,600 and 3,200. Aili's 800 was timed at 1:59.93, beating his own record (2:01.08) from 2018. He set the 1,600 record with a time of 4:28.68, five seconds faster than Cedarville's Thomas Bohn ran in setting the previous record in 2018.

– John Vrancic and Adam Niemi, Special for Second Half



Gladstone's Adam Bruce wins the 3,200-meter run.

2019 Finals Review

Marquette Regains Championship Form - John Vrancic and Adam Niemi, Special for Second Half

The race for the 2019 Upper Peninsula Division 1 girls track & field championship came down to the wire as Marquette edged reigning champion Negaunee 106-100. Marquette secured its eighth title in nine years by winning the 1600-meter relay in four minutes, 14.58 seconds.

Negaunee, which held a three-point lead going into the day's final race, took sixth in the 1,600.

"What a day," said Marquette coach Natalie Messano. "It was a battle all day. Negaunee has a great team. It's real stressful as a coach, although I had faith in our girls. We had our eye on the trophy. But they made us work for it, that's for sure."

Negaunee gained the upper hand in the previous race with juniors Emily Paupore and Talon Prusi going 1-2 in the 3,200 run on this sunny and warm day at Flivver Field.

Paupore retained her 3,200 title in 11:57.64, with Prusi at 12:32.67 and Marquette sophomore Josie Danielkiewicz third (12:36.32).

Marquette swept the relays, also taking the 400 (52.06), 800 (1:49.55) and 3,200 (10:07.44).

Emily Paupore added firsts in the 800 (2:23) and 1,600 (5:16.79). Norman won high jump at five feet, long jump (16-1) and 300 hurdles (45.56) and was runner-up to Menominee sophomore Mackenzie Wellner (16.43) by just more than half a second in the 100 hurdles.

The Division 2 Final again went to St. Ignace, as the Saints achieved a three-peat in convincing fashion with 130 points, followed by Ishpeming with 61 and Bark River-Harris at 54.

St. Ignace grabbed seven firsts, including a trio by Libby Becker.

The senior distance ace captured the 800-meter run in two minutes, 23.1 seconds; 1,600 (5:20.63) and 3,200 (12:13.88).

"It was really hot," said Becker, who plans to run track and cross country at Michigan State in 2019-20. "The heat kind of got to me. My main goal was just to win the 3,200. I was pretty happy with my 800 and 1,600. Madeleine (Peramaki) really helped me with those."

Lake Linden-Hubbell also cruised to its third straight MHSAA Division 3 UP Finals championship. The Lakes scored 112 points, well ahead of runner-up Felch North Dickinson's 62.

The Lakes' third straight title came on the strength of gritty determination and hard work, embodied by Sienna Anderson's comeback from an ACL injury a year ago. She took second in the 100 hurdles behind Brimley's Hayley Gamberdella.

The Lakes took five firsts including wins in the 400 meter and 1,600-meter relays. Mariah Willmer won the 800 run. Jamie Hendrickson won the high jump, and Camaryn Crouch won the pole vault.

Depth Helps Zeeland West to Win

On the heels of three event wins, Zeeland West earned the MHSAA LP Division 2 team title with 53 points, topping Yale (37), Fruitport (33), Dearborn Divine Child (27) and Corunna (26). "That means we have won every meet we have been to this year," said Zeeland

"That means we have won every meet we have been to this year," said Zeeland West's Ethan Brooks, the only individual champion for the Dux. "It is awesome."

Zeeland West won the 400 relay at 43.51 seconds, and the 800 relay at 1:29.29. Brooks won the 300 hurdles at 39.38, edging Fruitport junior Ethan Flores by one hundredth of a second in his quest for a second title on the afternoon. Meanwhile, Flores took the110 hurdles in14.53.

From great-grandparents and former coaches to a mother and a son, athletes at this event became champions in honor of some of their loved ones.

Take senior Emari O'Brien of Harper Woods Chandler Park, who became the 100-meter Division 2 champion at 10.97 seconds in honor of former coach Paul Zelmanski, who died in January.

"This whole time I've been running, he told me I was going to win it one year," said O'Brien, who wrote "For Z" on his shoes. "Last year when I (took second place), he said next year when you come back, you're going to win it for sure."

Flores said he had his family, in particular his great-grandmother, on his mind in the starting blocks for the 110 hurdles. All athletes endured a three-and-a-half-hour delay and then another of 45 minutes as storms crept off Lake Michigan. Then, a final delay of more than two hours pushed the event to a 12-hour affair.

Saginaw senior Tony Martin jumped 22-11.25, winning his second straight Division 2 title. That distance came, he said, despite missing the whole board on the championship jump. Martin credited his mother, Kishon, for pushing him through hard times this year, including a pulled hamstring that hampered his season. He also said his son, Isaiah, has been an inspiration.

In Division 1, East Kentwood used recent history as inspiration, notching the school's third team crown in a row, scoring 63.5 points in winning the Finals for the eighth time in 11 years. The Falcons also won three consecutive championships from 2009-11. The Falcons did so despite winning only three events. East Kentwood claimed top honors in the 800 and 1,600 relays, while Stephan Bracey won the long jump (24-1.25).

In one of the more closely-contested Finals, Ithaca won the Division 3 team title with 45 points, one more than runners-up Pewamo-Westphalia and Saugatuck. Harbor Springs placed fourth with 43 points and New Lothrop and Kent City each had 33 to finish in a tie for fifth.

Ithaca did not score any points in the meet's final event, the 1,600 relay. Harbor Springs won that event to garner the 10 points and make a final move up the standings. Pewamo-Westphalia placed third in the 1,600 relay and missed an opportunity to win the team competition. Had the Pirates placed second, they would have earned eight points and won the title by one over Ithaca.

In addition to Allen's fine finishes in the two distance races, Ithaca received valuable points in the field events. Alex VanDeWeghe won the shot put at 59 feet, 7 inches, and placed fifth in the discus. Ithaca's Baylee Chaffin placed second in the discus with a throw of 161 feet, 1 inch.

In Division 4, he Kalamazoo Hackett overcame small numbers to repeat as champion. Despite having just nine athletes competing, Hackett finished with 64 points to 46 for runner-up Southfield Christian. A year earlier, Hackett had six athletes on its Finals roster and finished with 51 points, 15 more than second-place Sand Lake.

Leading the Irish was senior Heath Baldwin, who won the 110 hurdles (14.84), 300 hurdles (40.13) and high jump (6-6) while taking third in the long jump. Baldwin, who said he would never give up competing in four events, finished with 36 points.

- Matt Schoch, Special for Second Half





Molly Welch runs her leg of the

Redettes' winning 3,200 relay.



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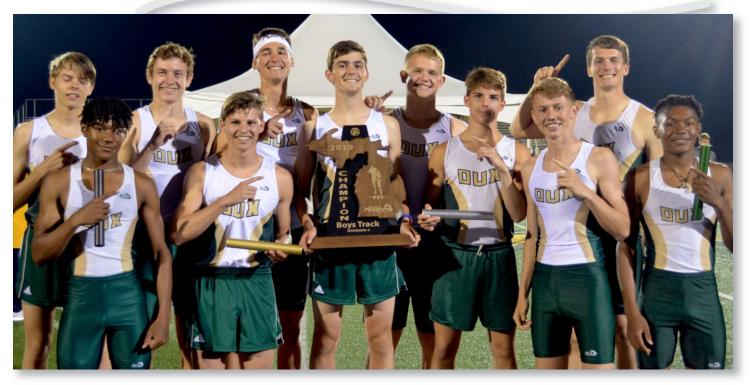
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Scholar-Athlete Class of 2021

he Michigan High School Athletic Association/Farm Bureau Insurance Scholar-Athlete Award has been recognizing the top student-athletes for 32 years. Applicants for the Scholar-Athlete Award must meet the following criteria: A minimum cumulative grade-point average of 3.5 on a 4.0 scale; and must have previously won a varsity letter. Applicants also show involvement in other school and community activities; submit two letters of recommendation and a 500-word essay on the importance of sportsmanship in educational athletics.

Recipients of the 2020-21 Scholar-Athlete Award receive a \$1,000 college scholarship to be used at the college, university, or trade school of their choice during the 2021-22 school year. This year, a total of 1,356 applications from 418 schools were received for the 32 scholarships. Class A students were guaranteed 12 winners, Class B eight winners, Class C six winners and Class D four winners. Two at-large winners were also selected.

All scholarship recipients will be honored in a virtual ceremony later this spring. Details and a video of the ceremony will be posted on MHSAA.com.



Wilson Bragg Gladwin Class B



Michaela Castle Ionia Class A



Audrey DaDamio Birmingham Seaholm Class A



Aidan Eichman Portage Central Class A



Nicholas Errer Bad Axe Class C



Finn Feldeisen Ann Arbor Greenhills Class C



Jäeger Griswold Ellsworth Class D





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Lawrence Gilliam Detroit U-D Jesuit Class A



David Jahnke Saginaw Valley Lutheran Class C



Haleigh Knowles Sault Ste. Marie Class B



Madeline Kohler Grosse Pointe North Class A



Andrea Kowalski Chelsea Class B



Meagan Lasky Bronson Class C



Olivia Lowe Leland Class D



Dhilan Nagaraju Bloomfield Hills Cranbrook Kingswood Class B



Laura O'Brien Ann Arbor Skyline Class A



Troy Pratley St. Joseph Class A



Caleb Qiu Midland Dow Class A



Sophia Rayes Oscoda Class C



Elena Schwegman Pontiac Notre Dame Prep Class B



Wyatt Sirrine Leland Class D



Liam Smith Rockford Class A



Emily Song Canton Class A



Sophia Stowe Northport Class D



Ryan Tang Detroit Country Day Class B



Illyanna Marie Taylor Three Rivers Class B



Maxwell Werner Traverse City Central Class A



Elizabeth M Williams Ishpeming Westwood Class C



Zoe Ziegler Okemos Class A

Student Advisory Council Aids MHSAA

he Student Advisory Council is a 16-member group which provides feedback on issues impacting educational athletics from a student's perspective, and also is involved in the operation of Association championship events and other programming. Members of the Student Advisory Council serve for two years, beginning as juniors. Eight new members are selected annually to serve on the SAC, with nominations made by MHSAA member schools. The incoming juniors join the group of eight seniors-to-be appointed a year earlier.

Selected to begin serving on the Student Advisory Council in 2020-21 are: Brinlee Barry, Caledonia; Faith Breinager, Frankenmuth; Amina Ferris, Dearborn; Nico Johnson, Britton Deerfield; Brenna Kosal, Peck; Ashton McNabb, Three Oaks River Valley; Brock **Porter**, Orchard Lake St. Mary's; and Melik Williams, Ypsilanti Lincoln.

Those eight new members were selected from a record-high 179 applicants, twice as many as generally apply for SAC positions every year.

The first Student Advisory Council was formed for the 2006-07 school year. With the addition of this class beginning this summer, members will have represented 117 schools from 45 leagues plus independent schools that do not play in a league. Combined, the new appointees have participated in nine MHSAA sports, and seven will be the first SAC members from their respective schools.

The new additions to the SAC join the Class of 2021 members who were selected in 2019: Pierre Brooks II, Detroit Douglass; Macy Brown, Cadillac; Lydia Davenport, Ithaca; Freddy Kopplow, Traverse City St. Francis; Colin McAuliffe, Salem; Avery Peters, Mason; Abbey Pheiffer, Novi; and Landen Thompson, Stevensville Lakeshore.



Brinlee Barry





Amina Ferris



Colin McAuliffe



Brenna Kosal



Brock Porter



Faith Breinager

Nico Johnson

Ashton McNabb

Landen Thompson



Macy Brown



Freddy Kopplow







Avery Peters



Melik Williams

Student Advisory Council Belief Statement

As the voice of Michigan's student-athletes, the Student Advisory Council's role is to convey the message of how high school sports are supposed to be played. We are responsible for helping the MHSAA maintain a positive and healthy atmosphere in which interscholastic athletes can thrive.

We believe athletes should be competitive, sportsmanlike and excel academically. We believe students in the stands should have fun, but not take the focus away from the game. We believe coaches should act as teachers, helping student-athletes develop while still keeping high school sports in perspective. We believe that parents should always be positive role models and be supportive of their child's decisions. We believe officials commit their own time to high school sports and respect should always be shown and given to them.

The most important goal for student-athletes is to enjoy high school sports while keeping a high level of respect between all those involved in the games.

The MHSAA Representative Council

The Representative Council of the Michigan High School Athletic Association is the body assembled to carry out the wishes of member schools. The Council meets several times annually to discuss and pass legislation concerning interscholastic athletics in Michigan.

The Representative Council is made up of 19 members, with all but five elected by a vote of MHSAA-member schools to represent different geographic regions, different sizes of schools, nonpublic schools, and junior and middle schools. Two members are elected to statewide at-large positions. Four members are appointed by the Council to facilitate representation of females and minorities, and the 19th position is occupied by the Superintendent of Public Instruction or his/her designee.

The officers and two other representatives form the MHSAA's Executive Committee, which meets on a monthly basis during the school year to review eligibility appeals and other current business.



Representative Council Members

Eric Albright** Athletic Director Midland High School Class A-B — Northern Lower Peninsula

Jay Alexander*

Executive Director of Athletics Detroit Public Schools Detroit Public Schools Position

Nicole Carter**

Principal Novi High School Appointee

Judy Cox**

Principal Auburn-Bay City Western High School Appointee

Scott Grimes**, President

Assistant Superintendent of Human Services Grand Haven Public Schools Statewide At-Large

Kyle Guerrant (ex-officio) Deputy Superintendent, Finance Operations Michigan Dept. of Education, Lansing Designee

Don Gustafson*

Superintendent St. Ignace Area Schools Junior High/Middle Schools **Kris Isom*** Athletic Director Adrian Madison High School Appointee

Sean Jacques** Assistant Principal/Athletic Director Calumet High School Class C-D — Upper Peninsula

Karen Leinaar* Athletic Director Bear Lake High School Statewide At-Large

Mark Mattson**

Athletic Director Maple City Glen Lake High School Class C-D — Northern Lower Peninsula

William McKoy* Athletic Director Romulus Summit Academy North Appointee

Jason Mensing* Athletic Director Ottawa Lake Whiteford High School Class C-D — Southeastern Michigan

Vic Michaels**, Secretary-Treasurer Director of Physical Education & Athletics Archdiocese of Detroit Private and Parochial Schools Chris Miller* Athletic Director Gobles High School Class C-D — Southwestern Michigan

Steve Newkirk, Vice President** Principal Clare Middle School Junior High/Middle Schools

Chris Riker** Athletic Director Portage Northern High School Class A-B — Southwestern Michigan

John Thompson** Athletic Director Brighton High School Class A-B — Southeastern Michigan

Alex Tiseo* Athletic Director Marquette High School Class A-B — Upper Peninsula

*Term Expires December 2021 **Term Expires December 2022

Note: The Lower Peninsula changed from Classes to Divisions in 2000; the Upper Peninsula switched to Divisions in 2001. All individual Class records are now retired.

Boys MHSAA Final Meet Metric Records

Note: All times listed in hundredths are clocked FAT (fully automated timing); times listed in tenths are hand times and have been moved up (per rule) to the next highest tenth. Bold items are Finals Meet records, regardless of class or division. All Imperial (yard) running event records have been retired. (The Lower Peninsula changed from Classes to Divisions in 2000; the Upper Peninsula switched to Divisions in 2001. All individual Class records are now retired.

100-METER DASH

100-METER DASH	
LP Division 1:	10.53, Khance Meyers, East Kentwood, 2017
LP Division 2:	10.44, Clint Allen, Muskegon Orchard View, 2006
LP Division 3:	10.76, Kim Thompson, Detroit Country Day, 2003
LP Division 4:	10.70, Nolen Bright-Mitchell, Concord, 2014
LP Class A:	10.55, Allen Jefferson, Warren DeLaSalle, 1986 (FAT time)
	10:4, Corey Pryor, Jackson, 1987 (Manual time)
LP Class B:	10.61, Robert Harris, Ypsilanti Willow Run, 1987
LP Class C:	10.72, Ryan Harris, Buchanan, 1996
LP Class D:	10.5, Larry Jordan, Detroit St. Martin dePorres, 1980
UP Division 1:	10.95, Garrett Pentecost, Marquette, 2012
UP Division 2:	10.78, Steve Schmidt, Stephenson, 2002
UP Division 3:	11.12, Travis Bellefeuille, Bark River, 2001
UP Class A-B:	10.9, Todd LaCosse, Escanaba, 1987
UP Class C:	11.06, Bradley Ruleau, Stephenson, 1997
UP Class D:	10.9, Mike Thiry, Carney-Nadeau, 1986
UF CIASS D.	10.3, Mike Thily, Carney-Naueau, 1900
110-METER HIGH H	
LP Division 1:	13.65, Kenneth Ferguson, Detroit Mumford, 2002
LP Division 2:	13.70, Josh Hembrough, Grand Rapids Forest Hills
	Northern, 2007
LP Division 3:	14.23, Jackson Blanchard, Houghton Lake, 2018
LP Division 4:	14.33, Blake Dunn, Saugatuck, 2016
LP Class A:	13.6, Thomas Wilcher, Detroit Central, 1982
LP Class B:	13.7, Tyrone Wheatley, Dearborn Hts. Robichaud, 1991
LP Class C:	14.31, Adam Lyon, Mesick, 1999
LP Class D:	14.3, Fran Turner, St. Joseph Lake Michigan Catholic,
	1993; Greg Kapus, Brethren, 1993; Dan Stanley,
	Marcellus, 1983
UP Division 1:	14.75, Matt Wise, Calumet, 2001
UP Division 2:	15.34, Tony Cook, Munising, 2003
UP Division 3:	14.96, Andy Cooper, Munising, 2015
UP Class A-B:	14.6, Corey Potvin, Escanaba, 1988
UP Class C:	14.99, Derek Sandahl, Stephenson, 1997
UP Class D:	15.0, Jon Gollakner, Crystal Falls Forest Park, 1987;
	Steven Peffers, Pickford, 1972
200-METER DASH	
LP Division 1:	21.20, Donnie James, Oak Park, 2018
LP Division 2:	21.36, Kassius Kelly, Livonia Clarenceville, 2012
LP Division 3:	21.76, Thomas Robinson, Wyoming Lee, 2017
LP Division 4:	21.62, Nolen Bright-Mitchell, Condord, 2014
LP Class A:	21.0, Anthony Mahone, Detroit Denby, 1984
LP Class B:	21.5, Andreas Laut, Dexter, 1980
LP Class C:	21.81, John Mack, New Haven, 1996
LP Class D:	21.75, Robert Willhight, Detroit East Catholic, 1984
UP Division 1:	22.42, Matt Wise, Calumet, 2001
UP Division 2:	22.70, Paul Davis, St. Ignace, 2006
UP Division 3	22.73, Mike Schmaus, Ontonagon, 2010
	00.0 Taddd - 0

UP Class A-B: 22.2, Todd LaCosse, Escanaba, 1987

- UP Class C: 22.5, Greg Londo, Gwinn, 1998
- UP Class D: 22.3, Mike Thiry, Carney-Nadeau, 1986

300-METER HURDL	ES
LP Division 1:	35.90, Kenneth Ferguson, Detroit Mumford, 2002
LP Division 2:	37.46, Richard Bowens, Orchard Lake St. Mary's, 2016
LP Division 3:	37.30, Chris Teitsma, Allendale, 2010
LP Division 4:	38.31, Blake Dunn, Saugatuck, 2016
LP Class A:	37.59, Howard Triplett, Lansing Sexton, 1991
LP Class B:	38.0, John Bennink, Coopersville, 1998
LP Class C:	38.97, Pete Moe, Constantine, 1996
LP Class D:	39.46, Todd Richards, Reading, 1990
UP Division 1:	39.74, Kenner Broullire, Manistique, 2012
UP Division 2:	39.35, Kenner Broullire, Manistique, 2013
UP Division 3:	40.13, Andy Cooper, Munising, 2015
UP Class A-B:	40.5, John Schneider, Sault Ste. Marie, 1988
UP Class C:	39.96, Matt Chambers, Houghton, 1997
UP Class D:	40.6, John Richard, Iron Mtn. North Dickinson, 1994, 1995
400-METER RELAY	
LP Division 1:	41.20, Rockford, 2017
LP Division 2:	42.30, Detroit Renaissance, 2008
LP Division 3:	43.14, Sanford Meridian, 2016
LP Division 4:	43.32, Detroit St. Martin dePorres, 2005
LP Class A:	41.77, Lansing Everett, 1985
LP Class B:	42.6, Ypsilanti Lincoln, 1983
LP Class C:	42.8, Detroit Lutheran West, 1982
LP Class D:	43.6, Detroit East Catholic, 1983
UP Division 1:	43.78, Kingsford, 2010
UP Division 2:	45.03, Newberry, 2017
UP Division 3:	45.67, Rock Mid-Peninsula, 2007
UP Class A-B:	44.6, Kingsford, 1991
UP Class C:	44.4, Ishpeming Westwood, 1984
UP Class D:	45.0y, Pickford, 1978
400-METER DASH	
LP Division 1:	47.00, Ricco Hall, East Kentwood, 2012
LP Division 2:	47.94, Stephen Murphy, Madison Hts. Lamphere, 2009
LP Division 3:	48.17, Jaylen Ghoston, Madison Heights Madison, 2014
LP Division 4:	49.34, Blake Washington, Southfield Christian, 2015
LP Class A:	46.6, Omar Davidson, Mt. Clemens, 1984
LP Class B:	47.9, Brad Manor, Standish-Sterling, 1998
LP Class C:	48.22, John Mack, New Haven, 1996
LP Class D:	48.99, Jeff Morris, Detroit Servite, 1987
UP Division 1:	48.91, Justin Wiles, Escanaba, 2005
UP Division 2:	49.34, Nick Zweifel, Norway, 2004
UP Division 3: UP Class A-B:	51.40, Andrew Mettler, Bessemer, 2005
UP Class A-B.	49.9, Robin Martin, Marquette, 1994 49.62, Greg Londo, Gwinn, 1998
UP Class D:	51.0y, Tim Freebury, Cedarville, 1978
	or.oy, fill freeduly, Oedarville, 1970
800-METER RELAY	4 00 07 5 1/4 1 1 0047
LP Division 1:	1:26.07, East Kentwood, 2017
LP Division 2:	1:27.71, Orchard Lake St. Mary's, 2016
LP Division 3:	1:27.95, Detroit Country Day, 2006
LP Division 4: LP Class A:	1:29.69, Redford Bishop Borgess, 2001
	1:25.0, Detroit Cass Tech, 1994
LP Class B:	1:28.3, Detroit U-D Jesuit, 1993 1:29.1 Detroit Lutheran West, 1982
LP Class C: LP Class D:	1:29.1, Detroit Lutheran West, 1982 1:29.92, Detroit East Catholic, 1984
UP Division 1:	1:30.73, Kingsford, 2010
UP Division 2:	1:33.18, St. Ignace, 2009; Norway, 2004
UP Division 3:	1:35.03, Rock Mid-Peninsula, 2001
UP Class A-B:	1:32.2, Menominee, 1981
UP Class A-B.	1:32.7, Ironwood, 1982
J. JIUUU V.	

1:35.0, Powers North Central, 1980

UP Class D:

800-METER RUN	1,49,09 Densuan Brazier, Crand Banida Kanawa Hillo 2015	3,200-METER RUN	8:42 22 Dethen Bitzenhein, Beekferd, 2001
LP Division 1: LP Division 2:	1:48.98, Donavan Brazier, Grand Rapids Kenowa Hills, 2015 1:51.76, Tommy Brinn, Otsego, 2008	LP Division 1: LP Division 2:	8:43.32, Dathan Ritzenhein, Rockford, 2001 8:55.57, Noah Jacobs, Corunna, 2016
LP Division 3:	1:53.81, Brian Patrick, Bridgman, 2017	LP Division 3:	9:08.04, Evan Goodell, St. Louis, 2017
LP Division 4:	1:54.06, Liam Boylan-Pett, Bath, 2004	LP Division 4:	9:22.07, Stephan Shay, Central Lake, 2004
LP Class A:	1:50.63, Rick Gledhill, Mt. Clemens Chippewa Valley,	LP Class A:	8:59.2, Brian Grosso, Walled Lake Western, 1989
	1988	LP Class B:	9:11.6, Mark Smith, Cadillac, 1981
LP Class B:	1:52.1, Randy Helling, Stevensville Lakeshore, 1989	LP Class C:	9:23.3, Kirk Scharich, Unionville-Sebewaing, 1983
LP Class C:	1:53.7, Ronald Simpson, Detroit St. Mary of Redford,	LP Class D:	9:25.68, Ryan Shay, Central Lake, 1997
	1982	UP Division 1:	9:50.03, Lance Rambo, Marquette, 2015
LP Class D:	1:57.0, Jeff Beuche, Ann Arbor Gabriel Richard, 1993	UP Division 2:	9:47.28, Jake Rankinen, Ishpeming Westwood, 2003
UP Division 1:	1:58.06, Alvin Moore, Gladstone, 2005	UP Division 3	10:10.06, Ryan Holm, Wakefield, 2001
UP Division 2:	1:59:36, Scott Bond, Munising, 2007	UP Class A-B:	9:45.2, Dean Borg, Gwinn, 1979
UP Division 3:	1:59.93, Uriah Aili, Bessemer, 2019	UP Class C:	9:34.0, John Furno, Iron Mountain, 1983
UP Class A-B:	1:55.9, Rob Martin, Marquette, 1995	UP Class D	9:49.84, Aaron Litzner, St. Ignace, 1998
UP Class C: UP Class D:	1:59.0, Craig Allen, Iron Mountain, 1983 1:59.0y, Mark Oberlin, Crystal Fall Forest Park, 1976	DISCUS	
		LP Division 1:	210-1, Cullen Prena, Walled Lake Central, 2013
1,600-METER RELA		LP Division 2:	195-6, Joe Hover, Stevensville Lakeshore, 2003
LP Division 1:	3:13.90, Detroit Mumford, 2002	LP Division 3:	187-1, Evan Hartman, Niles Brandywine, 2013
LP Division 2:	3:19.11, Flint Kearsley, 2004	LP Division 4:	190-0, Jacob Patrick, Litchfield, 2012 196-5, Brett Organek, Grandville, 1992
LP Division 3: LP Division 4	3:21.44, Sanford Meridian, 2014 3:24.19, Concord, 2014	LP Class A: LP Class B:	175-3, David Beeman, Chelsea, 1994
LP Class A:	3:16.05, Detroit Cooley, 1991	LP Class D. LP Class C:	179-3, Aaron Gowell, Shelby, 1988
LP Class B:	3:19.69, Flint Beecher, 1988	LP Class D:	173-10, John Chandler, Mesick, 1982
LP Class C:	3:20.1, Detroit St. Martin dePorres, 1983	UP Division 1:	160-5, Terry Martin, Manistique, 2009
LP Class D:	3:22.9, Detroit St. Martin dePorres, 1981	UP Division 2:	155-8, Terry Martin, Manistique, 2008
UP Division 1:	3:29.18, Marguette, 2003	UP Division 3:	154-8, Brett Branstrom, Rock Mid-Peninsula, 2012
UP Division 2:	3:32.87, Newberry, 2001	UP Class A-B:	169-4, David Paananen, Ishpeming Westwood, 1995
UP Division 3:	3:36.32, Crystal Falls Forest Park, 2012	UP Class C:	164-8, Shawn Anderson, Manistique, 1999
UP Class A-B:	3:30.3, Negaunee, 1990	UP Class D:	163-1, Ryan Fountain, Pickford, 1993
UP Class C:	3:31.4, Ironwood, 1982	HIGH JUMP	
UP Class D:	3:31.8, Cedarville, 1980	LP Division 1:	6-11, Owen Hughes, Okemos, 2011;
1,600-METER RUN			John Beeler, Holly, 2010
LP Division 1:	4:00.28, Grant Fisher, Grand Blanc, 2015	LP Division 2:	7-0, Alex Klemm, Macomb Lutheran North, 2016
LP Division 2:	4:09.45, Daniel Roberts, Vicksburg, 2005	LP Division 3:	7-0, Andrew Dodson, Frankenmuth, 2005
LP Division 3:	4:11.50, Brian Patrick, Bridgman, 2017	LP Division 4:	6-10.5, Kurt Schneider, Auburn Hills Oakland Chr, 2009
LP Division 4:	4:16.94, Larry Julson, Potterville, 2009	LP Class A:	7-0, Jeff Kus, Grand Ledge, 1997
LP Class A:	4:10.45, John Hughes, Traverse City Central, 1999		7-0, John McIntosh, Sterling Heights Stevenson, 1979
LP Class B: LP Class C:	4:13.5, Tim Cannon, Bloomfield Hills Cranbrook, 1981 4:13.5, Ronald Simpson, Detroit St. Mary of Redford,	LP Class B:	7-0, Dave Elliott, Ann Arbor Pioneer, 1979 6-11.5, Bob Krikke, Grand Rapids Christian, 1979
LF Class C.	1982	LP Class D. LP Class C:	6-10.25, King Robert, Bath, 1999
LP Class D:	4:15.1, Robert Moore, Allendale, 1983	LP Class D:	6-9.25, Mike Winsor, Fulton-Middleton, 1975
UP Division 1:	4:22.21, Jamieson Cihak, Marquette, 2002	UP Division 1:	6-5, Jake Richmond, Kingsford, 2004
UP Division 2:	4:27.21, Alan Peterson, Ironwood, 2010	UP Division 2:	6-4, James Sutton, Newberry, 2013
UP Division 3:	4:33.24, Thomas Bohn, Cedarville, 2018	UP Division 3:	6-6, Brock Bower, Bark River-Harris, 2002, 2003
UP Class A-B:	4:24.3, Peter Remien, Ishpeming Westwood, 1997	UP Class A-B:	6-8, Bret Nerat, Menominee, 1990
UP Class C:	4:18.63, Peter Remien, Ishpeming Westwood, 1998	UP Class C:	6-6, Darin Laabs, Ironwood, 1988
UP Class D:	4:28.6, John Currie, St. Ignace, 1983	UP Class D:	7-1, John Payment, Brimley, 1989
3,200-METER RELA	λΥ	LONG JUMP	
LP Division 1:	7:38.97, Saline, 2015	LP Division 1:	24-2.75, Mason Phillips, Salem, 2017
LP Division 2:	7:50.70, Zeeland East, 2015	LP Division 2:	23-7.5, Aaron Daugherty,Big Rapids, 2012
LP Division 3:	7:49.83, Williamston, 2006	LP Division 3:	23-7, Demea Carter, Detroit Country Day, 2004
LP Division 4:	8:02.43, Big Rapids Crossroads Academy, 2010	LP Division 4:	22-11.75, Tyrell Hall, Marion, 2014
LP Class A:	7:41.29, Monroe, 1988	LP Class A:	23-11.5, Marcel Richardson, Lansing Everett, 1988
LP Class B:	7:48.36, St. Joseph, 1998	LP Class B:	23-10.75, Tyrone Wheatley, Dearborn Heights
LP Class C:	7:58.2, DeWitt, 1985	I B Class C:	Robichaud, 1989
LP Class D: UP Division 1:	8:01.2, New Buffalo, 1998 8:02.40, Marguette, 2001	LP Class C: LP Class D:	23-9, Brian Corbit, New Haven, 1984 23-5.75, Dave Koenigsknecht, Fowler, 1982
UP Division 1:	8:02.40, Marquette, 2001 8:21.18, Ironwood, 2007	UP Division 1:	23-5.75, Dave Roenigsknecht, Powier, 1962 21-6.5 Justin Wiles, Escanaba, 2006
UP Division 3	8:29.88, Bessemer, 2017	UP Division 2:	20-11, Cody Kangas, Hancock, 2003
UP Class A-B:	8:11.7, Marguette, 1995	UP Division 3:	21-1, Brett Gervais, Lake Linden-Hubbell, 2012
UP Class C:	8:13.8, Ishpeming Westwood, 1986	UP Class A-B:	22-5, Chuck Atwater, Manistique, 1974
UP Class D	8:26.4, Rudyard, 1986	UP Class C:	21-8.5, Timothy Nault, Norway, 1970
	· • •	UP Class D:	22-0.5, Mark Flood, Crystal Falls Forest Park, 1973

POLE VAULT	
LP Division 1:	16-9.5, Trevor Stephenson, East Kentwood, 2018
LP Division 2	16-1, Jaime Salisbury, Marine City, 2012
LP Division 3:	16-0, Isaac Austin, Kent City, 2011
LP Division 4:	15-1, Curtis Bell, Coleman, 2014
LP Class A:	16-6, Paul Terek, Livonia Franklin, 1997
LP Class B:	16-1, Brad Teeple, Sturgis, 1999
LP Class C:	15-4, Aaron Gebaurer, Bad Axe, 1998
LP Class D:	15-2.50, Bryan Happel, Mendon, 1991
UP Division 1:	13-7, Mike Coyne, Gladstone, 2007
UP Division 2:	13-6, Matthew Revord, Munising, 2017
UP Division 3:	13-8, Dayton Miron, Escanaba, 2019
UP Class A-B:	14-0, Wade Hodge, Menominee, 1992
UP Class C:	13-4, Jeremy Richards, Ironwood, 1995
UP Class D:	13-3, John Andrzejak, Pickford, 1978
SHOT PUT	
LP Division 1:	67-5.75, Connor Bandel, Oxford, 2016
LP Division 2:	66-7.5, Dylan Targgart, Coldwater, 2019
LP Division 3:	63-9.5, Zack Hill, Allendale 2009
LP Division 4:	58-5.25, George Flanner, Ottawa Lake Whiteford, 2007
LP Class A:	64-0.5, Todd Duckett, Kalamazoo Loy Norrix, 1999
LP Class B:	60-3, Dan Foor, Saginaw Eisenhower, 1983
LP Class C:	63-7, Gary Van Elst, Middleville Thornapple-Kellogg, 1968
LP Class D:	58-6.75, Steve Buhr, Cheboygan Catholic, 1984
UP Division 1:	55-11.25, Jared Vuksan, Gladstone, 2013
UP Division 2:	51-11.75 Matt Payment, Newberry, 2006
UP Division 3:	52-7.25, Jason Miller, Ontonagon, 2007
UP Class A-B:	58-7, Wayne Schwalbach, Escanaba, 1974
UP Class C:	54-6.5, Gary Dravecky, Ironwood, 1979
UP Class D:	55-1 Ryan Fountain, Pickford, 1993

Girls MHSAA Final Meet Metric Records

Note: All times listed in hundredths are clocked FAT (fully automated timing); times listed in tenths are hand times and have been moved up (per rule) to the next highest tenth. **Bold items are Finals Meet records**, regardless of class/division. All Imperial (yard) running event records have been retired. (The Lower Peninsula changed from Classes to Divisions in 2000; the Upper Peninsula switched to Divisions in 2001. All individual Class records are now retired.

100-METER DASH

LP Division 1:	11.54, Shayla Mahan, Detroit Mumford, 2006
LP Division 2:	11.90, Sydney Cureton, Detroit Country Day, 2012
LP Division 3:	11.94, Angie Ritter, Frankenmuth, 2014
LP Division 4:	12.30, Lindsey Lehman, Concord, 2016
LP Class A:	11.70, Crystal Braddock, Ann Arbor Pioneer, 1988
	11.7, Vivien McKenzie, Detroit Chadsey, 1982
LP Class B:	11.7, Paulette Bryant, Southgate Aquinas, 1984
LP Class C:	12.10, Shirley Evans, Detroit Country Day, 1987
LP Class D:	12.10, Cynthia White, Covert, 1994
UP Division 1:	12.55, Chelsea Jacques, Calumet, 2012
UP Division 2:	12.54, Dani Gagne, Norway, 2011
UP Division 3:	12.50, Becky Baron, Rock Mid-Peninsula, 2003
UP Class A-B:	12.6, Michelle Blake, Menominee, 1984
UP Class C:	12.7, Kathy Amos, Ontonagon, 1986;
	Tracy Hollappa, Ishpeming, 1989;
	Anna Pemble, St. Ignace, 1996
UP Class D:	12.6, Darlese Allen, Norway, 1979;
	Kara Scherer, Cedarville/DeTour, 1991

100-METER HURDLES LP Division 1: 13.16, Grace Stark, White Lake Lakeland, 2018

LP Division 2:	14.19, Tiffany Ofili, Ypsilanti, 2005
LP Division 3:	13.84, Sami Michell, Reed City, 2012
LP Division 4:	14.89, Mary Leighton, Mendon, 2017
LP Class A:	14.22, Ayesha George, Ann Arbor Pioneer, 1997 (Semis)
LP Class B:	14.5, Paulette Bryant, Southgate Aquinas, 1984
LP Class C:	14.82, Dawn Schottenloher, Bronson, 1986
LP Class D:	15.06, Marnie Peplinski, Maple City Glen Lake, 1992
UP Division 1:	15.43, Sarah Ducheny, Gladstone, 2001
UP Division 2:	16.05, Natalie Bertucci, Ishpeming/Republic-
	Michigamme, 2005
UP Division 3:	15.97, Holly Seppala, Lake Linden-Hubbell, 2006
UP Class A-B:	15.3, Tiffany Hodge, Menominee, 1993
UP Class C:	16.0, Bobbi Jo Bergman, Ishpeming, 1987
UP Class D:	15.2, Gwen Wilkie, DeTour, 1984
200-METER DASH	
LP Division 1:	23.74, Shayla Mahan, Detroit Mumford 2006
LP Division 2:	24.55, LaTosha Jollet, Detroit Renaissance, 2002
LP Division 3:	
	24.72, Angie Ritter, Frankenmuth, 2014
LP Division 4	25.15, Miranda Johnson, Ottawa Lake-Whiteford, 2014
LP Class A:	24.38, Tracy Ball, Detroit Cass Tech, 1998
LP Class B:	24.7, Pallastean Harris, Montrose, 1980
LP Class C:	24.94, Tiffany Simon, Redford Bishop Borgess, 1999
LP Class D:	25.50, Brittany Hedgepeth, St. Joseph Lake Michigan Catholic, 1998
UP Division 1:	25.65, Stephanie Ostrenga, Escanaba, 2005
UP Division 2:	26.42, Dani Gagne, Norway, 2012
UP Division 3:	26.36, Jamie Dompier, Chassell, 2012
UP Class A-B:	26.3, Crista Beaver, Gladstone, 1993;
	Sara Heikkila, Marquette, 1994
	26.2, Colleen Colegrove, St. Ignace, 1986
UP Class C:	
UP Class D:	26.0, Kara Scherer, Cedarville/DeTour, 1991
	26.0, Kara Scherer, Cedarville/DeTour, 1991
UP Class D:	26.0, Kara Scherer, Cedarville/DeTour, 1991 L ES
UP Class D: 300-METER HURD LP Division 1:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017
UP Class D: 300-METER HURD LP Division 1: LP Division 2:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005
UP Class D: 300-METER HURDI LP Division 1: LP Division 2: LP Division 3:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4:	 26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A:	 26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B:	 26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C:	 26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class D:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992
UP Class D: 300-METER HURD I LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class D: UP Division 1:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class B: LP Class D: UP Division 1: UP Division 2:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Division 3:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class B: LP Class D: UP Division 1: UP Division 2:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class D: UP Division 1: UP Division 2: UP Division 3: UP Class A-B: UP Class C:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class B: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Division 3: UP Class A-B: UP Class A	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class D: UP Class D:	 26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Division 2: UP Class A-B: UP Class C: UP Class D: 400-METER RELAN	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Division 2: UP Class C: UP Class C: UP Class D: UP Class D: 400-METER RELAN LP Division 1:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Class C: UP Class C: UP Class D: 400-METER RELAN LP Division 1: LP Division 2:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class B: LP Class C: LP Class D: UP Division 1: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAN LP Division 1: LP Division 3:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class B: LP Class D: UP Division 1: UP Division 2: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAN LP Division 1: LP Division 3: LP Division 3: LP Division 4:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class B: LP Class C: LP Class D: UP Division 1: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAN LP Division 1: LP Division 3: LP Division 3: LP Division 4: LP Class A:	26.0, Kara Scherer, Cedarville/DeTour, 1991 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAY LP Division 1: LP Division 3: LP Division 4: LP Class A: LP Class B:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.9, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985 48.95, Detroit St. Martin dePorres, 1990
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class B: LP Class C: LP Class D: UP Division 1: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAY LP Division 1: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class C: LP Division 4: LP Class C: LP Class C: LP Class C: LP Division 5: LP Division 5: LP Division 5: LP Division 5: LP Class C: LP Division 5: LP Class C: LP Class C: LP Class C: LP Division 5: LP Class C: LP Class C	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.49, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985 48.95, Detroit St. Martin dePorres, 1990 50.1, Whitehall, 1981; Detroit St. Martin dePorres, 1983
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class C: LP Class D: UP Division 1: UP Division 2: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAY LP Division 1: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class C: LP Division 4: LP Class C: LP Class C:	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.9, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985 48.95, Detroit St. Martin dePorres, 1990 50.1, Whitehall, 1981; Detroit St. Martin dePorres, 1983 50.5, Covert, 1982
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class D: UP Division 1: UP Division 1: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAN LP Division 1: LP Division 3: LP Division 3: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class C: LP Class C: LP Division 1: DV Class C: LP Division 1: LP Division 1: LP Class C: LP Class C: LP Class C: LP Class C: LP Class D: UP Class D: LP Class C: LP Class D: LP Class D: LP Class D: LP Class D: LP Division 1: LP Division 1: LP Class D: LP Division 1: LP Class D: LP Class D	26.0, Kara Scherer, Cedarville/DeTour, 1991 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.9, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985 48.95, Detroit St. Martin dePorres, 1990 50.1, Whitehall, 1981; Detroit St. Martin dePorres, 1983 50.5, Covert, 1982 51.22, Gladstone, 2007
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class A: LP Class C: LP Class D: UP Division 1: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class C: UP Class C: UP Class C: LP Class C: UP Class C: LP Class C: LP Division 3: LP Division 4: LP Division 4: LP Class B: LP Class C: LP Class C: LP Class C: LP Division 1: UP Division 1: LP Class C: LP Division 1: LP Division 1: LP Division 2: LP Division 2: LP Class C: LP Class	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.9, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985 48.95, Detroit St. Martin dePorres, 1990 50.1, Whitehall, 1981; Detroit St. Martin dePorres, 1983 50.5, Covert, 1982 51.22, Gladstone, 2007 52.34, Gwinn, 2019
UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class D: UP Division 1: UP Division 1: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAN LP Division 1: LP Division 3: LP Division 3: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class C: LP Class C: LP Division 1: DV Class C: LP Division 1: LP Division 1: LP Class C: LP Class C: LP Class C: LP Class C: LP Class D: UP Class D: LP Class C: LP Class D: LP Class D: LP Class D: LP Class D: LP Division 1: LP Division 1: LP Class D: LP Division 1: LP Class D: LP Class D	26.0, Kara Scherer, Cedarville/DeTour, 1991 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.9, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985 48.95, Detroit St. Martin dePorres, 1990 50.1, Whitehall, 1981; Detroit St. Martin dePorres, 1983 50.5, Covert, 1982 51.22, Gladstone, 2007
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UP Class D: 300-METER HURD LP Division 1: LP Division 2: LP Division 3: LP Class A: LP Class B: LP Class C: LP Class D: UP Division 1: UP Division 1: UP Division 3: UP Class C: UP Class C: UP Class C: UP Class C: UP Class D: 400-METER RELAN LP Division 1: LP Division 2: LP Division 1: LP Division 3: LP Division 4: LP Class A: LP Class C: LP Class	26.0, Kara Scherer, Cedarville/DeTour, 1991 LES 42.64, Kyana Evans, Wyandotte Roosevelt, 2017 42.82, Tiffany Ofili, Ypsilanti, 2005 42.23, Sami Michell, Reed City, 2012 44.92, Michelle Davis, Reading, 2013 42.4, Carolyn Ferguson, Benton Harbor, 1984 44.0, Paulette Bryant, Southgate Aquinas, 1984 44.9, Naheed Irani, Onsted, 1990 44.82, Marnie Peplinski, Maple City Glen Lake, 1992 45.40, Selena Meser, Sault Ste. Marie, 2010 46.65, Ellary Renier, Norway, 2005 47.27, Lori Wardynski, Ontonagon, 2016 45.3, Tiffany Hodge, Menominee, 1994 46.2, Lynne Scholie, Hancock, 1983 47.46, Sara Boyer, Rapid River, 1998 46.28, Oak Park, 2016 48.40, Ada Forest Hills Eastern, 2013 49.57, St. Charles, 2018 50.41, Pewamo-Westphalia, 2010 47.81, Detroit Cass Tech, 1985 48.95, Detroit St. Martin dePorres, 1990 50.1, Whitehall, 1981; Detroit St. Martin dePorres, 1983 50.5, Covert, 1982 51.22, Gladstone, 2007 52.34, Gwinn, 2019 51.92, Crystal Falls Forest Park, 2010 51.60, Menominee, 1993

400-METER DASH LP Division 1:	53.10 Chico Abbott Northvillo 2016		
LP Division 2:	53.10, Chloe Abbott, Northville, 2016 54.58, Kendall Baisden, Detroit Country Day, 2012		
LP Division 3:	55.94, Amelia Bannister, Albion, 2007		
LP Division 4:	57.33, Michelle Davis, Reading, 2014		
LP Class A:	54.81, Tracy Ball, Detroit Cass Tech, 1998		
LP Class C:	56.05, Julia Redd, Detroit Dominican, 1999		
LP Class D:	57.6, Becky Klein, Fowler, 1982		
UP Division 1:	57.85, Stephanie Ostrenga, Escanaba, 2005		
UP Division 2:	59.18, Emmy Kinner, Iron River West Iron County, 2017		
UP Division 3:	58.70, Lauren Spranger, Eben Junction		
or binolon o.	Superior Central, 2011		
UP Class A-B:	59.0, Erica Helmila, Marquette, 2000		
UP Class C:	59.2, Richelle Robinson, St. Ignace, 1996		
UP Class D:	58.8, Kara Scherer, Cedarville/DeTour, 1991		
800-METER RELAY			
LP Division 1:	1:36.66, Oak Park, 2016		
LP Division 2:	1:39.92, Detroit Renaissance, 2000		
LP Division 3:	1:41.17, Frankenmuth, 2014		
LP Division 4:	1:45.38, Potterville, 2009		
LP Class A:	1:38.4, Detroit Cass Tech, 1994		
LP Class B:	1:41.82, Flint Beecher, 1987		
LP Class C:	1:44.3, Whitehall, 1981		
LP Class D:	1:46.5, Detroit St. Andrew, 1982		
UP Division 1:	1:46.34, Marguette, 2006		
UP Division 2:	1:48.81, St. Ignace, 2001		
UP Division 3:	1:50.61, Brimley, 2011		
UP Class A-B:	1:48.5, Marquette, 1979		
UP Class C:	1:48.65, St. Ignace, 2000		
UP Class D:	1:49.6, Norway, 1980		
800-METER RUN			
800-METER RUN LP Division 1:	2:06.35, Hannah Meier, Grosse Pointe South, 2013		
	2:06.35, Hannah Meier, Grosse Pointe South, 2013 2:11.08, Ramzee Fondren, Detroit Renaissance, 2006		
LP Division 1:			
LP Division 1: LP Division 2: LP Division 3: LP Division 4:	2:11.08, Ramzee Fondren, Detroit Renaissance, 2006 2:09.61, Annie Fuller, Manistee, 2015 2:13.95, Laurel Bennett, Mt. Pleasant Sacred Heart, 2004		
LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A:	2:11.08, Ramzee Fondren, Detroit Renaissance, 2006 2:09.61, Annie Fuller, Manistee, 2015 2:13.95, Laurel Bennett, Mt. Pleasant Sacred Heart, 2004 2:12.02, Laura Matson, Bloomfield Hills Andover, 1985		
LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B:	2:11.08, Ramzee Fondren, Detroit Renaissance, 2006 2:09.61, Annie Fuller, Manistee, 2015 2:13.95, Laurel Bennett, Mt. Pleasant Sacred Heart, 2004 2:12.02, Laura Matson, Bloomfield Hills Andover, 1985 2:12.19, Kelly Smith, Petoskey, 1994		
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LP Division 1: LP Division 2: LP Division 3: LP Division 4: LP Class A: LP Class B: LP Class C: LP Class D:	 2:11.08, Ramzee Fondren, Detroit Renaissance, 2006 2:09.61, Annie Fuller, Manistee, 2015 2:13.95, Laurel Bennett, Mt. Pleasant Sacred Heart, 2004 2:12.02, Laura Matson, Bloomfield Hills Andover, 1985 2:12.19, Kelly Smith, Petoskey, 1994 2:16.3, Donna Donakowski, Dearborn Heights Riverside, 1983 2:18.32, Nicole Miehlke, Manistee, 1996 		
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4:16.2, White Pine, 1983

1,600-METER RUN

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LP Division 1:
                     4:39.23. Hannah Meier. Grosse Pointe South. 2013
LP Division 2:
                     4:49.55, Kayla Windemuller, Holland Christian, 2018
LP Division 3:
                     4:49.40, Amber Gall, Shepherd, 2019
LP Division 4:
                     4:51.73, Marissa Treece, Maple City Glen Lake, 2007
                     4:45.20, Laura Matson, Bloomfield Hills Andover, 1985
LP Class A:
LP Class B:
                     4:48.41, Kelly Smith, Petoskey, 1994
LP Class C:
                     5:00.3, Donna Donakowski, Dearborn Heights
                       Riverside, 1983
LP Class D:
                     5:05.2, Larissa Szporluk, Ann Arbor Greenhills, 1983
UP Division 1:
                     4:55.28. Lindsev Rudden. Marquette, 2014
UP Division 2:
                     5:01.53, Amber Smith, Ishpeming Westwood, 2003
UP Division 3:
                     5:17.20, Amy Kerst, Munising, 2011
UP Class A-B:
                     5:00.1, Krista O'Dell, Escanaba, 2000
UP Class C:
                     5:05.3, Jessie Green, Ishpeming Westwood, 1985
UP Class D:
                     5:25.3, Julie Wallis, Pickford, 1988
3,200-METER RELAY
LP Division 1:
                     8:48.29, Grosse Pointe South, 2012
LP Division 2:
                     9:09.41, Holland Christian, 2017
LP Division 3:
                     9:18.06, Shepherd, 2017
LP Division 4:
                     9:28.88, Ubly, 2007
LP Class A:
                     9:17.46, West Bloomfield, 1988
LP Class B:
                     9:22.75, Caledonia, 1994
LP Class C:
                     9:30.56, Mason County Central, 1999
LP Class D:
                     9:40.0, Mendon, 1998
UP Division 1:
                     9:30.25, Marquette, 2015
UP Division 2:
                     10:02.65. Ishpeming Westwood, 2001
                     10:20.07, Cedarville, 2006
UP Division 3:
UP Class A-B:
                     9:41.24, Marquette, 1999
UP Class C:
                     9:51.52, Ironwood, 1997
UP Class D:
                     10:15.15, Cedarville, 1996
3,200-METER RUN
LP Division 1:
                     10:08.07, Anne Forsyth, Ann Arbor Pioneer, 2018
LP Division 2:
                     10:37.08, Olivia Theis, Lansing Catholic, 2018
LP Division 3:
                     10:30.49, Olivia Theis, Lansing Catholic, 2017
LP Division 4:
                     10:56.48, Alexa Glencer, Ann Arbor Greenhills, 2006
                     10:25.76, Sharon VanTuyl, Portage Northern, 1996
LP Class A:
LP Class B:
                     10:49.59, Heather Slay, East Grand Rapids, 1988
LP Class C:
                     11:07.69, Bethany Brewster, Saginaw Valley Lutheran,
                       1996
LP Class D:
                     11:14.56, Larissa Szporluk, Ann Arbor Greenhills, 1984
UP Division 1:
                     11:25.52. Emily Paupore. Negaunee. 2018
UP Division 2:
                     11:07.78, Amber Smith, Ishpeming Westwood, 2003
UP Division 3:
                     11:46.04, Natalie Beaulieu, Newberry, 2016
UP Class A-B:
                     10:59.6, Emily Anderson, Marguette, 2000
UP Class C:
                     11:06.1, Traci Babcock, Iron Mountain, 1985
UP Class D:
                     11:52.97, Jane Rautiola, Painesdale-Jeffers, 1998
DISCUS
LP Division 1:
                     163-09, Malin Smith, Lansing Waverly, 2018
LP Division 2:
                     159-5, Mary Angell, Byron Center, 2007
LP Division 3:
                     158-3, Becky Breisch, Edwardsburg, 2001
LP Division 4:
                     141-6, Caylin Bonser, Harbor Springs, 2016
LP Class A:
                     146-0, Suzie Von Bernuth, Okemos, 1995
LP Class B:
                     155-6, Alana Robinson, Grosse Ile, 1997
LP Class C:
                     150-7, Donna Wright, Parchment, 1984
LP Class D:
                     130-9, Abby Currier, Lake City, 1977
UP Division 1:
                     126-4, Missy Gurchinoff, Houghton, 2005
UP Division 2:
                     122-10, Hunter Perry, Rudyard, 2012
UP Division 3:
                     116-3, Holly Jo Wardynski, Ontonagon, 2019
UP Class A-B:
                     123-5, Shelly Chapman, Marquette, 1977
UP Class C:
                     124-8, Rebecca Palmer, Stephenson, 1993
UP Class D:
                     119-5, Jill Rairigh, Pickford, 1996
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UP Class D:

HIGH JUMP		POLE VAULT	
LP Division 1:	5-9.25, Jailah Mason, Sterling Heights Stevenson, 2014	LP Division 1:	13-4, Landon Kemp, Greenville, 2016
	5-9, Ariel Roberts, Ann Arbor Pioneer, 2008	LP Division 2:	12-7, Brianna Bredeweg, Allendale, 2018
LP Division 2:	5-9, Christine Krellwitz, Big Rapids, 2004	LP Division 3:	12-4, Kasey Staley, Clare, 2016
	5-9, Sara Jane Baker, Mattawan, 2001	LP Division 4:	12-0, Kirstie Wieber, Pewamo-Westphalia, 2010
LP Division 3:	5-6, Sydney Bronner, Frankenmuth, 2014	LP Class A:	11-0, Jillian Hinds, Traverse City Central, 1999
	5-6, Jasmine Thomas, Flint Hamady, 2008	LP Class B:	11-7, Rachel Zukowski, Grand Rapids Catholic Central,
LP Division 4:	5-7, Jenny Kulchar, Burton Atherton, 2000, 2001		1999
LP Class A:	5-10, Gwen Wentland, Grand Blanc, 1990	LP Class C:	10-0, Jamie Foote, Bath, 1999
LP Class B:	5-9, Terry Johnson, Muskegon Catholic Central, 1977	LP Class D:	8-8, Becky Prielipp, Marion, 1999
	5-9, Beth Brunn, Utica, 1976	UP Division 1:	12-0, Jamie Roberts, Kingsford, 2010
LP Class C:	5-11.25, Ellie Hayden, Capac, 1980	UP Division 2:	9-1, Kali Jo Marshall, St. Ignace, 2010
LP Class D:	5-8.75, Kay Leighton, Northport, 1978	UP Division 3:	10-0.25, Sarah Audette, Lake Linden-Hubbell, 2015
UP Division 1:	5-8, Sarah Duesing, Sault Ste. Marie, 2001		10-0.25, Michaela Peramaki, Munising, 2015
UP Division 2:	5-4, Linnee Gustafson, St. Ignace, 2017	UP Class A-B:	10-0, Angela Abernathy, Marquette, 1999
	5-4, Nicole Vanderlin, Norway, 2012, 2011	UP Class C:	9-0, Amy Hokenson, Manistique, 2000
UP Division 3:	5-5, Tabitha Graham, Brimley, 2011; Brenda Rogalski,		9-0, Pam Balduc, Ironwood, 2000
	Crystal Falls Forest Park, 1979		9-0, Deb Palmer, Stephenson, 1998
UP Class A-B:	5-8.25, Brenda Teague, Gwinn, 1981	UP Class D:	8-3, Danielle Richmand, Eben Junction Superior Central,
UP Class C:	5-5, Gael Bulkovich, Houghton, 1996		1999
UP Class D:	5-4, Jill Gobert, Rock Mid-Peninsula, 1999	SHOT PUT	
LONG JUMP		LP Division 1:	49-11.75, Corinne Jemison, East Kentwood, 2018
LP Division 1:	19-3.75, Angelica Floyd, Clinton Twp Chippewa Valley, 2017	LP Division 2:	48-9.75, Mary Angell, Byron Center, 2007
LP Division 2:	18-10.25, Marr Day'Anna, Adrian, 2019	LP Division 3:	46-9, Becky Breisch, Edwardsburg, 2001
	18-9.25, Tiffany Ofili, Ypsilanti, 2005	LP Division 4:	44-1.5, Erika Lechner, Harbor Springs, 2017
LP Division 3:	18-6.50, Sami Michell, Reed City, 2012	LP Class A:	45-7, Karen Sapp, Temperance Bedford, 1983
LP Division 4:	18-6.5, Miranda Johnson, Ottawa Lake Whiteford, 2014	LP Class B:	44-7, Alana Robinson, Grosse Ile, 1998
LP Class A:	19-8, Trinette Johnson, Detroit Cass Tech, 1989	LP Class C:	44-0, Sara Neely, Bath, 1988
LP Class B:	18-6, Lindsay Mulder, Grandville Calvin Christian, 1997	LP Class D:	40-9, Teresa Wright, Marcellus, 1986
LP Class C:	18-11.5, Kim Pearson, Muskegon Oakridge, 1987	UP Division 1:	39-2, Emily McLean, Sault Ste. Marie, 2019
LP Class D:	18-7.5, Brittany Hedgepeth, St. Joseph Lake Michigan	UP Division 2:	38-4, Andrea Smith, Ironwood, 2001
	Catholic, 1998	UP Division 3	42-0.5, Ashley Bishop, Pickford, 2002
UP Division 1:	17-3.5, Adeline Grier-Welch, Houghton, 2012	UP Class A-B:	39-5.5, Cheryl Jacobsen, Escanaba, 1989
UP Division 2:	16-10, Emily McDonald, Gwinn, 2016	UP Class C:	38-9.5, Lydia Edwards, Gwinn, 1999
UP Division 3:	16-7.5, Olivia Soumis, Ontonagon, 2012	UP Class D:	37-8, Jill Lewis, Lake Linden-Hubbell, 1986
UP Class A-B:	18-3, Becky Drake, Kingsford, 1977		
UP Class C:	17-5.5, Holly Brown, St. Ignace, 1997		
UP Class D:	17-3.5, DeDe Susterich, White Pine, 1991		

National Federation Track & Field Records

BOYS

DOID	
100-Meter Dash	:10.15 Henry Neal, Greenville, TX, 1990
110-Meter Hurdles	:13.10 Dennis Brantley, Houston Worthing, TX, 1980
	(manual time)
	:13.30 Chris Nelloms, Dayton Dunbar, OH, 1990
	(FAT time)
200-Meter Dash	:20.13, Roy Martin, Dallas Roosevelt, TX, 1985
300-Meter Hurdles	:35.02 Reggie Wyatt, Riverside LaSierra, CA, 2009
400-Meter Relay	:39.76 Fort Worth O.D. Wyatt, TX, 1998
400-Meter Dash	:45.19 Aldrich Bailey, Mansfield Timberview, TX, 2012
800-Meter Relay	1:23.52 Port Arthur Memorial, TX, 2017
800-Meter Run	1:46.45 Michael Granville, Bell Gardens, CA, 1996
1,600-Meter Relay	3:07.40 Hawthorne, CA, 1985
1,600-Meter Run	3:59.51 Alan Webb, Reston South Lakes, VA, 2001
3,200-Meter Relay	7:33.48 Warrington Central Bucks South, PA, 2009
3,200-Meter Run	8:34.23 German Fernandez, Riverbank, CA, 2008
Discus	236-6 Mason Finley, Buena Vista, CO, 2009
High Jump	7-6 Vernon Turner, Yukon, OK, 2017
Long Jump	26-4.75 James Stallworth, Tulare, CA, 1989
Pole Vault	19-5.5 Armand Duplantis, Lafayette, LA, 2018
Shot Put	77-0 Michael Carter, Dallas Jefferson, TX, 1979

GIRLS 100-

GIRLS	
100-Meter Dash	:11.14 Marion Jones, Thousand Oaks, CA, 1992
100-Meter Hurdles	:13.03 Vashti Thomas, San Jose Mt. Pleasant, CA, 2007
200-Meter Dash	:22.52 Allyson Felix, Los Angeles Baptist, CA, 2003
300-Meter Hurdles	:39.98 Lashinda Demus, Long Beach Wilson, CA, 2001
400-Meter Relay	:44.50 Long Beach Poly, CA, 2004
400-Meter Dash	:50.74 Monique Henderson, San Diego Samuel F.B.
	Morse, CA, 2000
800-Meter Relay	1:33.87 Long Beach Poly, CA, 2004
800-Meter Run	2:02.04 Amy Weissenbach, Harvard-Westlake, CA, 2011
1,600-Meter Relay	3:35.49 Long Beach Poly, CA, 2004
1,600-Meter Run	4:33.29 Alexa Efraimson, Tacoma Camas, WA, 2014
3,200-Meter Relay	8:48.29 Grosse Pointe South, MI, 2012
3,200-Meter Run	9:47.88 Katelyn Touhy, Rockland Thiells North, NY, 2018
Discus	191-6 Shelbi Vaughan Mansfield Legacy, TX, 2012
High Jump	6-4 Toni Young, Del City, OK, 2009
Long Jump	22-1.75 Kathy McMillan, Raeford Hoke County, NC, 1976
Pole Vault	14-4 Rachel Baxter, Anaheim Canyon, CA, 2017
Shot Put	57-01.25 Alyssa Wilson, Toms River Donovan Catholic,
	NJ, 2017

Finals Notes

Today's Officials

Just as the participants on the teams at this year's Finals are realizing a dream of vying for top honors, another group of individuals are also reaching a goal for the hard work they have put in by being assigned to officiate the action.

These officials believe that interscholastic athletics are truly educational in nature, and work to uphold that standard. Like the athletes in the Finals, officials come from all reaches of the state.

Selected to work the 2021 Upper Peninsula Finals are: Starters **DeeJay Paquette**, Munising, and **Mike Leanes**, Marquette; Referees **Jeff Schram**, Rapid River, and **Vincent Gross**, Brimley; Clerks **Craig Allen**, Kingsford; **Cory Roell**, Channing, and **Trina Allen**, Kingsford; Field Judge **John Meyer**, Iron Mountian.

Working the 2021 Lower Peninsula Finals are: George Babcock, Allegan; Linda Bishop, Flushing; Dan Bertschneider, Michigan Center; James Cleverley, New Baltimore; Myles Čleverley, New Baltimore; Bob Fulches, Warren; Jim Gillis, Midland; Rudy Godefroidt; Hemlock; Dennis Hodges, Grand Rapids; Craig Hayward, Grand Rapids; Kathleen Hutfilz, St. Louis; Gerry Jackson, Detroit; Douglas Kelly, Dexter; Lynn Ketelhut, Allen Park; George Kniola, Grand Rapids; Dale Kutchey, Clarkston; Christine Lee, Brown City; Richard Lee, Brown City; Brian Macomber, Comstock Park; Hugh Matson, Saginaw; Dave McPhail, Madison Heights; Keith Millhisler, Lowell; Lou Miramonti, Dryden; Allan Owens, Hudsonville; Dan Penny, Zeeland; Erika Raffin, Spring Arbor; Mike Raffin, Spring Arbor; Johnny Robinson, Muskegon Heights; Dave Putz, Lincoln; Bertha Smiley, Detroit; Fred Smith, Benton Harbor; Steve Start, Richland; Conner Thomas, Caro; Jim Gibbons, Livonia; Dave Britton, Grand Rapids; Barry Hobrla, Pewamo; Curt McDowell, Hudsonville; Tom Montpas, Perry; Lee Mitchell, Karen Leinaar, Bear Lake; Mark Haney, Millington; Bill Meade, Kentwood; John Flott, Ann Arbor; Don Yuvan, Lansing; John Greathouse, Holt; Dan Johnson, Vassar; Frank Gawkowski, Portage; Tom Eastman, Royal Oak; Gordie Richardson, Gaylord; Marty Crain, Flint; Bob Wolf, Kentwood; Tom Farley, Grand Rapids; Colin Farley, Grand Rapids; Becky Sajzka, Grand Rapids; Pat McKeiver, Grand Rapids; Steve Kellermier, Zeeland; McKeiver, Grand Rapids; Steve Kellermier, Zeeland; Leroy Hackley, Byron Center.

Congratulations to this year's Finals officials. If you are interested in becoming a registered official in any sport, contact the MHSAA at 1661 Ramblewood Drive, East Lansing, MI 48823, e-mail: register@mhsaa.com. Online registration for the coming school year is now underway.

Behind the Scenes

In the Upper Peninsula, Chris Hartman and Al Unger of Kingsford High School; the Lower Peninsula Finals coordinators are Lew Clingman and Brian Macomber while individual site managers are Blaine Brumels, Kentwood; Tim Ritsema and Todd Graham at Jenison; Josh Glerum and Jeff Carlson at Zeeland; Kevin Wolma, Hudsonville. Thanks all volunteers in both peninsulas. Managing the timing systems for the **Lower Peninsula Finals** is **michianatiming.com**. The Upper Peninsula results are calculated by **Superior Timing** of Marquette.

Coordinating the Finals from the MHSAA office is Assistant Director Nate Hampton.

Results on the Web

Same-day results of the 2021MHSAA Track & Field Finals can be found on the MHSAA Website, **MHSAA.com.** Live and archived video of the events can be viewed at **MHSAA.tv.**

Time Schedule

Time schedules in both Peninsulas are approximate

LOWER PENINSULA

8 a.m.	-	Officials Report

9:30 a.m.	-	Pole Vault Begins
9:30 a.m.	_	Boys Discus/LJ Put; Girls Shot/HJ
10 a.m.	_	Prelims: 100M / High Hurdles / 200M
		Finals – 3200M Relay
		Semis: 100M / High Hurdles / 200M
12:15 p.m.	_	Boys Shot/HJ; Girls Discus/LJ
1 p.m.	_	Running Finals

UPPER PENINSULA

(All Times Central Time)

Field Events

9, 10:30, 11:30 a.m.	_	Discus, Division 3, 2, 1
9, 10, 11:30 a.m.	-	Shot Put, Division 1, 3, 2
9, 10:15, 11:30 a.m.	-	High Jump, Division 3, 2, 1
9, 10:30, 11:30 a.m.	-	Long Jump, Division 2, 1, 3
9, 10:30 am, Noon	_	Pole Vault, Division 2, 1, 3

Running Events

9 a.m. –	-	3,200-Meter Relay, Division 1, 2, 3
11 a.m. –		100/110-Meter Hurdles, Division 1, 2, 3
11:30 a.m. –		100-Meter Dash, Division 1, 2, 3
Noon –	•	800-Meter Relay, Division 1, 2, 3
12:30 p.m	-	1,600-Meter Run, Division 1, 2, 3
1 p.m. –		400-Meter Relay, Division 1, 2, 3
1:30 p.m. –	-	400-Meter Dash, Division 1, 2, 3
2 p.m. –	-	300-Meter Hurdles, Division 1, 2, 3
2:30 p.m. –	-	800-Meter Run, Division 1, 2, 3
3 p.m. –	•	200-Meter Dash, Division 1, 2, 3
3:25 p.m. –	•	3,200-Meter Run, Division 1, 2, 3
5:25 p.m. –	•	1,600-Meter Relay, Division 1, 2, 3