

M E N T O R



The Michigan High School Athletic Association Newsletter for Coaches and Officials

BRINGIN' IT HOME

Groundbreaking MHSAA Network Deal
Puts School Sports in Homes Statewide



Visual Image Photography

Prep sports enthusiasts around the state are being treated to an unprecedented schedule of televised high school events and the convenience of on-demand viewing this school year thanks to the launching of the MHSAA Network.

The MHSAA Network, a new cross-platform endeavor which will deliver Comcast digital cable customers unprecedented coverage of local high school sports on TV, On Demand and online.

When We Were Young Productions will be responsible for the production of the content for the MHSAA Network, which will include over 400 hours of programming during the fall sports season alone.

The addition of the MHSAA Network's sporting events to Comcast's offerings is part of the company's ongoing commitment to offer customers the most exciting and comprehensive menu of local and regional sports coverage available.

"This is a partnership that will capture the true flavor of high school sports, providing coverage of all MHSAA tournament sports, from all sizes of schools from all parts of the state," said MHSAA Executive Director John E. "Jack" Roberts. "The MHSAA Network will offer fans the opportunity to view all of this content on different delivery platforms, responding to how technology is changing the way people get information about high school sports. We're excited that Comcast is joining us to help bring recognition to our schools, teams, student-athletes and communities."

"Comcast is committed to constantly enhancing the value we provide our customers and our

– continued on next page

"This is a partnership that will capture the true flavor of high school sports, providing coverage of all MHSAA tournament sports, from all sizes of schools from all parts of the state." — MHSAA Executive Director John E. "Jack" Roberts.

Inside: Promoting Our Product

partnership with the MHSAA is just the latest example of how we are delivering on that promise in Michigan,” said Dave Buhl, Senior Vice President for Comcast’s Michigan Region. “With our unique On Demand technology, we’re ensuring that Comcast remains the number one destination for sports fans to catch all the hometown action.”

Starting in September, Comcast customers across Michigan will have access to more than 400 hours of MHSAA programming, including statewide games of the week in select sports, such as football and volleyball, and pre-final rounds of a variety of MHSAA Tournaments that will air on a delayed basis. Programs will receive their first airings Wednesday evenings, with replays on the following Saturdays and Sundays during the midday and evening time periods. The schedule can be found on the TV-Radio page of the MHSAA Website.

Those matchups and additional games will also be available through Comcast’s signature On Demand service, allowing fans to tune in whenever it’s convenient for them with the ability to pause, fast-forward and rewind their selections to catch the best action again and again. Viewers can watch the MHSAA Network On Demand programming by accessing the On Demand menu, choosing the “Get Local” category and clicking the “MHSAA” folder. Like the majority of Comcast’s 10,000 On Demand programs, the MHSAA Network is available to digital cable customers at no additional cost.

The coverage will also be distributed via the Internet on MHSAA.TV, a brand which originally launched during the 2007-08 school year, showing live Semifinal contests in Girls and Boys Basketball, and Final games in Baseball and Softball. All of the content distributed on cable will also be available on MHSAA.TV, with a number of Final and Semifinal events being streamed live. The MHSAA.TV website debuts in late September.

The nearly 200 MHSAA fall events, which can be viewed on the Comcast TV Network channels (Channels 900 and 901) and



On Demand, include weekly football games, girls volleyball and boys soccer matches, along with live coverage of the MHSAA Girls Volleyball Finals, one live Semifinal football playoff game, and delayed coverage of boys soccer championship games and finals meets in Lower Peninsula girls swimming and diving. Highlights programs will offer action from cross country, Lower Peninsula girls golf, Lower Peninsula boys tennis and Upper Peninsula girls tennis. The winter and spring seasons will likely offer up to 1,000 hours of additional programming.

FSN Detroit will continue its tradition of carrying MHSAA Finals in girls and boys basketball in addition to football as it has for the past decade. Additional cable clearances will be announced as they are secured.

The MHSAA will partner with When We Were Young Productions to produce the various events that will be available, which will include an ongoing series of MHSAA Classic programs dating back to the 1950s, which will also be available on Comcast. Fans will also be able to purchase copies of all programs through the MHSAA Website. When We Were Young Productions will also assist the MHSAA in the development of additional broadband strategies to help promote high school sports and its values as well as to provide recognition and services to schools, teams and student-athletes. It will also provide video production services to the MHSAA for public service announcements and other purposes. While We Were Young Productions will have production facilities in mid-Michigan, hiring a full-time and part-time staff.

“We are very excited to enter into this new relationship with the MHSAA and Comcast,” said Tim Eichorst, president of When We Were Young Productions. “High school sports play a critical and important role in the ongoing educational development of our young adults. It is our hope that through this new partnership we can support this effort and demonstrate to a broader audience the excitement and simple purity that is high school sports.”

ALTERNATE-YEAR DELIVERY OF NFHS RULES PUBLICATIONS

The Michigan High School Athletic Association now provides all National Federation rules publications to its member schools and registered officials on an alternate-year rather than annual basis. Saving \$115,000 over each two-year period will allow the association to delay increases in its officials registration fees which are already among the lowest across the country, and also help underwrite new officials recruitment, current officials retention and training initiatives, including an online video training program that will be available free of charge in 2009.

The MHSAA and the Illinois High School Association have mutually agreed to this plan, which will permit the two associations to work together on the afore-mentioned and other officiating matters.

The MHSAA is among several high school associations across the country requesting that the National Federation prepare and publish rules changes on a two-year schedule for all sports. Recently, the National Collegiate Athletic Association adopted a two-year schedule for playing rules changes for inter-collegiate athletics.

In the “off years” when publications are not purchased, the MHSAA will provide the previous year’s rules book to new officials; and all officials and schools will be provided summaries of changes online, in print and at meetings.

Following is the MHSAA distribution plan for National Federation publications:

2008-09:

Baseball Rules Book and Case Book
Basketball Rules Book and Case Book
Girls Gymnastics Rules Book
Track & Field Rules Book and Case Book

2009-10 and again in 2011-12:

Football Rules Book and Case Book
Ice Hockey Rules Book
Girls Lacrosse Rules Book
Boys Lacrosse Rules Book
Soccer Rules Book
Softball Rules Book and Case Book
Swimming & Diving Rules Book
Volleyball Rules Book and Case Book
Wrestling Rules Book and Case Book

2010-11 and again in 2012-13:

Baseball Rules Book and Case Book
Basketball Rules Book and Case Book
Girls Gymnastics Rules Book
Track & Field Rules Book and Case Book

MHSAA Competitive Cheer and Alpine Skiing Manuals will be published in 2008-09 and 2010-11, etc. Rules books in bowling, golf and tennis will also be provided in 2008-09 and 2010-11, etc.

Promoting Educational, School Sports

Efforts to Build, Retain High School Sports Participation Highlight Representative Council Actions for 2008-09 and Beyond

Actions of the MHSAA Representative Council last May assure that the 2008-09 school year will have outreach and innovation that exceed any in recent memory. First, schools are being given more tools to attract and hold students to high school sports in order to avoid students drifting off to other interests or non-school sports.

- High school coaches will be allowed to make sport-specific presentations to groups of students from feeder junior high/middle schools to try to keep them shooting for the **high school** sports experience. ▶
- High school students will be allowed to work with teams of their feeder junior high/middle schools in an unpaid and supervised role to give junior high/middle school students positive role models for the **high school** sports experience. ▶

A task force will be studying all aspects of sixth graders' participation in interscholastic athletics, and the role of the MHSAA, as sixth graders are now outside the MHSAA's authority and responsibility under its Constitution. Some students have told me that sixth graders are sports "orphans" – too old for community youth sports, but excluded from junior high/middle school programs. We sometimes lose these students and never get them back, and this may contribute to the fact that almost 80 percent of young people who ever start out in organized sports drop out of organized sports before they reach high school.

At the opposite end of the spectrum, the MHSAA will partner with the Basketball Coaches Association of Michigan to offer boys and girls Reaching Higher™ Camps – "advanced placement courses" for high school basketball which will be an alternative to the meat markets of Las Vegas and elsewhere. Students will have court time for skills, testing and competition; and there will be classroom time on such topics as the NCAA Clearinghouse, how to get more out of a college visit, and how to interview. There will be sessions also for the parents of these 100-120 boys and 100-120 girls.

In last May's other actions, the Representative Council authorized for the first time that one Semifinal football game be televised live and used to promote all previous fall sports Finals and to promote the following week's Football Finals.

The Council asked that schools be surveyed to determine if there is the need to establish a division in the MHSAA Football Playoffs for eight-person teams, as is the case in 14 other states.

The Council authorized expansion of the Girls Golf Tournament from three to four divisions in the fall of 2009 and also approved adding in 2009 a District round before the Regionals and Finals of girls competitive cheer, the MHSAA's fastest growing sport.

During 2008-09, the MHSAA will be processing a proposal for a slightly higher academic standard for athletic eligibility as the association puts the final touches on converting its *Handbook* from a semester orientation to one that is equally usable and applicable in trimester academic systems. The focus group which prepared this recommendation was opposed, almost unanimous-



ly, to establishing a minimum grade-point average statewide.

The MHSAA will also be processing a host of ideas to modify out-of-season coaching rules which have been under study for several years and will have even more intense scrutiny this fall.

The MHSAA is also making the following changes which deal with economic and energy concerns.

Rules meetings for coaches and officials will be available online in all sports by the spring of 2009. After testing for a year, the MHSAA unveiled its first online rules meeting for coaches and officials in the sport of track & field last winter. It was a huge success, and a huge savings of time, gasoline and money. The MHSAA is adding the sports of volleyball and soccer to its online rules meeting schedule this fall; basketball, ice hockey and wrestling will be added in the winter; and in the spring and thereafter, all other sports will have the online rules meeting option for coaches and officials.

The MHSAA will be reimbursing at a higher rate the teams that travel the furthest in its Football Playoffs. It is also increasing by one-third the mileage reimbursement for tournament officials in all sports who must travel more than 50 miles round-trip for any MHSAA tournament assignment.

And, departing from an almost century-old tradition, the MHSAA will be directing in some cases, and allowing in others, that teams on the top lines of District brackets in basketball and volleyball host games rather than travel to a third site. This will eliminate travel for one team and should increase attendance and revenue.

What Endless Argument?

In my daily pan through a variety of newspaper websites recently, I found a story about a high school football event Labor Day weekend which was designed to help pursue what its creator called the endless argument – which state plays the best high school football?

In pursuit of this Holy Grail, teams from seven states – including Alabama, Florida and Utah – are traveling to Ohio; and another group of teams from Georgia, Ohio and Pennsylvania are trekking to play in Texas. Sponsors, of course, are paying most of the travel expenses of the teams, but I pity the poor parent who has to drive the 1,800 mile, 26-hour route from Sandy, Utah to Canton, Ohio. For that matter, in four other matchups in this event, fans will have to travel 1,000 or more miles one-way; and three additional games will require round trips of over 1,000 miles for their followers.



Doing the math, the average round trip for those eight games I just mentioned is about 2,200 miles. So if your car gets what is supposed to be the average miles per gallon – an optimistic 27 – you’ll be spending about \$325 on gas at four dollars a gallon to get to the site. One person flying – for example – from Pittsburgh to Dallas for one of these monumental games is about \$350 with a Saturday night stayover – so figure in another \$50 to \$100 for that, plus either cab fare or a rental car, and food. Plus, after the \$14 admission price for adults (\$16 the day of the game), you really pay a premium for that hot dog and soda at these stadiums compared to your local high school field. And remember, that’s just one person.

So now you’ve spent your family’s vacation money for the year on this trip. The school may have traded in a home game with a bigger payday to benefit all of its sports teams. But for what? Oh yeah, settling the endless argument. What endless argument?

There’s no realistic argument to be had about which state plays better football. These games are more about feeding the college sports junkie’s need to know where their next recruit is coming from. Comparing teams and states will always be an apples and oranges situation. The real argument is about perspective. About keeping our athletic programs’ priorities in line with the educational responsibility that schools have.

National events and national travel for the few elite teams and individuals is not a responsible way to conduct a program of educational athletics. These events skew our perspective and open the door to the same kinds of abuses that occur at other levels of sports sponsored by other groups.

Besides, with the cost of travel even from county to county becoming an issue, the responsible conduct of school sports programs means keeping them what they are truly supposed to be – educational in scope and local. Schools have already been looking for several years to keep their schedules and their travel local. Participation in the school athletic program is no less beneficial because you played your neighbor as opposed to a New Yorker or a Nebraskan. There are lots of other opportunities in life to travel the country, and school sports shouldn’t be one of them.

It’s going to be another great high school football season here in Michigan. A big part of the beauty of the games is when two communities come together to watch their children play. Where the city or the county championship is sometimes a bigger thing than winning any state tournament. We don’t need to compare ourselves with the rest of the country about playing ability when real our focus is on learning life’s lessons locally – which is truly what high school sports are all about.

— John Johnson
MHSAA Communications Director

NOTE: This commentary can be heard this week on the radio program MHSAA Perspective, which airs on over 25 radio stations across the state, and is also available on-demand on the MHSAA Network – mhsaanetwork.com.

MHSAA Online Rules Meetings: More Green in Your Pockets; More Green for Our Future



Consult the MHSAA Rules Meetings Schedule on mhsaa.com for details

MENTOR is published twice a year by the Michigan High School Athletic Association, Inc., 1661 Ramblewood Drive, East Lansing, MI 48823 (Phone 517-332-5046). Edited by Rob Kaminski. **MENTOR** welcomes contributions of articles, information or photos which focus on coaching and officiating in Michigan. Send them to mentor@mhsaa.com, or the above address.

Courtesy When You Arrive, When You Leave

Most of us were raised to watch our manners. Simple things such as “please” and “thank you” and leaving a place as good as or better than you found it were considered staples of civilized behavior. Sadly, few people follow those somewhat “old school” bromides.

Similarly, officials tend to neglect those who have done things to make their jobs a little easier and their stay a little nicer.

Increasingly, schools are making attempts to make officials feel more welcome. Even at the high school level, officials are finding more “hosts” when they arrive at game sites. Those hosts go to some lengths to assure your comfort and security. Have you gotten to the point where you take a clean, folded towel, bottled water and a couple of candy bars for granted? You shouldn’t.

Site hosts are almost universally volunteers. They do what they do to present a good image of their school and, often, because they respect officials. Is that respect reciprocal? When was the last time you thanked a host for hospitality? If you are a “regular” at a site, do you remember the host’s name and call him or her by it? Have you ever brought a small token of your appreciation?

My high school crew officiates about once a year at a site in the far southern section of the state. The quarters are cramped and hot, and the host is an older gentleman who has been performing his duties for years. Before every game, he takes a photo of the officials for his own collection. On our fourth visit there several years ago, we brought him an inexpensive photo album in which we had all written a brief note of thanks. You would have thought by his reaction it was a gold bar. Just a small gesture told him that we appreciated his efforts on our behalf. Gifts like association key chains or t-shirts can also go a long way toward expressing your appreciation for a job well done.



If you have requested tickets for spouses or friends, check on them before you hit the locker room. A smile and a brief word of thanks is often enough to ensure that your guests will be greeted as warmly as you were.

Police or others who get you to and from the field or court before and after a game are also people worthy of your respect and thanks. After all, your personal safety may well be in their hands at some point.

A linesman I know makes sure he brings bubble gum to every game: one for each half for his ball boy. And there has never been a chain gang that hasn’t received from him a sincere handshake and a thanks by name at the end of the game.

Our crew leaves the locker room the way we found it. It dismays us when we hear from hosts that the previous crew left towels in heaps all over the locker room along with empty drink bottles and discarded candy wrappers. It takes only moments to pick up after ourselves.

Site hosts have put time and effort into making your stay as comfortable as possible. It takes only a little appreciation on your part to make sure that the goodwill continues for a long time to come. After all, it’s just good manners!

— Dave Sabaini
Freelance writer and official
Terre Haute, Ind.

Reprinted with permission from *Referee* magazine. For subscription information contact *Referee* magazine at (800) 733-6100 or www.referee.com

Quick Whistles

Patchwork

Beginning with the 2008-09 school year, all registered MHSAA officials will be issued a permanent emblem that shall be displayed on the uniform while officiating MHSAA member school contests. This will make uniform preparation more convenient for officials by eliminating the annual registration emblem.

Emblems will be issued as follows:

All new and renewing officials will receive two emblems.

If an official registers in more than two sports, that official will receive one emblem for each additional sport.

In 2009-10, all renewing officials, will receive one additional emblem when the registration process has been completed. The MHSAA will continue to sell extra emblems to officials for \$1 each.

If you have any questions regarding the new emblem procedure, please contact the MHSAA at 517-332-5046.

Officials for Kids

As you officiate contests throughout the school year, the MHSAA urges you to remember those children who aren’t fortunate enough to run around our courts, fields and other athletic facilities.

Just one game check can make a difference when you pledge it to Officials for Kids, a program designed to assist the four Children’s Miracle Network hospitals in Michigan on a variety of projects. The Children’s Miracle Network is a non-profit organization which raises funds for 174 children’s hospitals across North America. The four CMN hospitals in Michigan are William Beaumont Hospital in Detroit, Helen DeVos Children’s Hospital in Grand Rapids, Hurley Medical Center in Flint, and Sparrow Regional Children’s Center in Lansing.

The Officials for Kids program has three primary objectives for the children’s hospitals in Michigan. First, to promote healthy habits and lifestyle choices for Michigan youth. Second, to support outstanding health care for Michigan children. And third, to enhance the public image of sports officials across the state.

Visit the Officials for Kids page from the Officials section of mhsaa.com for further information.



Understanding the Changing Nature of Youth Sports

- Most Americans do not get their news from traditional newspapers.
- Over 70 percent of Americans have a pessimistic view of the future.
- Older Americans use the telephone; younger Americans text message.

These are just some of the changes we are witnessing according to national pollsters as our lives move seemingly at a faster and faster pace.

It is not just society that in general is changing, so too is the world of youth sports. In an excellent book, *Game On: The All-American Face to Mark Champions of Our Children*, investigative reporter Tom Farrey (2008) has identified some of the major changes occurring in youth sports today. For example, parents can now buy the sperm of Division I college athletes if they want to increase their chances of producing an athletic child. There are world championships in golf for children six years of age and under. Parents are turning to home schooling so their children can focus more time on developing their athletic talents. Nonschool and school youth sports are becoming more exclusive, intense and



INSTITUTE FOR THE STUDY OF
YOUTH SPORTS

Daniel Gould, Ph.D.
Professor and Director
Institute for the Study of Youth Sports
Michigan State University

specialized just at time in our history where massive numbers of children become more and more inactive and overweight.

If you are like me you will find some of these issues alarming. Therefore, I recommend that everyone interested in school sports read Farrey's book, because the world of youth sports is changing rapidly and we must understand these changes.

How do we best deal with the move toward intense competitions at early ages? What is the best way for us to communicate with our athletes and their parents? What role does sport specialization play in school sports? What is scholastic sports responsibility for taking a more active role in getting physically inactive youth involved in our programs?

In addition to raising a number of important issues involved in contemporary youth sports, Farrey's book also offers some encouraging examples of people and programs that positively address these current trends. He certainly does not have all the answers. To be totally honest as I read his book, I personally struggled with how on one hand I need to change with the times and adapt my programs and practices to meet current needs, while at the same time not forgetting about many of the fundamental core values that have characterized school sports since their existence.

What I think Farrey does especially well in his book is to frame key issues we face today. It is up to us as the providers of school sports to study these issues, work through them and respond to these challenges in a coherent and systematic way. So read this book and let the dialogue begin!

And We Quote...

The subjects of high-tech bullying are everywhere: In a Harris Interactive survey from March 2007, 43 percent of teens reported being targeted by online attacks. (Jesus) Salavar recognizes some of the victims. He looks for them, but not as a teacher, counselor or administrator. He is a 17-year-old student interested in political science. He is also an athlete—a jock, if you must—who played wide receiver and cornerback at Del Mar High last year, proof a helmet doesn't necessarily obstruct a teenager's ability to look beyond himself. "I don't see [much bullying] at Del Mar, but in other places kids gets angry at [athletes] because they may say, 'Oh, you're a football player, you think you're better,'" Salavar says.

Michele Livingstone is a swimmer who is not self-immersed. She notices the nervous tics of the lonely during lunch at Branham High, located in the same Silicon Valley region as Del Mar. "You see them wandering around, going to their lockers six times at lunch," she says. "And they don't have to go to their lockers six times, but it's something to do. I feel for them."

Empathy isn't always a staple of the popular crowd, but the likable Livingstone, bubbly to the point of being carbonated, is turning 17 this week with the kind of perspective some adults don't possess. "Something simple—like saying hello—can change so much for someone who feels isolated," Livingstone says. "It's like they can say to themselves, O.K., not everyone hates me."

— Excerpted from Selena Roberts, "Jocks Against Bullies," *Sports Illustrated*, July 7, 2008

CAP Celebrates First Graduating Class

No caps and gowns, no pomp or circumstance, just the realization of having achieved the highest level of learning possible with the goal of turning that into providing better experiences in high school sports for the young people taking part in the games.

The first group of individuals to complete all six levels of the Michigan High School Athletic Association's Coaches Advancement Program (CAP) were honored recently at the Association's headquarters, a group of 29 people who will go down in the books as the first of many to have completed one of finest coaches education programs in the country.

CAP is a 36-hour program designed to train coaches in the many facets of coaching school sports. It's a program where the X's and O's of a sport aren't part of the curriculum. Rather, CAP addresses the philosophies of school sports, communications skills, legal issues, the psychology of coaching, sports medicine and first aid, working effectively with parents, teaching skills, healthy living, emotional control, and character.

The program reached 1,240 coaches during 2007-08, the majority of whom take the first two levels. The ultimate goal is for CAP to reach the over 30,000 coaches involved at all levels of school sports, and to advance them through all six levels of programming.

"This program is based on the way people coach – face to face – imparting not only sports skills, but life skills," says M H S A A Executive Director John E. "Jack" Roberts. "CAP has been

designed to instill the values of educational athletics into its students in a way that energizes them to go out and touch the lives of young people in a way that can never be measured in wins and losses on the scoreboard. We're proud of our first group of participants who have completed all six levels of the program."

The first group of CAP Level 6 graduates are: Brad Amey, girls soccer coach, Saginaw Heritage High School; Justin Ansel, athletic director, Comstock High School; Larry Ash, boys basketball coach, Plainwell High School; Richard Bailey, baseball coach, Comstock High School; Douglas Barnhard, middle school football coach, Hudsonville; Dustin Cichocki, wrestling coach, Lowell High School; Jeffrey Clark, middle school coach, Schoolcraft; Gregory Corbin, Catholic Youth Organization coach, Detroit; Kelly Derocher, girls cross country and track coach, Saginaw Heritage High School; Gwyneth Evans, athletic director, Vicksburg Middle School; Bradley Geesaman, freshman football coach, Vicksburg High School; Jaime Gordon, varsity girls basketball coach, Kalamazoo Central High School; Kenneth Kubiak, junior varsity

golf coach, Kalamazoo Loy Norrix High School; Linda LaVictor, athletic administrative assistant, Bay City Western High School; David Lawrence, track and cross country coach, New Boston Huron High School; Nathan Ledlow, junior varsity football coach, Vicksburg High School; Jeff Lepler, varsity swimming coach, Clinton Township Chippewa Valley High School; Ken Mohny, director of student activities, Mattawan High School; James Noble, track coach and athletic director, Saginaw Heritage High School; Kurtis Phelps, football coach, Schoolcraft High School; Gregory Rapp, junior varsity boys basketball coach, Mattawan High School; Michael Sarandrea, bowling coach and registered MHSAA soccer official, Taylor Kenney High School; Gary Senkowski, tennis coach, Saginaw Heritage High School; Fredrick Smith, athletic director, Buchanan High School; Gary Sporer, soccer coach, Cooks-Big Bay de Noc High School; William Stone, basketball coach, Fruitport High School; John Thompson, athletic director, Brighton High School; Steven Virkstis, cross country and track coach, Comstock Park High School; and Chad Yager, baseball, football and middle school wrestling coach, Mattawan Public Schools.

CAP receives significant technical support from the Youth Sports Institute at Michigan State University. Participants receive liability insurance in the amount of \$1 million per occurrence for coaching their school team during the inter-scholastic season for the school year in which the coach completes a level of CAP and for the following year. An electronic news-letter is provided

six times a year to those who complete six hours of training, providing pertinent articles to assist them in their daily coaching duties. Coaches who also complete a six-hour session of CAP can also receive Continuing Education Credits (CEUs) to be used to renew selected certificates from the Michigan Department of Education.

More information about the Coaches Advancement Program, including a schedule and registration form, can be found on the home page of the MHSAA Website by clicking on Coaches.



Fall Sports Dates

Visit mhsaa.com for Pairings and Ticket Information

SPORT	Opt-Out Due Date	Ratings Due Date	MHSAA TOURNAMENT DATES				
			Districts	Regionals	Quarters	Semis	Finals
LP Cross Country	Oct 17			Oct 24 or 25			Nov 1
UP Cross Country	Oct 10						Oct 18
Football		Dec 1	Oct 31-Nov 1 & Nov 7-8	Nov 14 or 15		Nov 22	Nov 28-29
Golf: LP Girls	Sep 26			Oct 9-11			Oct 17-18
LP Boys Soccer	Sep 24	Dec 1	Oct 13-18	Oct 21-25		Oct 29	Nov 1
LP Girls Swimming & Diving	Nov 17			Dive: Nov 18			Nov 21-22
LP Boys Tennis	Oct 3			Oct 9-10			Oct 17-18
UP Girls Tennis	Sep 26						Oct 3
Volleyball	Oct 8	Dec 1	Nov 3-8	Nov 11, 13	Nov 18	Nov 20-21	Nov 22



MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.
 1661 Ramblewood Drive
 East Lansing, Michigan 48823-7392

NON-PROFIT ORG.
 U.S. POSTAGE
PAID
 Permit No. 887
 Lansing, Michigan