**2009 MHSAA Track & Field   
Regional Managers Information Form**

**Please complete the following form, save it to your computer and then e-mail the document to: results@mhsaa.com**

**As the MHSAA receives the documents, they will be linked to your site on the   
Track and Field Regional Assignment page of the MHSAA Web site.**

**HOST SITE Hastings**

**DIVISION Div II**

**REGION NUMBER 12**

**DATE Sat May 16th**

**REGIONAL MANAGER Mike Goggins E-Mail Address mgoggins@hassk12.org**

**MANAGER PHONE NUMBER 269 948-4409 FAX NUMBER 269 945-6125**

**PARTICIPATING SCHOOLS AT THIS REGIONAL**

Battle Creek-Harper Creek   
Battle Creek-Pennfield   
Charlotte   
Coldwater   
DeWitt   
Eaton Rapids   
Hastings   
Ionia   
Jackson-Northwest   
Lake Odessa-Lakewood   
Lansing-Waverly   
Marshall   
Mason   
Middleville-Thornapple Kellogg   
Parma-Western   
Richland-Gull Lake

**SCHEDULE (fill in times in the space provided)**

**Implement Weigh-In/Inspection 8:00-9:15am**

**Coaches Meeting 9:00am Location of Meeting Hospitality Tent**

**All Field Events and Prelim Running Event Scratches are due by 9:00am at Press Box.**

**Field Events 9:30am**

*(Boys HJ/Shot/Pole Vault; Boys HJ/ShotPole Vault)*

*(Girls Discus/LJ; Girls Discus/LJ)*

**NOTE: For all running events in 2009, Girls will run first**

**Running Prelims 10:00am**

*Girls 100 M Dash*

*Boys 100 M Dash*

*Girls 100 M Hurdles*

*Boys 110 M Hurdles*

*Girls 200 M Dash*

*Boys 200 M Dash*

**3200m Relay 10:45am**

*(Run between Prelims & Semis)*

**Running Event Semifinals 11:00**

*Girls 100 M Dash*

*Boys 100 M Dash*

*Girls 100 M Hurdles*

*Boys 110 M Hurdles*

*Girls 200 M Dash*

*Boys 200 M Dash*

**All Remaining Event Scratches are due at 12:00pm**

**Finals National Anthem 1:25**

**Running Event Finals Begin 1:30pm**

*Girls 100 MH/Boys 110 MH*

*100 M Dash*

*800 M Relay (4 x 200)*

*1600 M Run*

*400 M Relay (4 x 100)*

*400 M Dash*

*Girls 300 MH/Boys 300 MH*

*800 M Run*

*200 M Dash*

*3200 M Run*

*1600 M Relay (4 x 400)*

**Presentation of Awards and trophies at conclusion of all events**

**ADDITIONAL INFORMATION**

**ADMISSION at all Regional sites is $5 for all non-participating students and adults. League/Season passes WILL NOT be honored.**

**WARM-UPS - The track/infield will be available for warm-up activity until 8:45am at which time all participants must clear the areas for competition. The track will be available during the break before Finals**

**TRAINER - An athletic trainer will be at the meet. Located under the football scoreboard. Ice and water will be provided.**

**TEAM PARKING - Team buses/vans should park in the farthest parking lot to the East of the Football field**

**TEAM CAMPS - Team tents/gatherings may not be set up in the infield of the track. They may be set up outside the perimeter of the track. Remind teams that they must removed trash from their areas before leaving the facility.**

**LOCKER ROOMS - Showers/Lockers will not be available to participants.**

**SECURITY - Remind your athletes to not leave bags unattended.**

**RESULTS will be available for coaches approximately 30 minutes after completion of the final event. The MHSAA will post results to its website by the Tuesday following the meet, provided files are submitted electronically.**