**2010 MHSAA Track & Field
Regional Managers Information Form**

**Please complete the following form, save it to your computer and then e-mail the document to: results@mhsaa.com**

**As the MHSAA receives the documents, they will be linked to your site on the
Track and Field Regional Assignment page of the MHSAA Website.**

**HOST SITE** **Monroe Jefferson**

**DIVISION**

**REGION NUMBER** **13**

**DATE May 21, 2010**

**REGIONAL MANAGER** **Randy Tevepaugh, Phil Speare, Kyle Cooley E-Mail Address** **pspeare@jefferson.k12.mi.us and kcooley@jefferson.k12.mi.us**

**MANAGER PHONE NUMBER** **734 289-5590 FAX NUMBER** **734 289-5587**

**PARTICIPATING SCHOOLS AT THIS REGIONAL**

**Adrian**

**Ann Arbor-Skyline**

**Carleton-Airport**

**Chelsea**

**Detroit-Southwestern**

**Gibraltar-OA Carlson**

**Grosse Ile**

**Melvindale**

**Milan**

**Monroe-Jefferson**

**New Boston-Huron**

**Riverview Community**

**South Lyon East**

**Tecumseh**

**Trenton**

**SCHEDULE (fill in times in the space provided)**

**Implement Weigh-In** **8:30 - 10:00 a.m.**

**Coaches Meeting** **9:15 a.m. Location of Meeting** **racquetball room inside the rec ctr**

**All Field Events and Prelim Running Event Scratches are due by (time)** **10:00 a.m. at** **the pressbox location.**

**Field Events** **10:00 a.m. (Pole vault is on May, 20th @ Adrian HS at 5 pm.)**

 *(Girls HJ/Shot/Pole Vault; Boys HJ/ShotPole Vault)*

 *(Boys Discus/LJ; Girls Discus/LJ)*

**NOTE: For all running events in 2010, Boys will run first**

**Running Prelims** **11 a.m.**

*Boys 100 M Dash*

*Girls 100 M Dash*

 *Boys 100 M Hurdles*

 *Girls 110 M Hurdles*

 *Boys 200 M Dash*

 *Girls 200 M Dash*

**3200m Relay** **to follow prelims**

*(Run between Prelims & Semis)*

**Running Event Semifinals** **to follow the 3200m relay**

*Boys 100 M Dash*

*Girls 100 M Dash*

 *Boys 100 M Hurdles*

 *Girls 110 M Hurdles*

 *Boys 200 M Dash*

 *Girls 200 M Dash*

**All Remaining Event Scratches are due at (time)** **12 noon**

**Finals National Anthem (time)** **1:30 pm**

**Running Event Finals Begin** **1:45 pm**

*Boys 100 MH/Girls 110 MH*

*100 M Dash*

*800 M Relay (4 x 200)*

*1600 M Run*

*400 M Relay (4 x 100)*

*400 M Dash*

*Boys 300 MH/Girls 300 MH*

*800 M Run*

*200 M Dash*

*3200 M Run*

*1600 M Relay (4 x 400)*

**Presentation of Awards and trophies at conclusion of all events**

**ADDITIONAL INFORMATION**

**ADMISSION at all Regional sites is $5 for all non-participating students and adults. League/Season passes WILL NOT be honored.**

**WARM-UPS - The track/infield will be available for warm-up activity until** **10:45 a.m. at which time all participants must clear the areas for competition. The track will be available during the break before Finals until** **1:30 pm.**

**TRAINER - An athletic trainer (will/will not)** **will be at the meet. Ice and water (will/will not)** **will be provided.**

**TEAM PARKING - Team buses/vans should park at the following location** **Middle School Parking lot on east side of FB field**

**TEAM CAMPS - Team tents/gatherings may not be set up in the infield of the track. They may be set up outside the perimeter of the track. Remind teams that they must removed trash from their areas before leaving the facility.**

**LOCKER ROOMS - Showers/Lockers (will/will not)** **will not be available to participants.**

**SECURITY - Remind your athletes to not leave bags unattended.**

**RESULTS will be available for coaches approximately** **20 minutes after completion of the final event. The MHSAA will post results to its website by the Tuesday following the meet, provided files are submitted electronically.**