

Michigan High School Athletic Association, Inc.
CROSS COUNTRY/TRACK AND FIELD REGULATIONS COMMITTEE MEETING MINUTES
January 25, 2010, 9:30 a.m.

Members Present:

Ray Antel, Kentwood
Kevin Behmer, Ann Arbor
Paul Christiansen, Maple City
Dan Ebright, Grand Rapids
Rudy Godfroidt, Hemlock
Derek Gonzales, Ypsilanti

Kevin Guzzo, St Joseph
Brian Macomber, Comstock Park
Fred Smith, Buchanan
Mark Werley, Zeeland
Lew Clingman, ATOM
Tom Gass, MITCA

Members Absent:

Thomas Wilcher, Detroit
Eugene Thomas, Inkster
Mike Jurasek, Albion
Brett Mc Cartney, Grand Ledge

Guests Present:

Steve Lynn, Harbor Beach - MITCA
Chip Bridges - MITCA
Don Passenger, Grand Rapids
Dan Wytko, Portage

The committee met for the purpose of reviewing specific National Federation sport rules and MHSAA tournament policies, and interpretations that are applicable to Track and Field and Cross Country during the regular season and MHSAA tournaments. The following is a review of items discussed by the committee as well as recommendations to staff for inclusion in tournament information and recommendations that will advance for Representative Council consideration.

Following the welcome, introductions and statement of committee purpose, the committee reviewed the 2009 committee minutes including Representative Council recommendations.

Cross Country:

Review 2009 Tournament and related issues
2010 Final Site: Michigan International Speedway
MHSAA Cross Country Regional dates: October 29-30, 2010
Finals participant Bib identification consideration
Online Rules Meetings: 2009 meetings voluntary, 2010 meetings mandatory
Division Change Proposal: MITCA will review proposal and follow up with membership study.
Tournament Entry System and Regional Qualifier Data Transfer: The committee was made aware of a possible new opportunity to manage tournament entry data and final qualifier information transfer that will be supported by a different provider.

Track and Field 2010 Final Sites:

Division 1: Rockford High School
Division 2: Zeeland Community Schools
Division 3: Comstock Park High School
Division 4: Jenison High School

The committee reviewed the work of the Regional Site Assignment Committee which met on January 21, 2010. The Regulations Committee made one suggestion for change based on available running lanes at the previously selected site.

The committee also reviewed the Final Meet Time Schedule.

2010 National Federation Rules and Editorial Changes:

3-2-4g New NOTE: NOTE: All areas designated for the coaches to observe and confer with competitors shall be clearly identified and marked by the host meet management.

3-2-7: Video replay or television monitoring equipment, other than the official equipment approved by the games committee prior to the start of competition, shall not be used to make decisions related to the meet.

3-17-2: ...and finish. In all races that require a wind reading, the anemometer shall be set 50 meters from the finish line, and for the long jump and triple jump, 20 meters from the foul line. It shall face...

4-5-8e: e. Communicating with a competitor through the use of any device.

5-6-3: All heats and/or sections shall use the same starting procedure.

5-13-2b: b. Knocks down any hurdle by hand

6-5-5: A 34.92-degree sector shall be marked on the ground. Radial lines 2 inches (5 centimeters) wide shall extend from the center of the circle to form an area into which legal puts shall be made. The inside edges of these lines shall mark the sector, and the lines shall be placed equidistance from the ends of the stopboard.

7-2-11 New NOTE: NOTE: A bungee cord manufactured for use in the high jump and pole vault may be used during warm-ups, as approved by the games committee.

7-5-4: A competitor shall not use a variable weight pole, a pole which is improperly marked, a pole rated below his/her weight, or any other equipment which is not legal during warm-up or competition.

7-5-29g: Deleted letter g, "clears the crossbar with the uprights positioned incorrectly."

Regarding New Rule 7-2-11 NOTE: A bungee cord manufactured for use in the high jump and pole vault may be used during warm ups. –The committee confirms that for MHSAA Regional's and Finals bungee cords will not be used in warm ups for high jump or pole vault events. (17-0)

2010 National Federation Editorial Changes

4-3-3, 4-5-9, 6-3-2a, 7-5-3

2010 National Federation Rules Points of Emphasis

1. Coaching Box
2. Pole Vault
3. Games Committee Responsibilities
4. Contestant/Competitor
5. Application of "Design of Uniform" for Relays & Cross Country

2010 Michigan Points of Emphasis

1. All contestants entered in regional competition must have established competitive performances.
2. Shot put and discus: each attempt shall be measured before any other attempts are made.
3. Continue to impress on school administrators the MHSAA requirement that all referees and starters for Track and Field and Cross Country must be registered officials.

Discussion Items

1. 2010 Track and Field additional qualifier standards to Regional and from Regionals to Finals.
2. Participating School Tournament Information
3. Health and Safety Issues in Track and Cross Country.
4. Weather delays.
5. Coaches allowing participation while using someone else's name.
6. Rule 5-7-3 The committee confirms that MHSAA Regional and Final competitions in races 800 meters and longer use alley starts without the step-up provision.
7. 2010 Practice Requirements-The committee reviewed the current MHSAA Handbook Regulations and Interpretations requiring 14 days of team practice before the first competition and clarifications and rule applications for the 3-4 player out of season, summer dead period and pre-season down time.

Committee Recommendations to MHSAA Staff

1. Track – All times must be entered as handheld times rounded to the highest tenth (.0) or FAT equivalent adjusted by subtracting -.4 and rounding to the highest tenth. (17-0)

ATOM Recommendations to MHSAA Staff

1. Continue to remind Regional managers that in field events, shot put, discus and long jump, measurement is to occur after each legal attempt.
2. Confirm use of Altis vaulting Poles – same as last year.

Recommendations to the Representative Council

1. Set an official goal of having all regional competitions use fully automated timing by the year 2014 or earlier. (17-0)
2. Allow regional host to use fully automated timing if it is available to them. (17-0)
NOTE: The committee's discussions included this effort without any increase in management reimbursement fees.
3. MHSAA to sanction (not host or sponsor) Certified Early-Qualifying Invitational events, where athletes can automatically qualify to the Final meet by meeting or exceeding pre-established performance standards during these specific events. These specific events will be within a two week period to the regional events. These events must use FAT, wind gauges and adhere to all regulations regarding their use. Host will also be responsible to use a specified number of registered officials who will closely monitor the operator of the meet as well as the validity of any early-qualifying performances. (7-5)